

# FABRIC, TRIMS, TOOLS & SUPPLIES

## FABRIC SUGGESTIONS:

See [page 8](#) for an extensive outline of fabric selection & suggestions.

## TRIMS:

**Enclosed Waistband:** 40mm (1.5") or 50mm (2") elastic.

*Note: you can also use an elastic width of your choice for the Enclosed Waistband. See [page 21](#) for details.*

## TOOLS & SUPPLIES:


Stretch needle (sewing machine), \*stretch twin needle (sewing machine, for pockets), pins or magic clips, scissors or rotary blade & cutting mat, sewing & overlocking thread to match, \*fabric glue, \*fabric pen, ruler, tape measure, \*overlocker/serger, sewing machine, \*coverstitch machine, iron & ironing board, printer, A4 or letter paper. (\* = optional)

**A NOTE ABOUT THREAD COLOUR:** I recommend you match your thread colour to the inside (wrong side) of your fabric.


| Size | Lower Waist Measurement |      | Cut Elastic Length |        |
|------|-------------------------|------|--------------------|--------|
|      | cm                      | inch | cm                 | inch   |
| 6    | 70                      | 27.5 | 66                 | 26     |
| 8    | 75                      | 29.5 | 71                 | 28     |
| 10   | 80                      | 31.5 | 76                 | 30     |
| 12   | 85                      | 33.5 | 81                 | 32     |
| 14   | 90                      | 35.5 | 86                 | 34     |
| 16   | 95                      | 37.5 | 91                 | 36     |
| 18   | 100                     | 39.5 | 96                 | 37 3/4 |
| 20   | 105                     | 41.5 | 101                | 40     |
| 22   | 110                     | 43.5 | 106                | 41 3/4 |

## FABRIC REQUIREMENTS based on 145cm (57") fabric width: METRES / YARDS


These estimates do not allow for shrinkage\*\*, directional\* or nap fabric, or length adjustments.

|   |                 |                                    |       | 6     |         |       | 8     |         |       | 10    |         |       | 12    |         |       | 14    |         |       |
|---|-----------------|------------------------------------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
|   |                 |                                    |       | Short | Regular | Tall  | Short | Regular | Tall  | Short | Regular | Tall  | Short | Regular | Tall  | Short | Regular | Tall  |
|  | With Pockets    | Stretch Knit & Enclosed Waistbands | mtr   | 1.4   | 1.5     | 1.6   | 1.5   | 1.5     | 1.6   | 1.5   | 1.6     | 1.7   | 1.5   | 1.6     | 1.7   | 1.6   | 1.7     | 1.8   |
|   |                 | yard                               | 1 1/2 | 1 3/4 | 1 3/4   | 1 3/4 | 1 3/4 | 1 3/4   | 1 3/4 | 1 3/4 | 1 3/4   | 1 3/4 | 1 3/4 | 1 3/4   | 1 3/4 | 1 3/4 | 1 3/4   | 1 3/4 |
|   | Without Pockets | Stretch Knit & Enclosed Waistbands | mtr   | 1.2   | 1.3     | 1.4   | 1.2   | 1.3     | 1.4   | 1.3   | 1.4     | 1.5   | 1.3   | 1.4     | 1.5   | 1.4   | 1.5     | 1.6   |
|   |                 | yard                               | 1 1/4 | 1 1/2 | 1 1/2   | 1 1/4 | 1 1/2 | 1 1/2   | 1 1/2 | 1 1/2 | 1 1/2   | 1 3/4 | 1 1/2 | 1 1/2   | 1 3/4 | 1 1/2 | 1 3/4   | 1 3/4 |

|   |                 |                                    |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |       |
|---|-----------------|------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|  | With Pockets    | Stretch Knit & Enclosed Waistbands | mtr   | 1.4   | 1.5   | 1.6   | 1.4   | 1.5   | 1.6   | 1.5   | 1.6   | 1.7   | 1.6   | 1.7   | 1.8   | 1.7   | 1.8   | 1.9   |
|   |                 | yard                               | 1 1/2 | 1 3/4 | 1 3/4 | 1 1/2 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 2     | 1 3/4 | 2     | 2     |
|   | Without Pockets | Stretch Knit & Enclosed Waistbands | mtr   | 1.2   | 1.3   | 1.4   | 1.3   | 1.4   | 1.5   | 1.3   | 1.4   | 1.5   | 1.4   | 1.5   | 1.6   | 1.4   | 1.5   | 1.6   |
|   |                 | yard                               | 1 1/4 | 1 1/2 | 1 1/2 | 1 1/2 | 1 1/2 | 1 3/4 | 1 1/2 | 1 1/2 | 1 3/4 | 1 1/2 | 1 3/4 | 1 3/4 | 1 3/4 | 1 1/2 | 1 3/4 | 1 3/4 |

