



## ANALYSIS OF RESULTS FOR SCHOOLS EVENTS FINALS AT THE 2016 NATIONAL REGATTA

2000	TIME STANDARD					
MSCH	1st	m/s	RELATIVE BOAT SPEED	NATIONALS 2016 FINAL	m/s	% Efficiency
8	05:55.	5.634	100.0%	5:58.56	5.578	99.0%
4x+	06:26.	5.183	92.0%	6:27.38	5.163	99.6%
4+	06:34.	5.070	90.0%	6:40.96	4.988	98.4%
1x	07:08.	4.676	83.0%	7:21.88	4.526	96.8%

	TIME STANDARD					
FSCH	1st	m/s	RELATIVE BOAT SPEED	NATIONALS 2016 FINAL	m/s	% Efficiency
8	06:34.	5.070	100.0%	6:43.76	4.953	97.7%
4x+	07:09.	4.665	92.0%	7:09.95	4.652	99.7%
4+	07:18.	4.563	90.0%	7:26.93	4.475	98.1%
1x	07:55.	4.208	83.0%	8:07.32	4.104	97.5%

## PERFORMANCE DENSITY AND INTENSITY OF EACH RACE

MSCH	WINNING TIME	M/S	AVERAGE TIME FOR FINAL	2ND PLACE (SEC)	WINNERS TIME DIFFERENCE FROM THE AVERAGE
8	5:58.56	5.578	6:03.84	2.11	05.28
4x+	6:27.38	5.163	6:37.82	4.30	10.44
4+	6:40.96	4.988	6:44.62	2.34	03.66
1x	7:21.88	4.526	7:37.48	4.82	15.60

FSCH	WINNING TIME	M/S	AVERAGE TIME FOR FINAL	2ND PLACE (SEC)	WINNERS TIME DIFFERENCE FROM THE AVERAGE
8	6:43.76	4.953	6:51.79	1.89	08.03
4x+	7:09.95	4.652	7:23.26	6.34	13.31
4+	7:26.93	4.475	7:38.93	5.29	12.00
1x	8:07.32	4.104	8:23.08	6.95	15.76