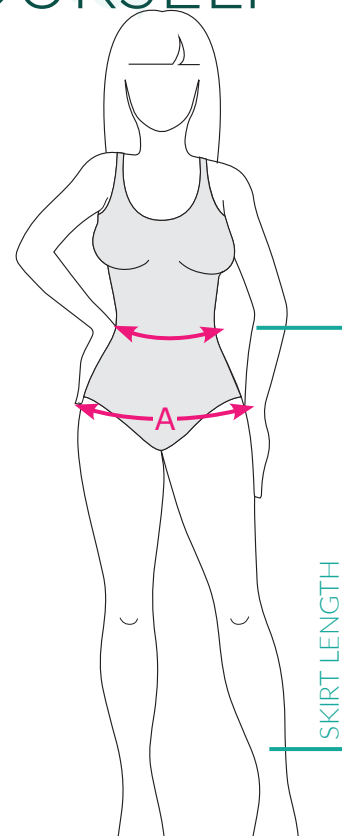


SIZE & FIT : MEASURING YOURSELF

Getting the Fit Right for You.



STYLE / HOW SHOULD IT FIT?

With a silhouette a little more full than an A-line, the Bohemian Wrap skirt flows gently over the hips & cascades to above the ankle. It is easily worn around the natural or lower waist. The skirt wraps & ties at the left: the ties allow an ease of wear & make adjusting a breeze.

CHOOSING SIZE : TABLE 1

Measure Hip/Seat (A):

- Measure around the hip/seat area, approximately 20cm (8") down from the natural waist. See (A) in diagram & table 1 below.
- This should be done in underwear, NOT over your clothes.

CHOOSING LENGTH : TABLE 2

- Below are the finished lengths of the skirt. See table 2.
- These are measured from the finished waist of the garment to the hem.
- On the skirt pattern you will find cutting lengths for short, regular & tall.

TABLE 1: BODY MEASUREMENTS: Centimetres & Inches

			6	8	10	12	14	16	18	20	22
HIP/SEAT	Measured 20cm (8") down from natural waist.	cms	85	90	95	100	105	110	115	120	125
		inches	33 2/4	35 2/4	37 2/4	39 1/4	41 1/4	43 1/4	45 1/4	47 1/4	49 1/4
NATURAL WAIST		cms	60	65	70	75	80	85	90	95	100
		inches	23 2/4	25 2/4	27 2/4	29 2/4	31 2/4	33 2/4	35 2/4	37 2/4	39 1/4

TABLE 2: FINISHED SKIRT LENGTHS

		SHORT	REG	TALL
MEASURED ALONG CENTRE BACK SEAM. Note: The wrap front sits higher than the back.	cms	91	96	101
	inches	35 3/4	37 3/4	39 3/4

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HOW, WHERE & WHEN TO MEASURE YOURSELF:

Below are tips to successfully measure yourself for your sewing projects.

HOW TO MEASURE

1. You want the tape measure to be firm but not tight. Don't be scared to make the measuring tape snug & be sure you are not using an old, stretched out tape.
2. Measure over your skin, not your clothes. *Measuring over clothes means you'll make a top you can wear over your clothes!*

WHERE TO MEASURE

Each pattern will ask you to measure in different places to achieve the best fit. See page 4 for an outline for this pattern.

WHEN TO MEASURE... sounds crazy that this is something you need to consider. But think about it - how often do you eat something & then your tummy bloats? See what I mean?! So if you're planning a sewing session for yourself after you eat, plan some time to measure yourself before you eat.

Lots of ladies also find that certain measurements are bigger when they have their period &/or are ovulating. Keeping a journal of your measurements for sewing, over time, is quite helpful to determine if this applies to you too.

TOP 3 MEASURING MISHAPS:

- #1: Measuring over clothing.
- #2: Measuring after eating.
- #3: Not measuring where the pattern asks you to.