

## STRETCH FACTOR GUIDE:

### 1. PRINT OUT THE STRETCH FACTOR GUIDE:

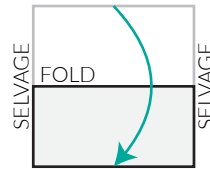
Print out this simple stretch guide first.  
Make sure it's printed actual size. Do not scale.

### 2. CUT AND LABEL A FABRIC SWATCH:

Measure & cut a fabric sample 10cm x 10cm (3 7/8"), on the grain of the fabric.  
Don't include the actual selvage in your sample.  
Draw an arrow on your fabric to remind you which direction horizontal is.

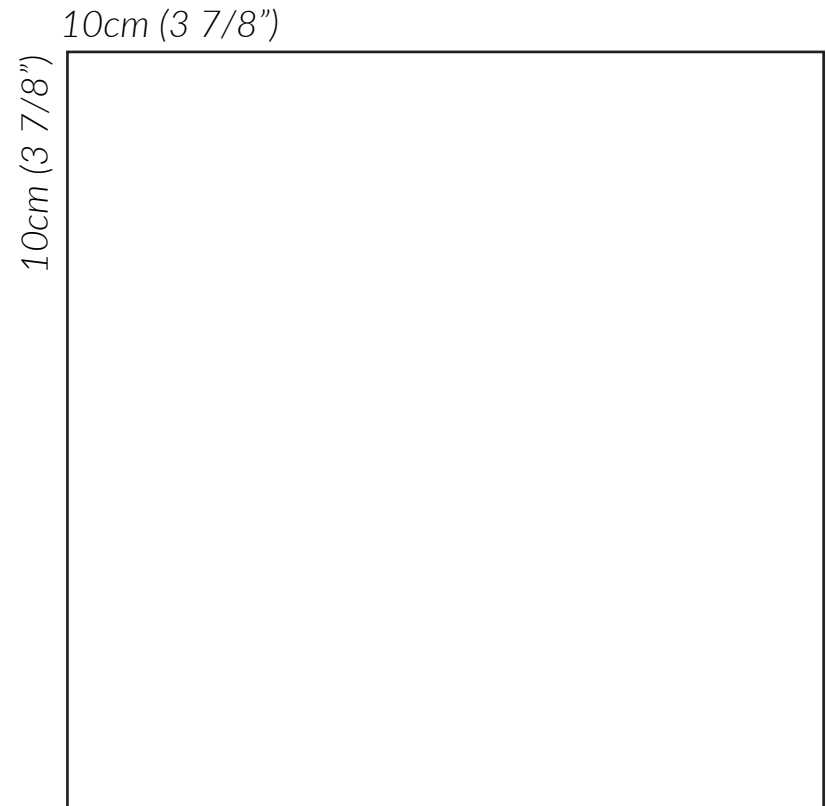
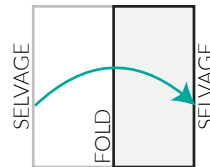
### 3. DETERMINE HORIZONTAL STRETCH

Fold the fabric swatch in half, along the horizontal grain.  
Hold fabric at left edge (A) of guide & stretch as far right as possible.  
Note the % stretch factor it reaches on the guide.



### 4. VERTICAL STRETCH

Repeat Steps 3-5, this time folding the fabric in half along the vertical grain.



 <b>STRETCH FACTOR GUIDE:</b> WWW.PATTERNEMPORIUM.COM	25% Minimal Stretch	50% Moderate Stretch	75% Very Stretchy	100% Super Stretchy
				