

# LUNCH STUDY

HOW DOES YOUR LUNCH PACKING IMPACT THE PLANET?

## Trash Talk

**100 MILLION**  
PIECES OF **LUNCHTIME TRASH**  
*get thrown away*  
**EVERY 24 HOURS!\***



•USA statistic, see below for sources

## Joke:

**WHAT SHOULD WE DO WITH CRUDE OIL?**

*Teach it manners, of course.*

*Did you know that crude oil, commonly known as petroleum, is used in the manufacturing of plastic?*

## Kid Friendly Lunchwraps

- 1 Grab a tortilla
- 2 Spread
- 3 Layer
- 4 Fold edges & roll
- 5 Pack in your non-toxic, stainless *ECOlunchbox Three-in-One*

**PEANUT BUTTER + JELLY** You don't need bread to make this kid favorite. Spread PB+J and roll up!

**REFRIED BEAN + VEGGIES** Spread refried beans on the tortilla then layer lettuce, sliced avocado and tomato.

**PEAR + AVOCADO** Spread 1/2 an avocado on the tortilla, then layer thinly sliced pear on top.

## Trash Mountain

**20 BILLION**  
*pieces of lunch trash*  
*go in to our landfills*  
**EVERY YEAR\***  
(THAT'S A LOT!)

•USA statistic, see below for sources

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**ECOlunchbox®**  
Healthy for People & the Planet

\* These statistics are based on analysis of U.S. census, school lunch program and Environmental Protection Agency data. For more information, please see *ECOlunchbox's Lunch Waste Study*.

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