



ULTIMATE BACKPACKER'S PACKING LIST

SHELTER

- Tent
- Tarp
- Sleeping Bag
- Mattress
- Pillow & Ear Plugs

OTHER

- Map
- Camera
- Tripod
- Head Lamp
- Bear Spray
- Duct Tape
- First Aid Kit
- Cell Phone
- Trekking Poles

OPTIONAL

- Gaiters
- Note Pad & Pencil
- Book
- Cards
- Games
- Binoculars
- Thermometer
- Tripod

CLOTHING

- Boots
- Socks Liners
- Camp Footwear
- Underwear
- T-Shirts
- Shorts
- Long Underwear
- Sleepwear
- Warm Fleece
- Fleece Pants
- Long Pants
- Jacket
- Gloves
- Light Hat / Bandana
- Sunglasses
- Warm Cap

STORAGE

- Pack
- Pack Repair Kit
- Small Carabiners
- Pack Rain Cover
- Stuff Sacs
- Ziploc Bags
- Emergency Whistle
- Trash Bag
- Rope

FOOD & WATER

- Filter
- Purification Tablets
- Water Bottles
- Bladder
- Stove & Fuel
- Matches / Lighters
- Cooking Pots
- Bowl / Plate
- Dish Towel
- Spork
- Multi-Tool
- Coffee / Tea Mug
- Bear Bag / Canister

TOILETRIES

- Medications
- Toothbrush & Paste
- Dental Floss
- Biodegradable Soap
- Hand Sanitizer
- Lip Balm
- Lotion
- Toilet Paper / Wipes
- Sun Screen
- Glasses / Contacts
- Insect Repellent
- Small Towel