

## Ingredients

Organic oats, oleic sunflower oil, organic milk protein, golden flaxseeds, oat bran, almond, organic coconut flour, organic pea protein, organic agave, organic maca, organic acai berries, extracts and concentrates (green tea, red and white grape, blueberry, carrot, grapefruit, papaya, pineapple, strawberry, apple, apricot, cherry, orange, broccoli, green cabbage, onion, garlic, blackcurrant, asparagus, tomato, olive, cucumber), lactose, natural almond aroma, organic spirulina, organic chlorella, natural rosemary extract, probiotics.

**Added minerals:** sodium chloride, chromium chloride, potassium chloride, trimagnesium citrate, sodium molybdate, potassium iodide, iron pyrophosphate, zinc gluconate

**Added vitamins:** A, B2, B3, B5, B6, B8, B9, C (acerola), D3, K2

**Allergens:** milk (lactose), almond (nuts)

## Nutritional facts

## Almond (v.6.1)

Average nutritional values	Per 100g	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Energy	432 kcal	668 kcal	33,4 %
Protein	19,7 g	30,4 g	60,8 %
Carbohydrate of which sugars	47,2 g 6,0 g	72,9 g 9,2 g	28,0 % 10,2 %
Fats of which saturates of which monounsaturates (Omega 9) of which polyunsaturates Omega 6 Omega 3	18,2 g 2,8 g 9,3 g 3,8 g 2,7 g 1,0 g	28,0 g 4,3 g 14,4 g 5,9 g 4,2 g 1,6 g	40,0 % 21,5 % - - - -
Fibre	8,8 g	13,6 g	-
Salt	0,7 g	1,0 g	16,7 %

<sup>(3)</sup> Serving size = 155 g.

<sup>(4)</sup> Nutrients Reference Values of an average adult per day : 2000 kcal

1 meal = 33% of daily needs  
ORAC value = 2211/meal  
Low glycemic index = 24  
Optimal omegas 3/6 ratio = 1/3  
Natural organic ingredients

1 meal = 3 portions of fruits and vegetables

Low sugar  
High digestibility  
Contains superfood

Made in FRANCE

The best of nutrition.  
Simply.



Natural ingredients



Gluten free



Vegetarian



No artificial additive



OGM free



No preservative

## Recommended use



Add 400 ml of water in a shaker



Add 155 g of Vitaline (~300 ml)



Shake it. It's ready!

## Vitamins

	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Vitamin A	385,5 µg	48,2 %
Vitamin B1	972,8 µg	88,4 %
Vitamin B2	692,0 µg	49,4 %
Vitamin B3	7,9 µg	49,3 %
Vitamin B5	3,2 µg	52,8 %
Vitamin B6	755,6 µg	54,0 %
Vitamin B8 (biotine)	24,8 µg	49,6 %
Vitamin B9	112,5 µg	56,2 %
Vitamin B12	1,8 µg	70,9 %
Vitamin C	120,4 mg	150,5 %
Vitamin D3	5,0 µg	100,7 %
Vitamin E	12,0 mg	100,1 %
Vitamin K1	5,1 µg	6,8 %
Vitamin K2	25,1 µg	33,4 %

## Minerals

	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Magnesium	219,3 mg	58,5 %
Calcium	432,2 mg	54,0 %
Iron	8,6 mg	61,2 %
Sodium	395,0 mg	16,4 %
Potassium	641,6 mg	32,1 %
Zinc	6,0 mg	60,3 %
Copper	691,7 µg	69,2 %
Iodine	74,6 µg	49,7 %
Phosphorus	854,3 mg	122,0 %
Selenium	36,8 µg	67,0 %
Chromium	25,3 µg	63,3 %
Manganese	3,9 mg	197,1 %
Fluoride	0 mg	0,0 %
Chloride	55,6 mg	7,0 %
Molybdenum	25,1 µg	50,2 %

## Ingredients

Organic oats, oleic sunflower oil, organic milk protein, cacao, organic agave, golden flaxseeds, oat bran, organic coconut flour, organic pea protein, organic maca, organic açai berries, extracts and concentrates (green tea, red and white grape, blueberry, carrot, grapefruit, papaya, pineapple, strawberry, apple, apricot, cherry, orange, broccoli, green cabbage, onion, garlic, blackcurrant, asparagus, tomato, olive, cucumber), lactose, organic spirulina, organic chlorella, natural rosemary extract, probiotics.

