



I would rather be ashes than dust!

I would rather that my spark should burn out in a brilliant blaze than it should be stifled by dry-rot.

I would rather be a superb meteor, every atom of me in magnificent glow, than a sleepy and permanent planet.

The proper function of man is to live, not to exist.

I shall not waste my days in trying to prolong them.

I shall use my time.





This book is brought to you by the global Eagle group:

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Eagle Protect

EPIC, Unit 5a, 76/106 Manchester Street,
Christchurch Central 8011, New Zealand

DDI: +64 (0)800 633 468
E: info@eagleprotect.co.nz
W: www.eagleprotect.co.nz

Eagle Protect PBC

3079 Harrison Avenue #21,
South Lake Tahoe, California 96150, USA

P: 1 800 384 3905
E: info@eagleprotect.com
W: www.eagleprotect.com





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In 2012 Eagle Protect™ became a Certified B Corporation® company, and is the world's only disposable glove specialist to have this certification. B Corps™ are businesses that meet and practice the highest standards of approved social and environmental performance, public transparency and legal accountability. There are over 4,100 other companies throughout the world who are B Corp™ certified.

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A crucial part of our supply chain is to visit manufacturers regularly, to check product manufacturing standards, quality controls, worker conditions and the environmental impact. Before partnering with any new suppliers, they must pass our Supplier Code of Conduct, which measures labour conditions, environmental impact and quality control.

Certified By purchasing Eagle products, you are assisting in our quest of using business as a force for good in the world!



Corporation

Visit www.bcorporation.net for more information about the B Corp movement.



INTRODUCTION

“I would rather be ashes than dust! I would rather that my spark should burn out in a brilliant blaze than it should be stifled by dry-rot. I would rather be a superb meteor, every atom of me in magnificent glow, than a sleepy and permanent planet. The proper function of man is to live, not to exist. I shall not waste my days in trying to prolong them. I shall use my time.”

At least the first sentence of this quote can be attributed to Jack London a few months before his death in 1916 - the remainder is the subject of some discussion.

His sentiment is echoed in another great quote, this time by Hunter S. Johnson...

“Life should not be a journey to the grave with the intention of arriving safely in a pretty and well preserved body, but rather to skid in broadside in a cloud of smoke, thoroughly used up, totally worn out, and loudly proclaiming, “Wow! What a Ride!”

Both quotes tell us to make the most of our lives, live them to the fullest and leave the world fully expressed, and as Wayne Dyer would say, *“Don’t die with your music still in you!”*

Welcome to the 14th edition of our world-famous Quote Book. Over the last 12 months, the teams in New Zealand and the United States have gathered quotes and sayings from all aspects of life and then whittled them down into what you read here today.

Every year I get to choose a theme based on one of the quotes for the title and the basis of this introduction.

After another year, pandemic uncertainty continues: schools and businesses open, close, then open again, all capped off by what is

being called the great resignation. Isn't it fitting to be talking about how we should or could use our limited time in this life?

As author and comedian Terry Pratchett quipped, *"It is said that your life flashes before your eyes just before you die. That is true, it's called Life."*

Life **is** over in a flash. I can testify to this from my own experience of looking back at many years of my life that seemed to have disappeared in a flash! Have I lived them well?

Leo Tolstoy's character Ivan, in his short story called *The Death of Ivan Ilyich*, asked this question. Ivan, a high-court judge in 19th-century Russia who despised his work, gets to the end of his life and is faced with a question: *"What if my whole life has been wrong?"*

This is not the discussion to have at the end of our days and it seems it takes a pandemic to have more of us ask this question...

In the end, a successful life is what we ourselves judge it to be. But my feeling is that the past couple of years has changed that meaning for many of us. The accumulation of things has been able to continue throughout the pandemic, but the freedom to roam and meet has been curtailed, and it is the memories and experience of travel and socializing that has been restricted; and sadly missed!

Perhaps now is the opportunity to ponder what a life more true to oneself looks like?

Enjoy the latest edition of our Quote Book, it is our gift to you with love! We hope you will get a laugh, a cry and maybe even an aha moment as you read through the quotes herein. Whatever the case we hope you live a life of very well used time!

Steve Ardagh, Founder & CEO



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Jack London



We thought we'd have
flying cars by 2020.

