

Massage Gun

Product Manual



Thank you for purchasing this product. Please read the instruction manual carefully before using equipment, and use the equipment correctly in accordance with the instructions. Keep this manual for future reference.

Massage gun uses:
Suitable for physical massage before/after exercise.

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IMPORTANT PRECAUTIONS

In order to reduce the risk of malfunction, electric shock, injury, fire, death and equipment damage, please carefully read all the product descriptions and warnings in this manual before using this product.

I. PROHIBITION

- It is forbidden for minors to use it, if you have been injured, it is forbidden to use this product. Please consult your doctor before using this device when muscles are injured.
- It is forbidden to use it on the surface of non-dry and non-clean skin. It can be used across clothes. Gently press and move on the skin for about 60 seconds per part.
- It is forbidden to use it on the parts above the neck and where the muscles are less covered. It is forbidden to use it on the bones. If it does not cause pain or discomfort, use this product only on the soft tissues of the body.
- It is forbidden to use it when there is a bruise, pain or discomfort.
- It is forbidden to place any objects in the ventilation holes of the product.
- It is forbidden to immerse the product in water, and do not allow water to enter the ventilation holes of the product..
- It is forbidden to put the product in the fire or close to the fire source.
- It is forbidden to drop this product intentionally.
- It is forbidden to disassemble this product in any way.
- It is forbidden for fingers, hair or other parts of the body to be close to the shaft and back of the massage head to avoid pinching injuries.
- It is forbidden to use by children under 8 years old. Children are not allowed to use, clean and maintain the product without supervision.

When starting the machine without the massage head installed, do not touch this part to avoid pinching.

When installing the massage head to start the machine, do not touch this part to avoid pinching.

DISCLAIMER

- If you have any of the following cases, please consult a doctor before use.
- Pregnancy
 - Pacemaker wear
 - Recent surgery
 - Spine, joint or bone disease
 - Complications caused by other diseases(such as neuropathy or retinal)

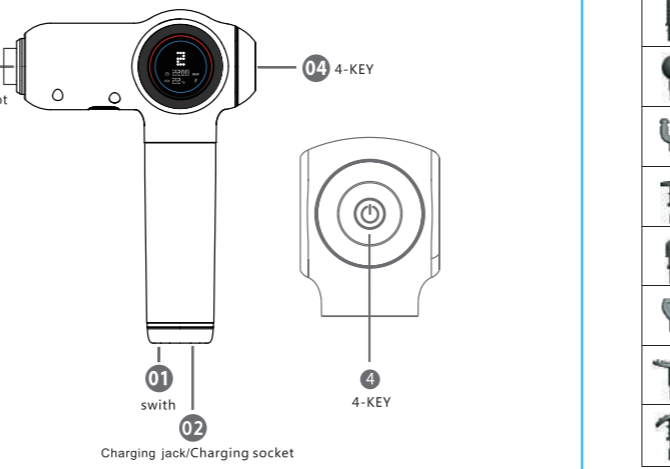
The current ongoing research is about the impact of vibration training on certain medical diseases. This is likely to reduce the above-mentioned contraindications. Practical experience shows that in many cases, combining vibration training into the treatment plan is also a treatment method. This must be done with the advice or accompaniment of a doctor, expert, or physical therapist.

PRECAUTIONS FOR USE

- Pull out the charger after charging.
- Do not use this product while charging.
- Please follow the instructions to use the product.
- Before each use, check carefully whether the product can be used normally according to the operation method in this book.

II. PRODUCT INTRODUCTIONS

Thank you for choosing Massage Gun .



① Switch	Next to the charging jack is the main switch. After turning it on, press the switch to speed up in 1-9 gears. Turn off the main switch after use.
② Charging jack	<ol style="list-style-type: none"> When using the device for the first time, please fully charge the battery. Please use the original charger. Please make sure the device is not in working condition when charging!
③ Massage head replacement	Pull down the massage head and insert another massage head into the slot.

III. USAGE INSTRUCTIONS

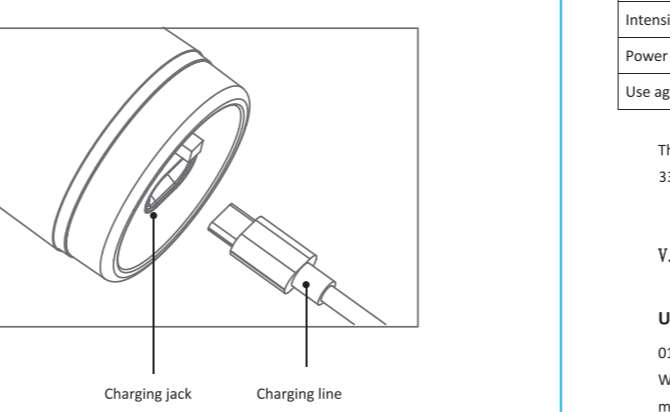
Image	Name	Massage effect
	Bullet Head	Used to impact the deep tissue
	50MM Round Head	Suitable for massaging large muscle groups such as spine and thighs
	U Shape Head	Suitable for massaging the Achilles tendons on both sides of the spine.
	Flat Head	Suitable for relaxation and shaping of various muscle parts.
	Bullet Head	Suitable for impacting deep tissue such as Meridians, palms and soles.
	D Shape Head	Suitable for relaxation and shaping of various muscle parts.
	Crescent Head	Suitable for muscle massage of arms and legs to relax.
	T Shape Head	Suitable for large muscle groups, buttocks, waist

* The number and style of the massage head are configured according to the order purchased by the user.

