

BUST ADJUSTMENTS for the Spellbound



DO I NEED A BUST ADJUSTMENT?

If you've made your fit test & your Spellbound Dress is too small around the bust area & is pulling across the bust, rather than going up a size the best thing to do is a Full Bust Adjustment.

WHAT IS A BUST ADJUSTMENT?

A bust adjustment is where you manipulate the pattern to allow extra room for your bust, whilst keeping all other elements the same.

FBA = Full Bust Adjustment. You use a FBA when your bust is larger than upper bust.

SBA = Small Bust Adjustment. You use a SBA when your bust is smaller than upper bust.

USING THIS METHOD ON OTHER PATTERNS:

The method outlined on the following pages can be used on patterns with no bodice or bust darts.

The following are our standard PE measurements. Follow these instructions to see if you'll need a FBA or SBA.

- MEASURE UPPER BUST (A):** Measure around the body, under the arms & above the bust. Ensure your breasts aren't being pushed up by your bra.
I recommend measuring bra-less for this one as it gives a better indication of your upper body size.
- MEASURE BUST (B):** Measure around the bust.
It's fine to be wearing a bra for this one, just not a push up bra.
- DOES YOUR UPPER BUST & BUST SIZE DIFFER?**
If your bust size differs from your upper bust size by 2 or more sizes, I recommend a simple Bust Adjustment.

		AU SIZE	6	8	10	12	14	16	18	20	22
A	UPPER BUST Measure around chest at underarm level, above the bust.	cms	77 77-79	80 80-84	85 85-88	89 89-92	93 93-97	97.5 97.5-100	101 101-104	105 105-109	110 110-115
		inches	30 3/8 30 3/8-31	31 1/2 31 1/2-33	33 1/2 33 1/2-34 1/2	35 35-36 1/4	36 5/8 36 5/8-38	38 1/2 38 1/2-39 1/4	39 3/4 39 3/4-40 3/4	41 1/4 41 1/2-42 3/4	43 1/4 43 1/4-45
B	BUST Measure around chest at bust level.	cms	75 75-79	80 80-84	85 85-89	90 90-94	95 95-99	100 100-104	105 105-109	110 110-114	115 115-120
		inches	29 1/2 29 1/2-31	31 1/2 31 1/2-33	33 1/2 33 1/2-35	35 3/8 35 3/8-37	37 3/8 37 3/8-39	39 3/8 39 3/8-41	41 3/8 41 3/8-43	43 1/4 43 1/4-45	45 1/4 45 1/4-47
C	WAIST	cms	60	65	70	75	80	85	90	95	100
		inches	23 5/8	25 5/8	27 1/2	29 1/2	31 1/2	33 1/2	35 3/8	37 1/2	39 3/8
D	HIP/SEAT Measure 20cm (8") below natural waist.	cms	85	90	95	100	105	110	115	120	125
		inches	33 1/2	35 3/8	37 3/8	39 3/8	41 3/8	43 1/4	45 1/4	47 1/4	49 1/4

FULL BUST ADJUSTMENT (FBA)

If your bust size is bigger than your upper bust size, you may like to complete a Full Bust Adjustment to give your bust a little more room but keep the rest of the bodice fitting nicely too.

I recommend this adjustment if your bust size is 2 or more sizes larger than your upper bust size.

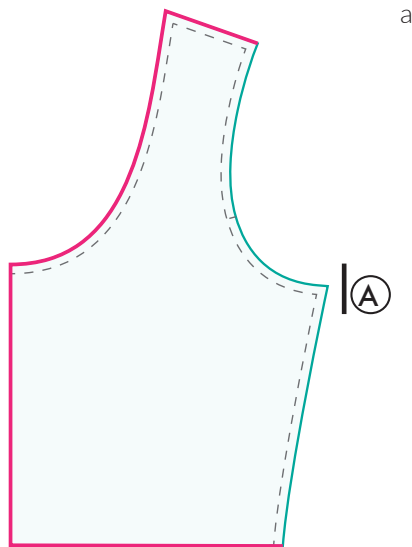
1. Draw in the 7mm (1/4") seam line on front bodice pattern piece. *This is the sewing line/dashed line below.*
2. Decide how much you need to add to the bust & divide this by 4. *For example,*

