A Guru Yoga Practice entitled Staircase to Liberation

Namo Guru Manjushri ye

Ah ranglu machö tongsel nying ü ah
Ah My uncreated body is empty radiance, marked with an ah in the center of the heart.

dun gyi namkhar ja öd trigpe lông
In the space in front in an expanse of dazzling rainbow light,

drimé padma dawé denteng du
Atop a stainless lotus and moon seat,

kyabkun du zhal drinchen lama ni
Rests the embodiment of all objects of refuge appearing as the supremely kind root Master.

bépé naljor sangdzin pawö gar
As a hidden yogi, he appears in the stance of the heroic Holder of Secrets,

ngak kyi chédzok zhabnyi roltab zhuk
Adorned with all mantra accoutrements, both legs are in the reveling posture,

ku la ber ting drimé zen kar dzé
Wearing a blue cloak and a stainless white dharma robe,

ü la ped zha töngdrol tok gi gyen
And a lotus hat that liberates upon sight, adorned with a crown jewel.

chak yé dorjé tukkar digpé tsul
In his right hand, at his heart, he holds a vajra in the threatening mudra,
yön pé nyam zhak tödpa chüd dang den
His left hand is in the mudra of evenness holding a skull filled with ambrosia.

chan nyi ta dral namkhé ying la zik
Both eyes are gazing into the limitless dhatu of space,

nang tōng nyimé chudé rangzhin shar
Naturally arising as nondual appearance-emptiness, like a water moon.

The Supplication:

shar chok chöying dorjé podrang né
From the eastern vajra palace of the dharmadhatu,

padmé gyaltsen rigdzin guru jé
O Vidyadhara Lord Guru, Victorious Lotus [Padma Gyaltsen-name of Getse Rinpoche],

pawo tobden nakpo tsalnyid la
The essential dynamic power of the Hero Black Tobden,

solwa deb so dak gyud jin gyi lob
By supplicating to You, please bless my mind stream.

om guru benzar paṇi siddhi ah hung
After reciting as much as possible, continue:

 Lama öd zu nyin ü ah la tim
The Guru melts into light and dissolves into the ah in my heart.

 Ödzer rab bar khor dö öd du zu
Light blazes everywhere and the whole of samsara and enlightenment melts into light,

 Tsur du rang tim yermé chik gi ngang
Reabsorbs, dissolves into me, to become inseparable.

 Rigtöng tadrel dzok pa chen por ah
Rest in the great perfection of unelaborate empty-pristine awareness ah.

Rest as long as possible in the uncontrived fundamental nature. Conclude with the dedication of merit and aspirational prayers.

Based on the interdependent fervent request of the diligent practitioner Shri Bhadra from Dromta, this was written by the solitary follower of Shakyamuni named Gyurmed Tenpa Gyaltsen, on a favorable day of the lunar calendar. May virtue prevail!

 Sarva Mangalam.

Translated by the Light of Berotsana Translation Group