But no.

Here we are teaching people
how to wash their hands.

Unknown



You don't have to be a fantastic hero to
do certain things, to compete.

You can be just an ordinary chap, sufficiently
motivated to reach challenging goals.

Sir Edmund Hillary



Don't take criticism
from someone you
wouldn't take advice from.

Jeff Van Gundy

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Adventure
is worthwhile in itself.

Amelia Earhart

**When you learn,
teach.**

**When you get,
give.**

Maya Angelou



It's not selfish
to love yourself,
take care of yourself
and make your
happiness a priority.
It's necessary.

Mandy Hale



When a man opens a car door for his wife,
it's either a new car or a new wife.

Prince Philip (1921-2021)



Too many of us are not living our
dreams
because we are living our
fears.

Les Brown



Minds are like parachutes -
They only function when open.

Thomas Dewar



We have two lives,
and the second begins when
we realize we only have one.

Anonymous



**You'll be amazed at what
you attract when you start
believing in what you deserve.**

Olivia Jade



Everybody is a genius.
But if you judge a fish by
its ability to climb a tree,
it will live its whole life
believing that it is stupid.

Albert Einstein



You're going to fall down,
but the world doesn't care
how many times you fall down,
as long as it's one fewer than the
number of times you get back up.

Aaron Sorkin



There are **decades**
where nothing happens;
and there are **weeks**
where decades happen.

Vladimir Ilyich Lenin



The only thing that ever
sat its way to success was
a hen.

Sarah Brown



**If you're the smartest person in the room,
you're in the wrong room.**

Confucius



There has been no great wisdom
without an element of madness.

Seneca



Self-care isn't just drinking water and going to sleep early.
Self-care is taking a break when things become overwhelming,
saying no to things you do not want to do,
allowing yourself to cry,
asking for help from those around you,
doing things that make you happy.

Unknown

*Lions don't lose sleep
over the opinions of sheep.*

Imam al-Sāhfi'i



If You're Cooler Than Me...
Does That Mean I Am
Hotter Than You?

Anonymous



Never miss a good opportunity to
shut up.

Will Rogers



**Always remember that
you are absolutely unique.
Just like everyone else.**

Margaret Mead



It took me seventeen years to get 3
thousand hits in baseball. I did it in
one afternoon on the golf course.

Hank Aaron (1934-2021)

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Attitude
is the difference between an
ordeal and an adventure.

Robert Lipkin



**Amateurs practice until they can get it right;
professionals practice until they can't get it wrong.**

Harold Craxton



**Don't live the same year
75 times and call it a life.**

Robin S. Sharma



*Everything you ever wanted
is on the other side of fear.*

George Addair

The Eagle logo consists of a solid red square. Inside the square, the word "Eagle" is written in a white, sans-serif font. The letter "E" is stylized with a curved top-left corner. A small registered trademark symbol (®) is located to the right of the word.

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How you climb a mountain
is more important
than reaching the top.

Yvon Chouinard, founder of Patagonia



If you fail, never give up because
F.A.I.L. means First Attempt In Learning.

End is not the end; in fact,
E.N.D. means Effort Never Dies.

If you get no as an answer, remember
N.O. means **Next Opportunity**.

So let's be positive.

A.P.J. Abdul Kalam



You'll keep meeting the same person
in different bodies until you learn
your lesson.

Unknown



Don't settle.

Don't finish crappy books.

If you don't like the menu, leave the restaurant.

If you're not on the right path, **get off it.**

Chris Brogan



WHO
discovered we could get
milk from cows, and what did he
THINK
he was doing at the time?

Billy Connolly



It's a terrible thing, I think,
in life to wait until you're ready.
I have this feeling that actually no one
is ever ready to do anything.
There is almost no such thing as ready.
There is only now.

Hugh Laurie

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When life gets you down,
you know what you gotta do?
Just keep swimming.

Dory. Finding Nemo, 2003.



Perfection is impossible.
However, striving for perfection is not.
Do the best you can
under the conditions that exist.
That is what counts.

John Wooden

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*Everything in the universe has a rhythm.
Everything dances.*

Maya Angelou



The 3 C's in Life:
Choice, Chance, Change.
You must make the choice,
To take the chance
If you want anything in
Life to change.

