

LUNCH STUDY

**SAVE YOUR FAMILY \$450 A YEAR
USING ECO-FRIENDLY REUSABLE LUNCHWARE**

Lunch Items	Daily Cost	Annual Cost*	Daily Disposable Lunch Trash	Yearly Disposable Lunch Trash	Yearly Savings† By Going Waste-free
Plastic Sandwich Baggy	\$0.06 <i>per unit</i>	\$32.40	3 <i>pieces</i>	540 <i>pieces</i>	
Reusable Food Container	0	0	0	0	\$32.40 SAVINGS
Paper Napkin	\$0.02	\$10.80	3	540	
Reusable Napkin	0	0	0	0	\$10.80 SAVINGS
Plastic Spoon	\$0.04	\$21.60	3	540	
Reusable Utensil	0	0	0	0	\$21.60 SAVINGS
Juice Box	\$0.44 <i>per serving</i>	\$237.60	3	540	
Juice in Reusable Bottle	\$0.27	\$145.80	0	0	\$91.80 SAVINGS
Pre-packaged Yogurt	\$0.95	\$513.00	3	540	
Yogurt in Reusable Tin	\$0.60	\$324.00	0	0	\$189.00 SAVINGS
Pre-packaged Snack Mix	\$0.45	\$243.00	3	540	
Snack Mix in Reusable Tin	\$0.30	\$162.00	0	0	\$108.00 SAVINGS

**ELIMINATE THOUSANDS OF
PIECES OF TRASH
USING REUSABLE LUNCHWARE**

18

Pieces of Trash
per family **Every Day**

3,240

Pieces of Trash
per family **Every Year**

\$453⁶⁰

Savings
per family **Every Year**

* Annual is calculated at 180 days of packed lunches. This is the average length of a school year in the U.S. Family is calculated as 2 kids and 1 adult.

† Cost savings is achieved by purchasing food in family size packages and packing lunch in reusable containers instead of using throw-aways and buying more expensive pre-packaged, single-serving juice, yogurt and dry snacks.