01. Keep the equipment away from liquids, heat sources and fire.
02. It is forbidden to disassemble and modify the equipment without authorization;
03. For injured parts of the body, it is prohibited to use the equipment without the permission of a doctor;
04. The battery of the device is not removable. If you need to replace the battery, Please contact the customer service support.

CHARGING

The charging port is located at the bottom of the massage gun handle.



- When using the device for the first time, please fully charge the battery.
- The power indicator on the device flashes regularly, indicating that it is being charged.
- The power indicator light is on, indicating that the battery is full.
- The battery can be charged at any time and at any power level, and the device cannot be turned on while charging.
- After the power indicator light turns red, please charge it.
- Please use the original charging cable.
- Please use a 5V 2A or 2A USB charging adapter that meets the national standard to charge the machine. Inferior quality adapters may cause product failure and damage.

IV. BASIC PARANETERS

Product name: Massage Gun	Product Type:
Intensity unit: 9 levels adjustment	Rated voltage: 12V
Power supply mode: rechargeable lithium battery	Charging time: about 3.5h
Use age: over 18 years old Not for pregnant women	Use environment: 0-40 degrees Celsius

This equipment is equipped with a lithium battery with a rated voltage of 12V and 3300mAh, which can work continuously for 3 hours in a low gear.

V. COMMON PROBLEMS

Unable to start

- The temperature is too high:
When the massage gun is used in an environment above 40 degrees Celsius, the massage gun may trigger high temperature and overheat protection, and the whole machine may not be able to start normally.
Solution: Keep it in an environment below 40 degrees Celsius for 2 hours, and then turn it on again.
- The battery power is "0":
When the battery is out of power, if the user does not charge for a long time, the battery will be low-power protection, collectively referred to as over-discharge protection. At this time, the massage gun will not work normally if it is turned on again.
Solution: Keep the power off, connect the charger (power adapter), the massage gun automatically enters the charging state, when the charger is fully charged, unplug the charger, the massage gun can work normally.

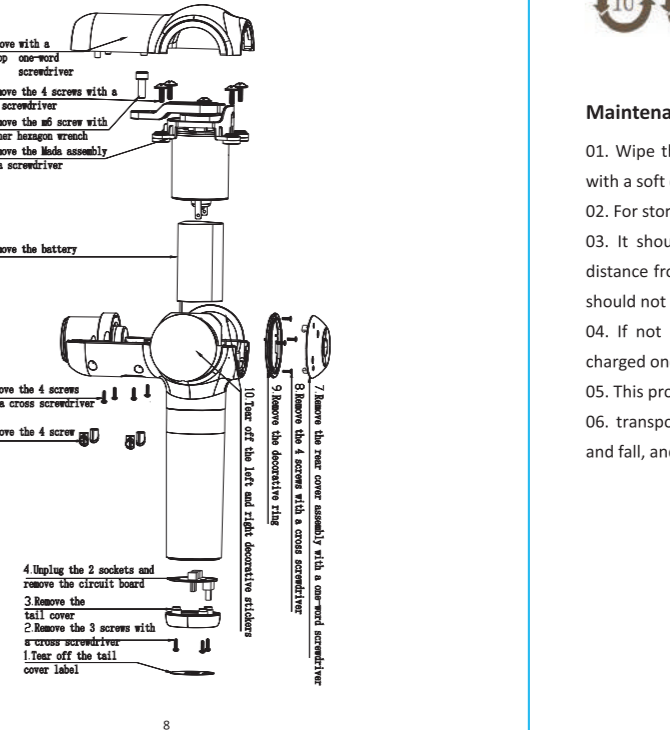
VI. RECYCLE

Do not discard this product together with household waste at the end of its service life. Put this product in a government-designated recycling station, or send this product back to the manufacturer's after-sales service center. The service center staff will use an environmentally sound manner deal with.
Removing rechargeable batteries according to the following steps, after the removal of the battery do not re-energized.

Error Description	How to solve
01. The massage head slides out and falls	Check whether the massage head is installed in place.
02. The product cannot be turned on	Check whether the battery is sufficient (if not used for a long time, please charge it for more than 8 hours).
03. The product cannot be charged	Check whether the charging cable and the charging socket are inserted in place.
04. Suddenly stop running continuously for 10 minutes	This phenomenon is the long-term operation protection function setting is changed from running to standby mode. Short press the button to restart. It is a normal phenomenon (see page 6 of the manual for specific operations).
05. Stop output after the massage head is blocked	This phenomenon is the setting of the protection function for abnormal operation, and it is switched from running to standby mode, and it can be restarted by pressing the button shortly. It is a normal phenomenon (see page 6 of the manual for specific operations).

Reasonable use of products can effectively extend the service life

- Suggest:
- Do not throw or drop during use.
 - The longest continuous use time is recommended not to exceed 30 minutes.
 - Please charge the product once every other month if you do not use it for a long time.



Environmental protection use period

This electronic and electrical products in the use of the conditions described in the manual, the harmful substances or elements contained in the product will not leak, do not cause pollution to the environment or serious damage to human life, property period is 10 years.



Maintenance, cleaning, storage, transportation

- Wipe the surface of the equipment with a slightly damp towel, and then dry it with a soft cloth.
- For storage or travel, put it in the package provided.
- It should be stored in a dry, well-ventilated place without corrosive gas, the distance from the ground is not less than 250mm, and the number of stacked layers should not exceed 5 layers.
- If not used for a long time, it should be cleaned, packaged and stored, and charged once every month.
- This product is suitable for automobile, train, ship and plane transportation.
- transportation should be fixed product, prevent violent vibration, collision, roll and fall, and up, light and rain proof.