

TAWNA EUBANKS'

8 WEEKS TO A *Bikini-Ready* BODY

KM
KAGED MUSCLE

SUPPLEMENTS

TRAINING DAY SUPPLEMENT STACK

- Pre-Kaged
- Clean Burn
- Amino Synergy
- BCAAs
- Hydra-Charge
- Micropure Whey Protein Isolate
- Kasein



REST DAY SUPPLEMENT STACK

- BCAAs
- Hydra-Charge
- Clean Burn
- Kasein

