



HOW TO FEED THE HORMONE RESCUE PACK

Excessive hormones can make a parrot aggressive, territorial, and cause health problems. Our Parrot Hormone Rescue Bundle features three dietary supplements that help balance out parrot hormones, Coconut Oil, Hemp Seeds, and Bird Calming Tea.

COCONUT OIL, 4 oz:

The fatty acids in coconut oil actually help the hormones get to where they want and need to go in the body, and so support the creation, processing and elimination of estrogen and progesterone, leading to hormonal balance. Mix $\frac{1}{4}$ teaspoon in with your birds diet each day. You may use along

HEMP SEED, 8 oz:

Hemp seeds do have a positive impact on hormonal health since they are chock-full of fiber, minerals, vitamins and essential amino and fatty acids. Follow package instructions for the size of bird that you have.

BIRD CALMING TEA, 4 oz:

Our Bird Calming Tea is chock full of adaptogen herbs and raspberry leaf, known to support hormone balance. You can serve these herbs mixed into fresh bird chop or steep it for 3-5 minutes in hot water (not boiling, please). Cool and serve.