**Added minerals:** sodium chloride, chromium chloride, potassium chloride, trimagnesium citrate, sodium molybdate, potassium iodide, iron pyrophosphate, zinc gluconate

**Added vitamins:** A, B2, B3, B5, B6, B8, B9, C (acerola), D3, K2

*Allergens: milk (lactose)*

## Nutritional facts

Average nutritional values	Cacao (v.6.2)		
	Per 100g	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Energy	424 kcal	661 kcal	33,1 %
Protein	19,1 g	29,8 g	59,6 %
Carbohydrate of which sugars	45,6 g 7,9 g	71,2 g 12,4 g	27,4 % 13,8 %
Fats of which saturates of which monounsaturates (Omega 9) of which polyunsaturates Omega 6 Omega 3	17,8 g 3,3 g 9,8 g 3,6 g 2,6 g 0,98 g	27,8 g 5,2 g 15,3 g 5,7 g 4,1 g 1,5 g	39,7 % 26,0 % - - - -
Fibre	9,7 g	15,1 g	-
Salt	0,7 g	1,0 g	16,7 %

<sup>(3)</sup> Serving size = 155 g.

<sup>(4)</sup> Nutrients Reference Values of an average adult per day : 2000 kcal

## Vitamins

	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Vitamin A	382,8 µg	47,8 %
Vitamin B1	910,3 µg	82,8 %
Vitamin B2	657,3 µg	46,9 %
Vitamin B3	7,7 µg	48,1 %
Vitamin B5	3,3 µg	54,8 %
Vitamin B6	741,8 µg	53,0 %
Vitamin B8 (biotine)	24,5 µg	49,1 %
Vitamin B9	106,2 µg	53,1 %
Vitamin B12	1,8 µg	71,5 %
Vitamin C	119,0 mg	148,8 %
Vitamin D3	5,0 µg	99,6 %
Vitamin E	12,3 µg	102,7 %
Vitamin K1	5,0 µg	6,7 %
Vitamin K2	24,8 µg	33,0 %

## Minerals

	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Magnesium	230,7 mg	61,5 %
Calcium	418,2 mg	52,3 %
Iron	9,3 mg	66,5 %
Sodium	400,0 mg	16,7 %
Potassium	577,8 mg	28,9 %
Zinc	6,2 mg	62,0 %
Copper	845,5 µg	84,5 %
Iodine	73,7 µg	49,2 %
Phosphorus	843,9 mg	120,6 %
Selenium	34,9 µg	63,5 %
Chromium	25,0 µg	62,6 %
Manganese	3,5 mg	176,0 %
Fluoride	0 mg	0,0 %
Chloride	55,0 mg	6,9 %
Molybdenum	24,8 µg	49,6 %

1 meal = 33% of daily needs  
ORAC value = 2211/meal  
Low glycemic index = 24  
Optimal omegas 3/6 ratio = 1/3  
Natural organic ingredients

1 meal = 3 portions of fruits and vegetables

Low sugar  
High digestibility  
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Simply.



Natural ingredients



Gluten free



Vegetarian



No artificial additive



OGM free



No preservative

## Recommended use



Add 400 ml of water in a shaker



Add 155 g of Vitaline (~300 ml)



Shake it. It's ready !

## Ingredients

Organic oats, oleic sunflower oil, organic milk protein, golden flaxseeds, oat bran, almond, organic coconut flour, organic pea protein, organic agave, strawberry, raspberry, blackcurrant, beetroot, organic maca, natural berries extract, organic açai berries, extracts and concentrates (green tea, red and white grape, blueberry, carrot, grapefruit, papaya, pineapple, strawberry, apple, apricot, cherry, orange, broccoli, green cabbage, onion, garlic, blackcurrant, asparagus, tomato, olive, cucumber), lactose, organic spirulina, organic chlorella, natural rosemary extract, probiotics.

**Added minerals:** sodium chloride, chromium chloride, potassium chloride, trimagnesium citrate, sodium molybdate, potassium iodide, iron pyrophosphate, zinc gluconate

**Added vitamins:** A, B2, B3, B5, B6, B8, B9, C (acerola), D3, K2

Allergens: milk (lactose)



Natural ingredients



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## Recommended use



Add 400 ml of water in a shaker



Add 155 g of Vitaline (~300 ml)



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## Nutritional facts

Average nutritional values	Berries (v.6.3)		
	Per 100g	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Energy	429 kcal	664 kcal	33,2 %
Protein	19,4 g	30,1 g	60,2 %
Carbohydrate of which sugars	47,6 g 8,9 g	73,7 g 13,8 g	28,4 % 15,3 %
Fats of which saturates of which monounsaturates (Omega 9) of which polyunsaturates Omega 6 Omega 3	18,2 g 2,7 g 11,0 g 3,7 g 2,6 g 0,99 g	28,2 g 4,2 g 17,1 g 5,7 g 4,1 g 1,5 g	40,3 % 20,9 % - - - -
Fibre	10,2 g	15,8 g	-
Salt	0,7 g	1,0 g	16,7 %

<sup>(3)</sup> Serving size = 155 g.