Robin Joy Meyers



**You can fail at what you don't want,
so you might as well take a chance
on doing what you love.**

Jim Carrey

7 Rules of Life

1. Make peace with your past so it won't screw up the present.
2. What others think of you is none of your business.
3. Time heals almost everything, give it time.
4. Don't compare your life to others and don't judge them. You have no idea what their journey is all about.
5. Stop thinking too much, it's alright not to know the answers. They will come to you when you least expect it.
6. No one is in charge of your happiness, except you.
7. Smile. You don't own all the problems in the world.

Unknown



If you can't explain something simply,
you don't understand it well enough.

Albert Einstein



Life is not a journey to the grave
with the intention of arriving
safely in a well preserved body,

but rather to skid in broadside,
thoroughly used up, totally worn
out, and loudly proclaiming,

“Wow what a ride!”

Hunter S. Thompson



I hope that in this year to come, you make mistakes.

Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world.

You're doing things you've never done before, and more importantly, you're doing something.

Neil Gaiman



You can't really be **strong** until
you can see a **funny side** to things.

Ken Kesey



He who does not understand
your silence
will never understand
your words.

Elbert Hubbard



If life can remove someone
you never thought of losing,
it can replace with someone
you never dreamed of having.

Rachel Wolchin



Those of you who quarantined without kids, how was it?

Anonymous



I was bullied and regarded
as a little bit of an oddball myself.

Peter Jackson



Will it be easy?

Nope.

Will it be worth it?

Absolutely!

Unknown



IT IS BETTER TO DEBATE A
QUESTION WITHOUT SETTLING
IT THAN TO SETTLE A QUESTION
WITHOUT DEBATING IT.

Joseph Joubert



If you must look back, do so
forgivingly.

If you must look forward, do so
prayerfully.

However, the wisest thing you can do is
be present in the present...

Gratefully.

Maya Angelou



**life isn't about waiting
for the storm to pass.
it's about learning how
to dance in the rain.**

Vivian Greene



MOST PEOPLE QUIT AT 40%.

Cameron Hanes



I never learned anything while
I was talking.

Larry King (1933-2021)



No matter how many mistakes you make or how slow you progress, you are still way ahead of everyone who isn't trying.

Tony Robbins



Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are.

John Wooden



If money is your hope for independence you will never have it.

The only real security that a man will have in this world is a reserve of knowledge, experience and ability.

Henry Ford

The logo for Eagle, featuring a stylized white eagle head profile inside a red square, followed by the word "Eagle" in a white serif font with a registered trademark symbol.

**DON'T CRITICISE WHAT YOU
DON'T UNDERSTAND, SON.**

Elvis Presley



You don't have to see
the whole staircase,
just take the first step.

Martin Luther King, Jr.



You should try to
watch more sunsets
than Netflix.

Unknown



Sorrow looks back,
WORRY LOOKS AROUND,
faith looks up.

Ralph Waldo Emerson

A dream doesn't become
reality through magic;
it takes sweat,
determination & hard work.

Colin Powell (1937-2021)



KNOWLEDGE
is knowing a tomato is a fruit;
WISDOM
is not putting it in a fruit salad.

Miles Kington



Excellence is never an accident.
It is always the result of high intention,
sincere effort and intelligent execution;
it represents the wise choice of many alternatives -
choice, not chance, determines your destiny.

Aristotle



The broccoli says:
'I look like a small tree',

the mushroom says:
'I look like an umbrella',

the walnut says:
'I look like a brain',

and the banana says:
'Can we please change the subject?'

Anonymous



Some succeed because
they are destined to,
but most succeed because
they are determined to.

Charlie Brown



I don't care what anybody says,
eventually, all good people get tired of
being good to ungrateful people.

Unknown



**Great opportunities
are not seen with your eyes.
They are seen with your mind.**

Robert Kiyosaki

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Never regret anything
that made you smile.

Mark Twain

The future
belongs to those
who believe
in the beauty of
their dreams.

Eleanor Roosevelt



Conditions are never perfect.

'Someday' is a disease that will take your dreams to the grave with you....

If it's important to you and you want to do it *'eventually,'* just do it and correct the course along the way.

Tim Ferriss



If you make your bed every morning, you will have accomplished the first task of the day.

