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SUN	MON	TUE	WED	THU	FRI	SAT	
1 Learn about squirrels and hibernation	Make homemade oatmeal cookies	String wooden beads for bracelets	Paint a self- portrait	Cut & roast root vegetables	Make a ball run	<sup>7</sup> Read your favorite book (Book Lovers Day)	
<sup>8</sup> Use your recycling to create a sculpture	Fold Waldorf window stars	Create Martinmas lanterns	Family lantern walk to celebrate Martinmas	Dress up and perform a play	Cook seasonal fruit jam	Sing and play instruments together	
Visit a Christmas Tree farm	Pop popcorn from seeds	Wrap pinecones with colorful yarn	Make a playdough pie"	Learn a new autumn verse or song	Read "Stone Soup" and cook your own	Create a mandala with corn and beans	
Create a family gratitude jar	Decorate with a paper chain	Shell pecans for a holiday pie	Paint with corn cobs	Celebrate Thanksgiving	Send a friend a letter or drawing	Learn to play marbles	
29 Make beeswax candles for your Advent ring	Make felted gnomes						
"For this feeling of gratitude is a bridge from one							

"For this feeling of gratitude is a bridge from one human soul and heart to another, without gratitude, this bridge could never be built."

- Rudolf Steiner