|   |                 |                                    |     |     |       |     |       |       |       |       |       |       |       |       |       |       |       |       |
|---|-----------------|------------------------------------|-----|-----|-------|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|  | With Pockets    | Stretch Knit & Enclosed Waistbands | mtr | 1   | 1     | 1.1 | 1     | 1.1   | 1.1   | 1.1   | 1.1   | 1.2   | 1.1   | 1.2   | 1.3   | 1.1   | 1.2   | 1.3   |
|   |                 | yard                               | 1   | 1   | 1 1/4 | 1   | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/2 | 1 1/4 | 1 1/4 | 1 1/2 |
|   | Without Pockets | Stretch Knit & Enclosed Waistbands | mtr | 0.8 | 0.8   | 0.9 | 0.8   | 0.8   | 0.9   | 0.8   | 0.8   | 0.9   | 0.8   | 0.9   | 1     | 0.8   | 0.9   | 1     |
|   |                 | yard                               | 3/4 | 3/4 | 1     | 3/4 | 3/4   | 1     | 3/4   | 3/4   | 1     | 3/4   | 1     | 1     | 1     | 3/4   | 1     | 1     |

|   |                 |                                    |       | 16    |         |       | 18    |         |       | 20    |         |       | 22    |         |       |
|---|-----------------|------------------------------------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
|   |                 |                                    |       | Short | Regular | Tall  | Short | Regular | Tall  | Short | Regular | Tall  | Short | Regular | Tall  |
|  | With Pockets    | Stretch Knit & Enclosed Waistbands | mtr   | 1.6   | 1.7     | 1.8   | 1.7   | 1.8     | 1.9   | 1.7   | 1.8     | 1.9   | 1.8   | 1.9     | 2     |
|   |                 | yard                               | 1 3/4 | 1 3/4 | 2       | 1 3/4 | 2     | 2       | 1 3/4 | 2     | 2       | 2 1/4 | 2     | 2       | 2 1/4 |
|   | Without Pockets | Stretch Knit & Enclosed Waistbands | mtr   | 1.4   | 1.5     | 1.6   | 1.4   | 1.5     | 1.6   | 1.5   | 1.6     | 1.7   | 1.5   | 1.6     | 1.7   |
|   |                 | yard                               | 1 1/2 | 1 3/4 | 1 3/4   | 1 1/2 | 1 3/4 | 1 3/4   | 1 3/4 | 1 3/4 | 1 3/4   | 1 3/4 | 1 3/4 | 1 3/4   | 1 3/4 |

|   |                 |                                    |       |       |       |       |       |       |       |       |       |       |       |       |       |
|---|-----------------|------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|  | With Pockets    | Stretch Knit & Enclosed Waistbands | mtr   | 1.7   | 1.8   | 1.9   | 1.7   | 1.8   | 1.9   | 1.8   | 1.9   | 2     | 2     | 2.1   | 2.2   |
|   |                 | yard                               | 1 3/4 | 2     | 2     | 1 3/4 | 2     | 2     | 2     | 2     | 2 1/4 | 2 1/4 | 2 1/4 | 2 1/4 | 2 1/2 |
|   | Without Pockets | Stretch Knit & Enclosed Waistbands | mtr   | 1.5   | 1.6   | 1.7   | 1.5   | 1.6   | 1.7   | 1.6   | 1.7   | 1.8   | 1.6   | 1.7   | 1.8   |
|   |                 | yard                               | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 1 3/4 | 2     | 1 3/4 | 1 3/4 | 2     |

|   |                 |                                    |       |       |       |       |       |       |       |       |       |       |       |       |       |
|---|-----------------|------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|  | With Pockets    | Stretch Knit & Enclosed Waistbands | mtr   | 1.2   | 1.3   | 1.4   | 1.2   | 1.3   | 1.4   | 1.3   | 1.4   | 1.5   | 1.3   | 1.4   | 1.5   |
|   |                 | yard                               | 1 1/4 | 1 1/2 | 1 1/2 | 1 1/4 | 1 1/2 | 1 1/2 | 1 1/2 | 1 1/2 | 1 1/2 | 1 3/4 | 1 1/2 | 1 1/2 | 1 3/4 |
|   | Without Pockets | Stretch Knit & Enclosed Waistbands | mtr   | 0.9   | 1     | 1.1   | 1     | 1.1   | 1.2   | 1     | 1.1   | 1.2   | 1.1   | 1.2   | 1.3   |
|   |                 | yard                               | 1     | 1     | 1 1/4 | 1     | 1 1/4 | 1 1/4 | 1     | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/4 | 1 1/2 |

\*To estimate fabric needs for directional or nap fabrics, cut out the pattern pieces & lay them down on a flat surface & measure how much you'll need.

\*\*WASH YOUR FABRIC before cutting! It's important to wash your fabric before you sew to avoid shrinkage after you've finished your skirt.