SIZE & FIT: TABLES

The following measurements are to assist you in choosing what size to make.

**BODY MEASUREMENTS: CENTIMETRES & INCHES**

**HOW TO CHOOSE THE RIGHT SIZE:**
Measure around your hip/seat, taken 20cm (8”) down from the natural waist. The tape measure should be firm. See page 4 for more details.

![Size & Fit Table](image)

**GARMENT MEASUREMENTS: CENTIMETRES & INCHES**

**WAIST TO HEM:** This is measured from the natural waist to the finished hem. It allows for a 1.5cm (5/8”) hem.

![Garment Measurements Table](image)

**HOW, WHERE & WHEN TO MEASURE YOURSELF:**
On the previous page you will find a ‘Size & Fit’ guide. It outlines the process for determining your size for this pattern. Below are some tips to successfully measure yourself for your sewing projects.

**HOW to MEASURE**
1. You want the tape measure to be firm but not tight. Don’t be scared to make the measuring tape snug & be sure you are not using an old, stretched out tape.
2. Measure over your skin, not your clothes. Measuring over clothes means you’ll make a dress you can wear over your clothes!

**WHERE to MEASURE**
This pattern asks you to measure around your hip/seat.

**MIDI & MAXI LENGTHS:** Both of these lengths are chosen based on height rather than skirt size.

**WHEN to MEASURE**
When to measure... sounds crazy that this is something you need to consider. But think about it - how often do you eat something & then your tummy bloats? See what I mean?! So if you’re planning a sewing session for yourself after you eat, plan some time to measure yourself before you eat.

Lots of ladies also find that certain measurements are bigger when they have their period &/or are ovulating. Keeping a journal of your measurements for sewing, over time, is quite helpful to determine if this applies to you too.