It will give you a small sense of pride, and it will encourage you to do another task, and another and another.

If, by chance, you have a miserable day, you will come home to a bed that's made - that you made.

And a made bed gives you encouragement that tomorrow will be better.

Admiral William McRaven



**WHEREVER THERE IS CHANGE
AND WHEREVER THERE IS UNCERTAINTY,
THERE IS OPPORTUNITY!**

Mark Cuban

The way to get started is
to quit talking
and begin doing.

Walt Disney



Hard work beats talent when
talent doesn't work hard.

Tim Notke



**Only put off until tomorrow what you
are willing to die having left undone.**

Pablo Picasso



If you don't find
your passion
in your paycheck,
go find it
somewhere else.

Sara Haines



Be a
cupcake
in a world full of
muffins.

Unknown

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Turn your face toward the sun
and the shadows will fall behind you.

A Māori Proverb



Be the best version of yourself in
anything that you do.

You don't have to live anybody
else's story.

Stephen Curry



**I think the more unexpected something is,
the more there is to learn from it.**

Michael J. Fox



Keep some room in
your heart for the
unimaginable.

Mary Oliver



Do not think your single vote
does not matter much.

The rain that refreshes the parched
ground is made up of single drops.

Kate Sheppard



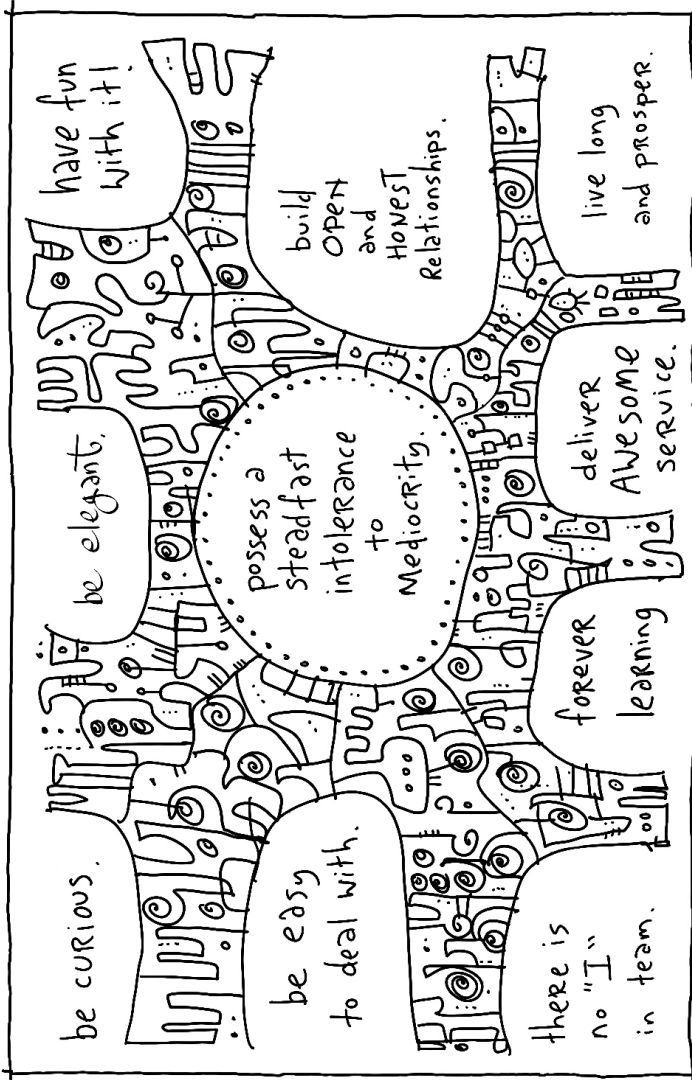
You have to be odd to be
number one.

Dr. Seuss



OUR CORE VALUES:

1. *Be Easy to Deal with*
2. Deliver AWESOME Service
3. Have Fun with it!
4. Possess a steadfast intolerance to mediocrity
5. Forever Learning
6. **Build Open and Honest Relationships**
7. There is no "i" in Team
8. Be Curious
9. *Be Elegant*
10. Live Long and Prosper



hugh



MY QUOTES:



MY QUOTES:



MY QUOTES: