



HOW TO USE THE FEATHER PLUCKING RESCUE PACK

The Feather Plucking Rescue Pack was designed to support common health and wellness issues found in feather plucking birds. The vitamins, minerals, important fatty acids, calming support and skin relief support your bird's overall health, taking away many stressors that induce plucking.

Keep in mind that a feather plucking problem usually results from several factors - from health and wellness issues to an anxious disposition and even improper training. Birds benefit from using a comprehensive approach versus trying one strategy after another, hoping that something works. This pack supports the following health and wellness issues:

ANXIETY:

PARROT CALMING FORMULA, 4 oz., with L-Theanine and GABA supports a calmer mood. These are two amino acids that are normally found in the brain. Researchers report they support a calmer mood.

Add this tasteless, colorless calming formula to 8 oz. of water for a steady calming dose throughout the day. You may double the dose if you're not seeing improvements in the challenging behavior. L-Theanine has no documented side-effects, but like any dietary supplement, you'll want to use the minimal amount to get the desired effects. Cut back if you notice drowsiness.

NUTRITIONAL DEFICITS:

Most birds experience nutritional deficits due to poor diet and picky eating. This kit comes with two important dietary supplements, FeatheredUp! And Red Palm Oil for Birds.

FeatheredUp! 90 gm. is a multivitamin with biotin to support all of the nutritional requirements needed to grow healthy feathers. Growing feathers is nutritionally intensive, and a nutritionally compromised bird may grow defective feathers. FeatheredUp! fills the nutritional gaps to support healthy feather growth.



FeatheredUp! Feeding Directions: For Severe feather pluckers, feed FeatheredUp! Twice daily until your bird is growing pin feathers and then drop down to once daily. Also, feed twice daily when a bird is under going a molt.

Red Palm Oil, 8 oz. provides several benefits for your pet bird from supporting liver health, heart, health, skin tissue health, and much more due to high bioavailability of vitamin A, beta-carotenes, vitamin E, and more.

Red Palm Oil Feeding Directions: Mix ¼ teaspoon Red Palm Oil per 350 gm. Of body weigh with your birds pellets, chop, or seeds

SKIN DISCOMFORT:

Many birds experience dry, irritated skin. Feather pluckers also experience skin inflammation due to the damage caused from ripping a feather out of the follicle. Aloe Vera Spray, 8 oz. has soothing properties for both the pain and the skin inflammation.

Aloe Vera Directions: Spray your bird up to three times per day down to the skin. Do not spray a sick or chilled bird and don't spray your bird at night and put it to bed wet.

FOR BEST RESULTS:

Dietary supplements hammer away at the contributing nutritional factors of feather plucking. But, for best results in getting a handle on challenging bird behaviors, plan to support other critical elements in your birds' life. These include the following elements:

1. **PREVENTATIVE HEALTH CARE:** Work with your avian veterinarian to avert future health issues and to treat current health issues. An annual checkup is of utmost importance. [Find an avian vet here.](#)
2. **DIET / NUTRITION - SPECIES SPECIFIC:** Diet and nutrition are critical for averting



future health issues. Improve your birds diet and nutrition by feeding about 40% high quality pellet and the other 60%, a diverse uncooked plant-based diet of vegetables, fruits, herbs, grains, and red palm oil and coconut oil. If you're worried about getting your bird to actually eat a better diet, this video should help:

<https://youtu.be/15hD13AhE70>

3. **ENVIRONMENTAL ENRICHMENT:** Imagine if you could help your bird experience the enrichment and quality of life as their wild counterparts in the jungles and rainforests. Our intelligent birds' need daily exercise and enrichment. [Learn about the importance of foraging](#). Buy a range of size-appropriate bird foraging toys so that your bird is occupied throughout the day. You can also make affordable foraging toys on your own. Check out the website: ParrotEnrichment.com

4. **BEHAVIOR TRAINING:** All pet's need training, and birds are no exception. There are two different types of training that your bird will benefit from. Training for **foundational behaviors** and **training for tricks**. Foundational behaviors are teaching your pet natural parrot behaviors, such as eating healthy foods, how to properly preen, and how to play and forage. [Clicker Training for Birds](#) is a a good place to start, but if you're working on eliminating challenging behavior, you should consider working with a bird behaviorist so that you carry out the strategies properly.

5. **SPECIALIZED PEDIATRIC / GERIATRIC CARE:** Finally, young birds and older birds need special care to thrive. Your avian vet can assist you with your individual pets' specific needs.