<sup>(4)</sup> Nutrients Reference Values of an average adult per day : 2000 kcal

## Vitamins

	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Vitamin A	384,7 µg	48,1 %
Vitamin B1	847,2 µg	77,9 %
Vitamin B2	629,4 µg	45,0 %
Vitamin B3	7,5 mg	46,8 %
Vitamin B5	3,1 mg	51,9 %
Vitamin B6	737,8 µg	52,7 %
Vitamin B8 (biotine)	24,8 µg	49,7 %
Vitamin B9	103,8 µg	51,9 %
Vitamin B12	2,0 µg	79,5 %
Vitamin C	120,0 mg	150,0 %
Vitamin D3	5,0 µg	100,4 %
Vitamin E	14,1 mg	117,2 %
Vitamin K1	5,0 µg	6,7 %
Vitamin K2	24,6 µg	32,8 %

## Minerals

	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Magnesium	191,0 mg	50,9 %
Calcium	454,9 mg	56,9 %
Iron	8,4 mg	60,0 %
Sodium	409,0 mg	17,1 %
Potassium	563,1 mg	28,2 %
Zinc	5,4 mg	53,7 %
Copper	575,9 µg	57,6 %
Iodine	74,0 µg	49,4 %
Phosphorus	765,2 mg	109,3 %
Selenium	31,5 µg	57,3 %
Chromium	25,2 µg	63,1 %
Manganese	3,2 mg	161,4 %
Fluoride	0 mg	0,0 %
Chloride	55,4 mg	6,9 %
Molybdenum	25,0 µg	50,0 %

1 meal = 33% of daily needs  
ORAC value = 2211/meal  
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Optimal omegas 3/6 ratio = 1/3  
Natural organic ingredients

1 meal = 3 portions of fruits and vegetables

Low sugar  
High digestibility  
Contains superfood



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Simply.

## Ingredients

Organic pre-cooked buckwheat flour, oleic sunflower oil, organic milk protein, organic golden flaxseeds, organic pre-cooked rice flour, organic cassava syrup, organic chesnut flour, organic carrots, organic coconut flour, organic pea protein, organic agave, organic turmeric, organic onions, organic potatoes, organic maca, organic acacia fibre, organic parsley, organic açai berries, extracts and concentrates (green tea, red and white grape, blueberry, carrot, grapefruit, papaya, pineapple, strawberry, apple, apricot, cherry, orange, broccoli, green cabbage, onion, garlic, blackcurrant, asparagus, tomato, olive, cucumber), lactose, natural vegetables aroma, organic spirulina, organic chlorella, natural rosemary extract, blackpepper, probiotics.

**Added minerals:** sodium chloride, chromium chloride, potassium chloride, trimagnesium citrate, sodium molybdate, potassium iodide, iron pyrophosphate, zinc gluconate

**Added vitamins:** A, B2, B3, B5, B6, B8, B9, C (acerola), D3, K2

**Allergens:** milk (lactose), celery, mustard

## Nutritional facts

Average nutritional values	Carrot Turmeric (v.6.4)		
	Per 100g	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Energy	418 kcal	662 kcal	33,1 %
Protein	18,9 g	30,0 g	60,0 %
Carbohydrate of which sugars	49,1 g 8,9 g	77,8 g 14,1 g	29,9 % 15,7 %
Fats of which saturates of which monounsaturates (Omega 9) of which poyunsaturates	16,2 g 2,3 g 9,5 g 3,2 g	25,6 g 3,6 g 15,1 g 5,1 g	36,6 % 18,2 % - -
Omega 6 Omega 3	1,7 g 1,5 g	2,6 g 2,5 g	- -
Fibre	7,1 g	11,2 g	-
Salt	1,0 g	1,5 g	26,9 %

<sup>(3)</sup> Serving size = 155 g.

<sup>(4)</sup> Nutrients Reference Values of an average adult per day : 2000 kcal

## Vitamins

	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Vitamin A	384,7 µg	48,1 %
Vitamin B1	370,9 µg	33,7%
Vitamin B2	622,3 µg	44,5%
Vitamin B3	7,7 mg	48,6%
Vitamin B5	3,1 mg	51,7%
Vitamin B6	745,0 µg	53,2%
Vitamin B8 (biotine)	24,8 µg	49,7%
Vitamin B9	90,4 µg	45,2%
Vitamin B12	2,2 µg	89,5%
Vitamin C	120,0 mg	150,0%
Vitamin D3	5,0 µg	100,4 %
Vitamin E	12,0 mg	107,5 %
Vitamin K1+K2	27,4 µg	32,8 %

## Minerals

	Per serving <sup>(3)</sup>	% NRV <sup>(4)</sup> per serving <sup>(3)</sup>
Magnesium	160,4 mg	42,8 %
Calcium	509,4 mg	63,7 %
Iron	9,4 mg	67,8 %
Sodium	647,0 mg	27,0 %
Potassium	416,3 mg	20,8 %
Zinc	3,5 mg	35,1 %
Copper	591,7 µg	39,2 %
Iodine	74,6 µg	49,7 %
Phosphorus	418,1 mg	59,7 %
Selenium	5,6 µg	10,2 %
Chromium	25,2 µg	63,1 %
Manganese	1,4 mg	71,6 %
Fluoride	0 mg	0,0 %
Chloride	55,4 mg	6,9 %
Molybdenum	25,0 µg	50,0 %

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## Recommended use



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