

# SISKIYOU SEEDS

## Germination Guide - Herbs

Herbs	Annual Perennial Biennial	Germination Temperature	Days to Germination	Requires Light to Germinate	Requires Stratification to Germinate	Special Treatments
Agrimony	Perennial	60-70	14-21	No	cold- 4-8 weeks	can direct seed in fall
Angelica	Perennial	60-65	14-30	Yes	cold-2-4 weeks	press seeds on top of soil
Anise	Annual	60-70	10-21	No		direct seed
Ashwaganda	Annual	70-90	14-21	No		
Astragalus	Perennial	70-77	14-75	No		scarify seeds
Basil	Annual	70-85	5-10	No		
Burdock	Biennial	55-65	7-10	No		
Catnip	Perennial	65-75	7-21	Yes		soak seeds for 24 hours, lightly press into surface of soil
Chives	Perennial	65-70	7-14	No		direct seed
Cilantro	Annual	55-70	7-10	No		direct seed
Clary Sage	Perennial	65-85	10-15	No		needs dark for germination
Compass Plant / Sylphium	Perennial	65-70	14-41	Yes	cold 4-6 weeks	scarify seeds for optimum results, can direct sow in fall
Dill	Biennial	60-70	10-14	Some		direct seed
Echinacea	Perennial	65-70	10-20	No	cold 8-10 weeks	
Elderberry, Black	Perennial	68-75	14-28	No	cold 8-12 weeks	soak seeds before stratification
Elecampane	Perennial	60-70	14-21	Yes		press seeds into surface of soil
Epazote	Annual	65-75	7-14	Yes		direct sow, press into surface of soil
Evening Primrose	Perennial	65-70	15-30	Yes	cold 3-5 days	press seeds into surface of soil
Fennel	Annual/ Peren- nial zone 4-9	60-85	7-10	No		direct seed, needs dark to germinate
Feverfew	Perennial	70	10-14	Yes		press seeds into surface of soil
Grindelia	Perennial	70-77	14-28	No		
Hawthorne	Perennial	68	1-3 years	No	heat- 16 weeks cold- 16 weeks	requires patience
Horehound Mint	Perennial	70-75	14-21	Some		press seeds into surface of soil
Hyssop	Perennial	65-70	10-15	Yes		

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Indigo, Japanese	Perennial (zone dependent)	70-80	10-21	No		
Licorice, American	Perennial	65-75	10-21	No		soak seeds overnight before planting
Licorice Mint	Perennial	55-70	10-21	Yes		press seeds into surface of soil, keep moist until germination
Lemon Balm	Perennial	65-70	10-14	Yes		press seeds into surface of soil, keep moist until germination
Lovage	Perennial	60-65	10-21	No		
Marshmallow	Perennial	60-75	14-21	No	cold- 3-4 weeks	scarify lightly with sand paper
Marigold, Mexican Tarragon	Annual	70-75	7-14	Some		cover seeds lightly with vermiculite
Meadowsweet	Perennial	55-65	21-60	Yes	cold 4 weeks	cover seeds lightly with vermiculite
Mint, Moldavian Balm	Perennial	70-75	7-10 days	No		
Mint, Spearmint	Perennial	55-70	7-14	Some		cover seeds lightly with vermiculite
Motherwort	Perennial	65-75	7-21	Some		Cover seeds lightly with soil, spreads rapidly
Nettles	Perennial	60-70	7-21	Yes	cold- 30 days	
Mullein	Biennial	65-85	14-21	Yes		cover seed lightly with vermiculite
Oregano	Perennial	70	10-21	Yes		cover seed lightly with vermiculite
Parsley	Annual	65-70	14-30	No		soak seeds 24 hours before sowing
Perilla	Annual	70-75	7-21	No		soak seeds 24 hours before sowing
Rue	Perennial	60-68	10-21	Yes		cover seed lightly with vermiculite
Sage, Common	Perennial	70-75	10-21	No		transplant recommended
Sage, Jerusalem	Perennial	65-75	40-60	Yes		lightly cover seeds
Sage, White Sage	Perennial	75-85	21-30	Yes		lightly cover seeds
Self-heal	Perennial	55-65	10-14	Yes		direct sow, tamp into soil surface
Spilanthes	Annual	72-77	5-10	Yes		lightly cover soil with vermiculite, transplant recommended

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Skullcap	Perennial	65-70	14-21	No	cold- 1 week	
Tobacco	Annual	65-75	14-21	Yes		tamp into soil surface, water tray from the bottom, cover with a clear dome to maintain moisture
Valerian	Perennial	65-70	14-21	Yes		tamp seeds into soil surface, transplant recommended
Vervain	Perennial	60-85	14-28	Yes	cold- 3 weeks	
Vitex	Perennial	75-85	21-28	No		scarify seeds before sowing
Wood betony	Perennial	70-75	7-21	Yes	cold- 3 weeks	lightly cover with vermiculite
Wormwood	Perennial	55-65	7-21	yes		lightly cover with vermiculite
Yarrow	Perennial	70-75	14-21	Some		

