



ANALYSIS OF RESULTS OF HOSG SENIOR DIV 1 EVENTS FINALS 2017

TIME STANDARD						
FSCHE	1st CREW	m/s	RELATIVE BOAT SPEED	HOSG 2017	m/s	% Efficiency
8	04:56.	5.07	100.0%	5:18.00	4.72	93.1%
4x+	05:22.	4.66	92.0%	5:49.34	4.29	92.2%
4+	05:29.	4.56	90.0%	5:58.69	4.18	91.7%
2x	05:32.	4.52	89.0%	6:12.20	4.03	89.2%
1x	05:57.	4.20	83.0%	6:35.52	3.79	90.3%

PERFORMANCE DENSITY AND INTENSITY OF EACH RACE

FSCHE	WINNING TIME	M/S	AVERAGE TIME FOR FINAL	2ND PLACE (SEC)	WINNERS TIME DIFFERENCE FROM THE AVERAGE
8	5:18.00	4.72	5:23.30	1.44	05.30
4x+	5:49.34	4.29	5:56.60	6.33	07.26
4+	5:58.69	4.18	6:02.00	4.13	03.31
2x	6:12.20	4.03	6:23.60	11.96	11.40
1x	6:35.52	3.79	6:49.30	10.95	13.78