# Dartwood Mini Deep Tissue Massager

**USER MANUAL** 



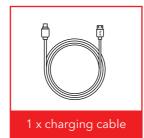
# In the Box





4 x massage heads





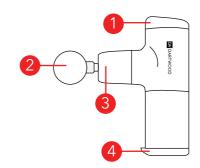
# Safety Information

- Follow all of the instructions listed in this manual. Improper use of this device could result in injury or health complications.
- Always consult your physician if you have questions about using this product, especially for people who have preexisting health problems.

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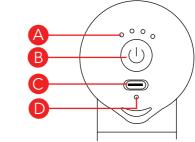
# Introduction to Parts



- 1. Air ventilation
- 3. Hole for massage head
- 2. Detachable massage heads
- 4. Control panel

### **Control Panel**

- A. Speed indicator lights
- B. Power button
- C. Charging port D. Power indicator



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# Massage Heads

The following massage heads are included to target different muscle groups:



• Air cushioned - for sensitive muscles and relaxation



• U-shaped - for neck, spine, and Achilles



• Flat - for back bulk muscle groups



• Bullet - for deep tissue including meridians, joints, palms, and soles

# Operation

# Changing The Massage Heads:

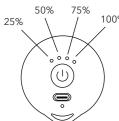
- 1. Select the appropriate massage head.
- 2. Push the massage head into the hole until there is no gap between the massage gun and the massage head.

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3. To remove the head from the massage gun, twist and pull it

140mm

- button for 3 seconds.
- 2. Move the massage gun to your body gently.
- on. The intensity of each gear is as follows:



button for 3 seconds to turn it off.

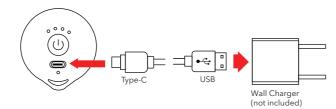
Note: The massage gun will automatically turn off after a 10min massage cycle.

### Charging the Massage Gun

1. Fully charge the massage gun before first use and after

4. After finishing the treatment, press and hold the power

2. Connect the charging cable to the charging port and the power source.



3. Once it is fully charged, the power indicator will turn to solid green.

### **Important Tips**

- Always start with low-intensity gear before moving to a higher-intensity gear. Overuse can hurt and lead to more
- Press the massage gun lightly on the desired area and let it glide across the skin. Repeat this several times, then, slowly adjust by adding a little bit of pressure at a time.

# Maintenance

battery life.

Cleaning and Storage

and let it dry completely

cool dry place.

failure.

• Check your device regularly and stop using it if you smell burning, hear odd sounds, or if there are missing parts.

• Do not use this product if you are prone to aneurysm,

• Do not use this product after internal fixation within 3

start moving it to another part of your muscle.

product as it may cause danger to the user.

objects which may reduce the airflow.

• When your muscle has already adjusted with the massage gun's intensity, you can let it rest for a while. Then, you can

• Do not crush, impale, disassemble or attempt to repair the

• Keep the massage gun free of dust, hair, lint, or any other

• Store it in the supplied travel case and keep the device in a

• Do not attempt to clean internal surfaces. Cleaning should

not require disassembling the device. Disassembling the device to clean internal mechanisms could result in device

• Clean the device regularly. Use a towel to wipe the surface

• If this device is not used for extended periods, charge the

massage gun at least every 3 months to optimize the

bleeding, or taking blood thinners.

• Do not use this product if you are pregnant.

- Do not expose the product to a heat source or to direct
- Do not overcharge the product as it will shorten the battery
- Never use this product under bed covers or pillows to avoid overheating, which may shorten the product life and damage the device.

# Frequently Asked Questions

#### 1. What can I use the massage gun for?

Generally, the massage gun can be used to reduce muscle soreness, stiffness, and enhance your body's flexibility.

#### 2. When should you NOT use the massage gun?

The massage gun can be used by most people. However, people in the following situations should avoid using the device, or consult the doctor before usage:

- Pregnant
- Sprains
- Muscle Strains
- Blood Thinners
- Blood Clots Fractures
- Inflammations

## 3. Which part of the body can I use it on?

Use it on any muscular area of the body. Do not use it on the face, neck, throat, or other sensitive areas of the body. It might bruise the delicate skin and cause injuries. Do not use the massage gun on injuries that are still recovering, e.g. stitches to avoid the breaking of the skin.

#### 4. Can the massage gun be used during pregnancy?

No. Do not use this device during pregnancy, especially over the abdominal area.

# **Product Specifications**

Color: Black 2000 - 3200 RPM Rotation rate:

2000 mAh Battery capacity: 4 hr (Max.) Battery life: Amplitude: 6 mm  $< 60 \, dB$ Running sound:

0.77 lb / 350 g (Main body) Weight:

- \* Specifications are subject to change without notice.
- \*\* Battery life is subject to the intensity and actual environmental factors.

# Get More Support

Scan the QR code below or email us at contact@wasserstein-home.com.







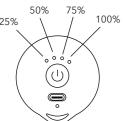
For more information, please visit: www.wasserstein-home.com or contact us at: contact@wasserstein-home.com Made in China

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# Using the Massage Gun

- 1. To turn on the massage gun, press and hold the power
- 3. To change the intensity, press the power button once it is



**Note:** Hold the massage gun at all times during treatment. Never apply excessive force to the massage gun as it may damage the product.

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