For example,

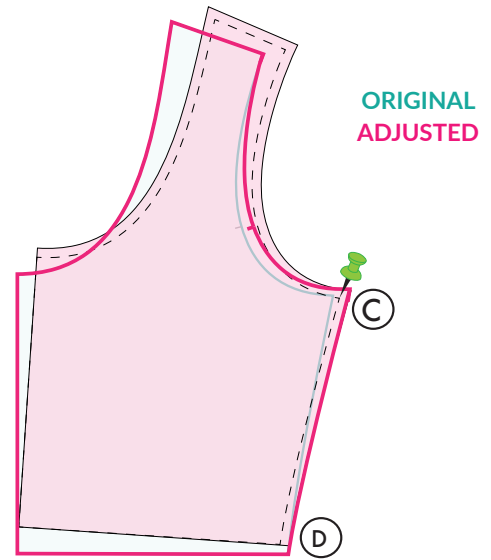
1 size = 5cm (2") / 4 = 1.25cm (1/2")

2 sizes = 10cm (4") / 4 = 2.5cm (1")

3. Place pattern on a sheet of paper & trace along base, centre front, neckline & shoulder (*pink line below*).
4. Draw short line **(A)** this distance from the side seam at armhole level.

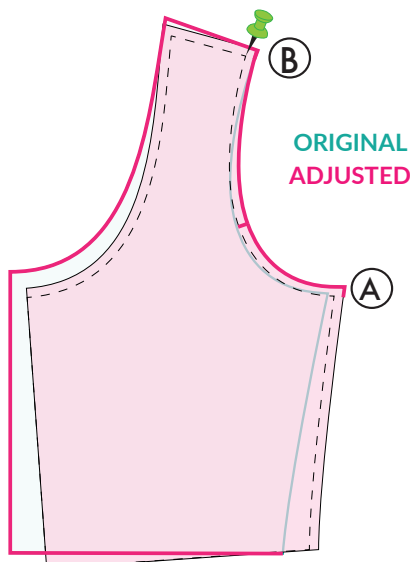


6. Next place the pin at the underarm, again on the sewing line (C).
Pivot at **C** until the bottom edge meets the original side seam (it will sit a little above the base) at **D**.
Draw in the new side seam.

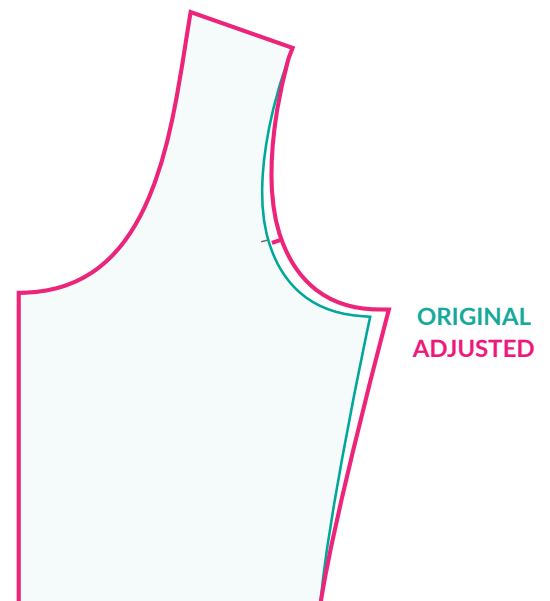


You can see by the final result that you have a slightly widened mid torso but maintained the neckline & shoulder you need & the correct curve & notches for your sleeve to fit snugly into place.

5. Place a pin at the outside shoulder, along the sewing line (B) not the outside edge.
Pivot at **B** until the underarm edge, meets line **A**.
Draw in new armhole (pink) & armhole notch.



7. Repeat process on the back bodice pattern piece.



SMALL BUST ADJUSTMENT (SBA)

If your bust size is smaller than your upper bust size, you may like to complete a Small Bust Adjustment to get rid of any excess fabric at the bust without altering the fit of the neckline, shoulders & armholes.

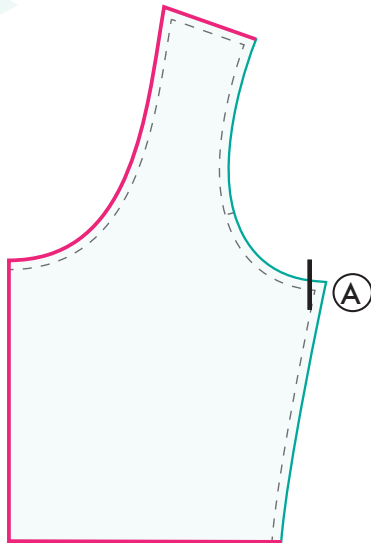
1. Draw in the 7mm (1/4") seam line on front bodice pattern piece. *This is the sewing line/dashed line below.*
2. Decide how much you need to remove from the bust & divide this by 4. *For example,*

For example,

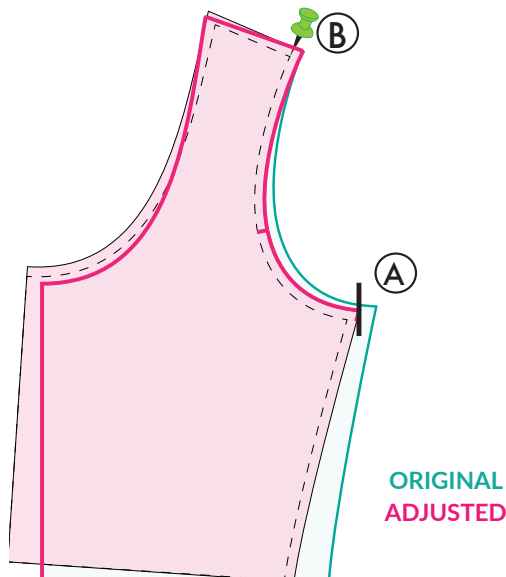
1 size = 5cm (2") / 4 = 1.25cm (1/2")

2 sizes = 10cm (4") / 4 = 2.5cm (1")

3. Place pattern on a sheet of paper & trace along base, centre front, neckline & shoulder (*pink line below*).
4. Draw a short line (**A**) this distance from the side seam at armhole level.

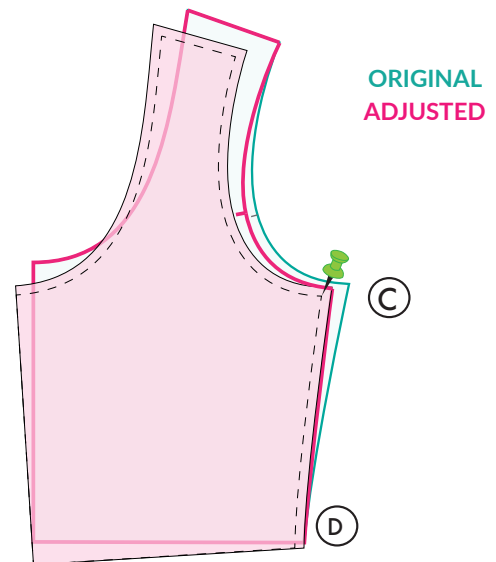


5. Place a pin at the outside shoulder, along the sewing line (B) not the outside edge. Pivot at **B** until the underarm edge, meets line **A**. Draw in new armhole (pink) & armhole notch.



ORIGINAL
ADJUSTED

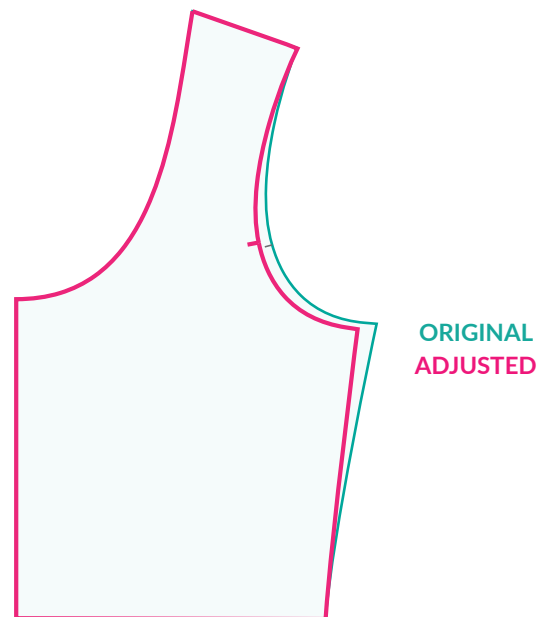
6. Next place the pin at the underarm, again on the sewing line (C). Pivot at **C** until the bottom edge meets the original side seam (it will sit a little below the base) at **D**. Draw in the new side seam.



ORIGINAL
ADJUSTED

You can see by the final result that you have a slightly narrowed mid torso but maintained the neckline & shoulder you need & the correct curve & notches for your sleeve to fit snugly into place.

7. Repeat process on the back bodice pattern piece.



ORIGINAL
ADJUSTED