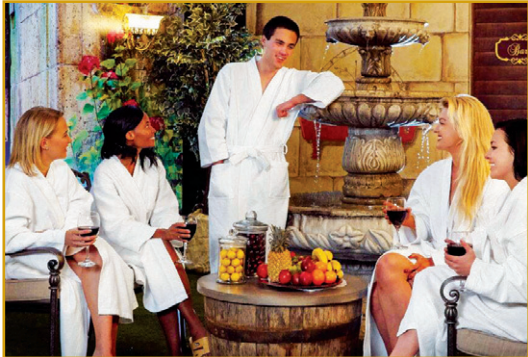


- Treatments, facilities and prices may vary at each Spa.
- The treatments you select are reserved especially for you. Please cancel more than 24 hours before your treatment to avoid paying for such treatment.
- Late arrivals will result in reduced treatment time, without credit.
- Treatments and packages are non-refundable, and non-transferable and may not be swapped. For hygienic reasons, products purchased may not be returned or exchanged.
- Lifestyle Rewards members may enjoy their Membership Benefits at selected spas.



South Africa

• Ballito	: La Montagne Hotel & Spa	+27 (0) 32 946 1356
• Belfast	: Kloppenheim Country Estate & Spa	+27 (0) 13 256 9148
• Brits-North West	: Magalies Park Resort & Spa	+27 (0) 12 207 9000
• Cape Town	: Mount Sierra Resort & Spa	+27 (0) 21 424 1685
• Chaka's Rock	: Chaka's Rock Resort & Spa	+27 (0) 32 525 5008
• Drakensberg	: Bushmans Nek Hotel & Spa	+27 (0) 33 701 1460
• Drakensberg	: Drak Gardens Resort & Spa	+27 (0) 33 701 1355
• Eastern Cape	: Hole in the Wall Resort & Spa	+27 (0) 47 575 0009
• Garden Route	: Pinnacle Point Beach & Golf Resort	+27 (0) 44 606 5300
• Harrismith	: Qwantani Resort & Spa	+27 (0) 58 623 0882
• Hazyview	: Waterberry Hill Resort & Spa	+27 (0) 13 737 8493
• Lydenberg	: Gethlane Lodge Hotel & Spa	+27 (0) 13 231 7316
• Margate	: Margate Sands Resort & Spa	+27 (0) 39 312 8100
• Mooi River	: Midlands Resort & Spa	+27 (0) 33 263 2758
• North Beach	: The Palace Hotel & Spa	+27 (0) 31 332 8351
• Scottburgh	: Selborne Hotel & Spa	+27 (0) 39 688 1800
• South Beach	: 10 South Resort & Spa	+27 (0) 31 332 1510
• Umdloti	: Perna Perna Resort & Spa	+27 (0) 31 568 1098
• Umhlanga	: Breakers Resort	+27 (0) 31 561 2271
• Velddrift	: Port Owen Marina Resort & Spa	+27 (0) 22 783 0703
• Vryheid	: Natal Spa Hotsprings Resort	+27 (0) 34 995 0300
• West Coast	: Club Mykonos Resort & Spa	+27 (0) 22 707 7174

United Kingdom

• Millom	: Brockwood Hall Resort & Spa	+44 (0)1229 77 2329
----------	-------------------------------	---------------------

Head Office : ☎0860 567 567
www.lavitaspas.com

Join Lifestyle Rewards today
 and save 20%



Treatment Menu

Luxury Treatments

Body Treatments

Hands & Feet Deluxe	(50min)	R400
Back Rejuvenation	(50min)	R450
Full Body Exfoliation	(50min)	R450
Pride of Italy Exfoliation & Massage	(1hr 50min)	R750

Luxurious Massages

Indian Head Massage	(50min)	R400
Destress Back & Foot Massage	(50min)	R450
Roman Royalty Swedish Massage	(50min)	R450
Aromatherapy Full Body Massage	(50min)	R500
Hot Stone Full Body Massage	(80min)	R600
Couples Full Body Massage	(50min)	R850

Exotic Facials

Classic Soothing Facial	(50min)	R450
Majestic Milanese Facial	(50min)	R600
Super Extraction Facial	(80min)	R650
Ultimate Anti-Ageing Facial	(80min)	R650

Manicures & Pedicures

Spa Manicure	(50min)	R250
Spa Pedicure	(50min)	R250
Spa Paraffin Manicure	(80min)	R300
Spa Paraffin Pedicure	(80min)	R300
Venetian Hands & Feet	(50min)	R300

Sicilian Body Shot

Foot Massage, Full Body Massage, Head Massage & Refreshments	(2hr 20min)	R1000
---	-------------	-------

Pamper Packages

Heavenly for Him	(1hr 50min)	R1000
Back Exfoliation, Steam & Extraction, Destress Back Massage, Foot Exfoliation, Soothing Foot Massage & Refreshments.		

Girlfriends Package	(3hr 50min)	R1100
Spa Paraffin Mani & Pedi, Soothing Foot Massage, Indian Head Massage & Refreshments.		

*Price per person

Mother & Daughter Bonding	(2hr 20min)	R1200
Venetian Hands & Feet, Classic Soothing Facial, Aromatherapy Full Body Massage & Refreshments.		

*Price per person

Mona Lisa	(1hr 50min)	R1400
Classic Soothing Facial, Indian Head Massage & Refreshment as well as your own take home Professional Cleanser, Toner & Moisturizer.		

Sunset Package	(3hr 20min)	R1400
Hot Stone Full Body Massage, Super Extraction Facial, Venetian Hands & Feet & Refreshments.		

Ultimate Indulgence	(5hr 50min)	R2300
Majestic Milanese Facial, Hot Stone Full Body Massage, Indian Head Massage, Spa Paraffin Mani & Pedi, Soothing Foot Massage, a Light Meal & Refreshments, a jar of Signature Dead Sea Peel-Off Mask & one Professional Facial product		

Beauty Treatments

Couples Paradise	(3hr 50min)	R3200
Roman Royalty Swedish Massage, Ultimate Anti-Ageing Facial, Foot Exfoliation & Massage, Indian Head Massage, a bottle of sparkling wine & Refreshments. *Price per couple		

Kiddies Pamper

Kids under the age of 13, by special arrangement may enjoy the following treatments provided they are accompanied by an adult.		
Kids Facial	(50min)	R250
Kids Manicure & Pedicure	(50min)	R250
Kids Full Body Massage	(50min)	R250

Tinting

Eyelash / Eyebrow (ea)	(20min)	R60
------------------------	---------	-----

Waxing

Upper Lip / Chin / Eyebrow (ea)	(20min)	R50
Side Burns / Tummy / Under Arms (ea)	(20min)	R60
Half Leg / Full Face / Bikini (ea)	(40min)	R110
Full Back / Brazilian (ea)	(50min)	R160
Full Leg / Full Arm (ea)	(50min)	R160

*Fabulous Gel/Acrylic Nails

Overlays - Hands or Toes	(50min)	R200
Extensions - French or Colour	(80min)	R300

*Specialised Treatments

Cellulite Reversal Treatments with Vacuum / Suction Only	(50min)	R490
--	---------	------

Body Reshaping and Skin Tightening Treatment - Buttocks and Thighs / Tummy and Arms	(50min)	R700
---	---------	------

Skin Tightening and Firming Non-surgical Face Lift	(50min)	R700
--	---------	------

Swiss Body Wrap	(50min)	R400
-----------------	---------	------

* Available at selected spas