Bardo Drug Gi TSA TSIG Zhuk So

Root Bardo Verses

gyalwa zhitrö lhala chag tsal lo bardo nampa drüggi tsa tsig ni

I pay homage to the victorious peaceful and wrathful deities

The root verses for the six bardos are as follows:

Bardo of Birth

kyéma dag la kyéné bardo char du dir

Alas! When the bardo of birth dawns,

tsé la lôngmé lélo pang ché né

rather than squandering this life through lazy complacency,

tö sam gom sum mayeng lam la juk

engage on the path of undistracted study, contemplation and meditation.

nang sem lam lông ku sum ngön gyur jong

bring all phenomena onto the path and train to actualize the three kayas.

mi lu lan chig tobpé dutsö dir

When there is this sole opportunity of attaining a human rebirth
yengpa lamla tongpé du ma yin
now is not the time to waste this on the path of distraction!

Bardo of Dreams

kyéma dag la milam bardo char du dir
Alas! When the bardo of the dream state dawns,

timug ronyal bagmé pang ché né
having abandoned deluded sleep, like a corpse,

dran pa yengmé néluk ngang la jok
rest in the fundamental nature without distraction.

milam zung la trülgyur ödsal jong
Train in the clear light of lucid, transformative dreaming.

dudddro zhin du nyalwar mi cha par
Rather than just sleeping like an animal,

nyid dang ngön sum drépé nyamlen ché
practice the crucial mingling of sleep with clear light.
Bardo of Concentration

kyéma dag la samten bardo char du dir
Alas! When the bardo of concentration dawns,

nam yeng trulwé tsog nam pang ché né
having abandoned distractions based upon confusion,

yengmé dzinmé samten ngang la jok
rest free from limitations, without distraction or fixation.

kyé dzog nyi la tenpa tob par cha
Attain stability in both generation and completion stages.

chawa pang né tséchig drub du dir
Relinquish all activities and practice single pointedly;

nyön mong trülpé wang du matang zhig
do not allow yourself to be overcome by the delusion of passions.
Bardo of Death

kyéma dag la chikha bardo char du dir
Alas! When the bardo of death arrives,

kun la chagsem zhendzin pang ché la
having abandoned all attachment and mental fixation,

damngag salwé lam la mayeng juk
enter the path of illuminating sacred oral instructions without distraction.

rangrig kyémé namkhé ying su po
Transfer self-awareness into the unborn nature of basic space.

duché shatrag lu dang dral la khed
Given that separation from this corporeal body of flesh and blood can occur at any time

mitag gyuma yinpar shépar cha
recognize this is impermanent, like magic.
Bardo of the Dharmata

kiem dag la chönöyd bardo char du dir
Alas! When the bardo of the dharmata dawns,

kün la ngang trag jiknang pang ché né
having abandoned all anxiety and trepidation,

gangshar rangnang rigpar ngoshé cha
recognize that whatever arises is self-appearing awareness.

bardo nang tshul yinpar shépar cha
Know the appearances of the bardo for what they are.

dönchen gagla tugpé du chig öng
During this important crucial juncture, be fearless

rangnang zhitrö tsög la ma jig shig
before the self-appearing assembly of peaceful and wrathful wisdom deities.
Bardo of Existence

kyéma dag la sidpa bardo char du dir
Alas! When the bardo of existence dawns,

dunpa tséchig semla zung ché né
by holding a well-intended single pointed mind,

zangpo lékyi trola nengyi tud
earnestly reconnect with excellent karma.

ngalgo gagné rulog dranpar cha
By blocking the entranceway to the womb, remember to redirect the course.

nyingrü dagnang göpé düchig yin
This is the only time to diligently cultivate pure appearances.

migser pangné lama yabyum göm
Abandon jealousy and meditate upon the guru and consort in union.

chiwa ong nyam mépé loring po
Through procrastination, never thinking that death will come,
dönmé tshédi chawa drub drub né
this life has been squandered in the pursuit of meaningless activities.

da ré tong lōg chéna dun ma trul
To waste this opportunity again is the gravest of errors.

gö ngé shipa dampé chöyin pé
Since the sacred dharma is so crucial,

da ta nyid du lhachö miché dam
don’t you yearn practice the sublime dharma immediately?

drinchen lamé zhelné di ked sung
The kind Masters have taught:

lamé damngag semla mazhag na
if the guru’s oral instructions are not brought to mind

ranggi rangnyid lupar migyur ram
don’t you think you are deceiving yourself?
This completes the root verses for the six bardos. [From the terma revelation of Karma Lingpa]