

SIZE & FIT : MEASUREMENT TABLE

The following measurements are to assist you in choosing what size to make.

BODY MEASUREMENTS: CENTIMETRES & INCHES

HOW TO CHOOSE THE RIGHT SIZE:

Measure around your hip/seat, taken approximately 20cm (8") down from the natural waist. The tape measure should be firm. See page 4 for more details.

		AU SIZE	6	8	10	12	14	16	18	20	22
A	HIP/SEAT 20cm (8") below natural waist	cms	85 85-89	90 90-94	95 95-99	100 100-104	105 105-109	110 110-114	115 115-119	120 120-124	125 125-129
		inches	33 1/2 33 1/2-35	35 3/8 35 3/8-37	37 3/8 37 3/8-39	39 3/8 39 3/8-41	41 3/8 41 3/8-43	43 1/4 43 1/4-45	45 1/4 45 1/4-47	47 1/4 47 1/4-49	49 1/4 49 1/4-50 1/2
B	LOWER WAIST 5cm (2") below natural waist	cms	70	75	80	85	90	95	100	105	110
		inches	27 1/2	29 1/2	31 1/2	33 1/2	35 3/8	37 3/8	39 3/8	41 3/8	43 1/4

The lower waist measurement is used to determine the stretch knit waistband & elastic length ONLY.

HEIGHT CHART:

Use this chart to help determine the perfect length for you

		SHORT	REG	TALL
HEIGHT	cms	160	165	170
	feet	5'3"	5'5"	5'7"
WAIST TO FLOOR	cms	97	102	107
	inch	38 1/4	40 1/8	42 1/8

FINISHED GARMENT MEASUREMENTS:

Measured from top of waistband to hem along centre front & centre back

		EXTREME			SUBTLE			PARTY		
		SHORT	REG	TALL	SHORT	REG	TALL	SHORT	REG	TALL
FRONT LENGTH	cms	50	55	60	71	76	81	42.5	47.5	52.5
	inch	19 5/8	21 5/8	23 5/8	28	29 7/8	31 7/8	16 3/4	18 3/4	20 5/8
BACK LENGTH	cms	94	99	104	94	99	104	70	75	80
	inch	37	39	41	37	39	41	27 1/2	29 1/2	31 1/2

HOW, WHERE & WHEN TO MEASURE YOURSELF:

On the previous page you will find a 'Size & Fit' guide. It outlines the process for determining your size for this pattern. Below are some tips to successfully measure yourself for your sewing projects.

HOW TO MEASURE

1. You want the tape measure to be firm but not tight. Don't be scared to make the measuring tape snug & be sure you are not using an old, stretched out tape.
2. Measure over your skin, not your clothes. *Measuring over clothes means you'll make a garment you can wear over your clothes!*

WHEN TO MEASURE

When to measure... sounds crazy that this is something you need to consider. But think about it - how often do you eat something & then your tummy bloats? See what I mean?! So if you're planning a sewing session for yourself after you eat, plan some time to measure yourself before you eat.

Lots of ladies also find that certain measurements are bigger when they have their period &/or are ovulating. Keeping a journal of your measurements for sewing, over time, is quite helpful to determine if this applies to you too.

WHERE TO MEASURE

SKIRT: For the skirt pieces (#1 & #2), this pattern asks you to measure around your hip/seat. This is 20cm (8") below the natural waist. It's not your hip bone but your seat.

WAISTBAND: The Stretch Knit Waistband (#8) asks you to measure around your lower waist. This is 5cm (2") below the natural waist.

TOP 3 MEASURING MISHAPS:

- #1: Measuring over clothing.
- #2: Measuring after eating.
- #3: Not measuring where the pattern asks you to.