



ANALYSIS OF RESULTS FOR SCHOOLS EVENTS FINALS AT THE 2019 NATIONAL REGATTA

2000	TIME STANDARD					
MSCH	1st	m/s	RELATIVE BOAT SPEED	NATIONALS 2019 FINAL	m/s	% Efficiency
8	5:55.	5.634	100.0%	6:08.81	5.423	96.26%
4x+	6:26.	5.183	92.0%	6:54.49	4.825	93.10%
4+	6:34.	5.070	90.0%	6:52.76	4.845	95.56%
1x	7:08.	4.676	83.0%	7:52.60	4.232	90.50%

	TIME STANDARD					
FSCH	1st	m/s	RELATIVE BOAT SPEED	NATIONALS 2019 FINAL	m/s	% Efficiency
8	6:34.	5.070	100.0%	6:53.67	4.835	95.35%
4x+	7:09.	4.665	92.0%	7:37.67	4.370	93.68%
4+	7:18.	4.563	90.0%	7:38.98	4.357	95.49%
1x	7:55.	4.208	83.0%	8:29.26	3.927	93.32%

PERFORMANCE DENSITY AND INTENSITY OF EACH RACE

MSCH	WINNING TIME	M/S	AVERAGE TIME FOR FINAL	2ND PLACE (SEC)	WINNERS TIME DIFFERENCE FROM THE AVERAGE
8	6:08.81	5.423	6:18.39	4.39	09.58
4x+	6:54.49	4.825	6:59.26	0.64	04.77
4+	6:52.76	4.845	7:03.65	5.18	10.88
1x	7:52.60	4.232	8:02.59	2.31	09.99

FSCH	WINNING TIME	M/S	AVERAGE TIME FOR FINAL	2ND PLACE (SEC)	WINNERS TIME DIFFERENCE FROM THE AVERAGE
8	6:53.67	4.835	7:03.56	3.96	09.89
4x+	7:37.67	4.370	7:50.83	1.92	13.16
4+	7:38.98	4.357	7:53.29	1.55	14.31
1x	8:29.26	3.927	8:45.97	5.95	16.71