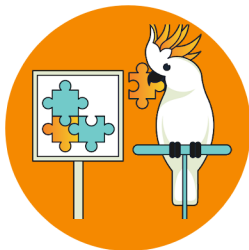
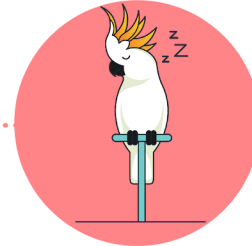


HOW TO KEEP A BIRD COLLAR ON

STEP 1 - IMPROVE HEALTH

Reduce physical stressors by improving diet, ensuring 12 hrs. sleep nightly, & managing hormones,

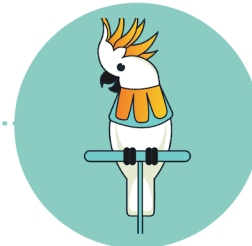


STEP 2 - OPTIMIZE ENRICHMENT

Keep your bird busy! Exercise. Foraging. Socialization. Enrichment. A busy bird is a happy bird.

STEP 3 - ACCUSTOM YOUR BIRD

Faithfully follow collar training instructions. Your bird must get used to the weight & feel of the collar.



STEP 4 - POSITIVE REINFORCEMENT

Learn positive reinforcement. Choose 2-3 behaviors that you like and generously reward them. Deter collar destruction by spraying it with NO CHEW and reinforcing the velcro with duct tape.

STEP 5 - REARRANGE TRIGGERS

Do a time study to find out what triggers a plucking episode. From a behavioral perspective, what causes your bird so much stress that it needs to pluck? Eliminate the stress.

