3rd Quarter 2019

Concepts of Faith

Take Charge OF Your Life

By Annette Capps

THE BALANCE TO CORRESPONDING ACTION

BY CHARLES CAPPS

By Annette Capps

Most of us are pushed to the limit these days, juggling jobs, families, church, and other activities. It seems that life has gotten out of control just when technology is supposed to be making life easier for us. A prophecy given by my father several years ago stated that in the triangle of the end, time would grow closer and faster, closer and faster. I certainly feel that way!

I sat down and reviewed some spiritual principles to help take charge of my life. Here are some spiritual laws that can work for us.

HONOR THE SABBATH

When God said to honor the Sabbath, it was not simply a religious observation, it was a spiritual principle of rest. One out of seven days was to be set aside to simply rest. In Exodus 23:10-12, God gave explicit instructions that the land was to be farmed for 6 years and then allowed to rest 1 year. He also gave instructions for people to work 6 days and rest 1 day. This day of rest was called Sabbath.

-2-

God first emphasized the land's need for rest. The soil needed a rest to replenish itself. All farmers know that after years of planting and harvesting, the soil becomes depleted of its nutrients. After a while, it will not produce well at all.

God's second point was that we need rest. Guess where we came from? *The dust of the earth!* God's laws make a lot of sense. If the dust of the earth needs rest, (and that's what we are made of), then we need rest also so that we don't become depleted. Stress depletes our bodies, our immune systems become weakened, and sickness and depression can set in.

I am convinced that much sickness and disease is a result of our ignorance of God's laws of rest. God set up a system for us to abide by, and when we violate it, we suffer. God did not cause it, we brought it on ourselves. Just as we cannot blame electricity if we are injured by grabbing a live electric wire, we cannot blame God when we disregard His laws and suffer because of it.

IN ORDER TO TAKE CHARGE OF YOUR LIFE, YOU MUST LEARN TO SAY, "NO".

In Leviticus 26:33-35, God tells what will happen if the Israelites don't allow the land to rest as He commanded.

"I will scatter you among the nations and bring out my sword against you. Your land will become desolate, and your cities will lie in ruins. Then at last the land will enjoy its neglected Sabbath years as it lies desolate while you are in exile in the land of your enemies. Then the land will finally rest and enjoy the Sabbaths it missed. As long as the land lies in ruins, it will enjoy the rest you never allowed it to take every seventh year while you lived in it." (Leviticus 26:33-35 NLT)

THE ISRAELITES OWED THE LAND 70 YEARS OF REST...AND IT COLLECTED!

What God is saying is that if you don't let the land rest, events are going to happen that will *force* you to let it rest.

This was fulfilled literally in 2 Chronicles chapter 36:14-21, when Israel was taken captive into Babylon for 70 years. Look at verse 21:

"So the message of the Lord spoken through Jeremiah was fulfilled. The land finally enjoyed its Sabbath rest, lying desolate until the seventy years were fulfilled, just as the prophet had said." (2 Chronicles 36:21 NLT)

The Israelites owed the land 70 years of rest...and it collected! How much rest do you owe your body? Has it collected lately?

-3-

The same law that applies to the land also applies to our bodies. If we don't enforce a Sabbath (day of rest), events will happen to force us to rest. Such as, when you overwork and do not get the proper sleep and recreation, what usually happens? You may catch a cold, the flu, or other infection. Then, you have to stay home and rest.

I don't know about you, but I would rather choose the time that I rest instead of lying in bed sneezing and coughing!

LEARN TO SAY NO!

We can become physically, emotionally, and spiritually drained by giving too much time to people, churches, or work. There is something to be said for balance. In order to take charge of your life, you must learn to say, "No."

How can you know if you are giving too much? Anger, resentment, bitterness, and exhaustion is a good thermometer. Look at what Paul said in 2 Corinthians 9:7:

"Every man according as he purposeth in his heart, [so let him give]; not grudgingly, or of necessity: for God loveth a cheerful giver."

Even though he is talking specifically about financial giving, these scriptures will apply to giving in any area of your life – time, money, physical energy, emotional or spiritual energy.

The first question to ask yourself is, "Do I feel joy in doing this?" If the answer is, "No, I feel used and taken advantage of!" then you are probably "giving in" rather than giving. When you voluntarily decide (purpose in your



BURNOUT OR BALANCE? 2-CD SERIES #3297 — \$15.00 + Free Shipping



How to SAY NO WHEN You ARE GIVING TOO MUCH 2-CD SERIES #3270 — \$15.00 + Free Shipping

Free Media Mail Shipping on Newsletter Offers in the U.S. through 11/1/2019



ARE YOU TRYING TOO HARD? 2-CD SERIES #3287 — \$15.00 + Free Shipping heart) to do something for someone, you are giving. When you are motivated by compassion to help someone who is truly in need, you will feel joy and satisfaction. As you sow your time, effort, love or money, you will be blessed.

If you are "talked into it," then you will find it almost impossible to be cheerful about it. You may do it, but you do it grudgingly. If you "give in" often enough, you will become resentful and angry.

Re-evaluate your life and determine just how many things (or people) you should be saying "no" to. Take charge of your time and direct your energy to you and your immediate family necessities. Then, only expand your circle of giving to that which you can do joyfully.

GET RID OF SPIRITUAL GUILT

As if the physical and emotional drain is not enough, there is a drain that comes from trying to be spiritual! Prayer, Bible study, fasting, tithing, soul-winning. If you are not exhausted from trying to **do** these things, then you may be exhausted from the guilt of **not doing** them!

All of these things may be good in themselves, but they do not make you spiritual. Take a look at Galatians 3:2-3 NLT:

"Let me ask you this one question: Did you receive the Holy Spirit by obeying the law of Moses? Of course not! You received the Spirit because you believed the message you heard about Christ. How foolish can you be? After starting your new lives in the Spirit, why are you now trying to become perfect by your own human effort?"

TRYING TOO HARD TO BE SPIRITUAL CAN Make US resentful against god.

We did not receive God's Spirit because of our works and we will not become spiritual by our works. It was not God's intent to save us and then bring us into the bondage of religious works.

"So there is a special rest still waiting for the people of God. For all who have entered into God's rest have rested from their labors, just as God did after creating the world." (Hebrews 4:9-10 NLT)

Trying too hard to be spiritual can make us resentful against God. You don't have to "try" to be spiritual, you **are** spiritual! Try as hard as you might, the spirit of Christ inside you is what makes you spiritual, and He will not get any more spiritual!

God requires nothing from us but to love Him and love others. (Matthew 22:37-39) If you follow the leading of the Holy Spirit in everything you do, your relationship with Him will grow to what it should be. Guilt does only one thing; it hinders your relationship with God. Enter into spiritual rest by ceasing from your works. Let the Holy Spirit lead you in your prayer and Bible study.

The key to avoiding burn-out in any area of your life is balance. Honor God's laws of physical rest; learn to say "no" to overwork, demanding people, and guilt. Most of all, be led by the Spirit!

-5-



Watch our New Programs!

-	•

AUGUST

5^{th} -18 th	Authority of Man and Jesus – Charles Capps
19 th -25 th	Removing the Roadblocks to Healing – Annette Capps & Peggy Capps
26 th -1 st	How to Activate the Power of God – Annette Capps & Peggy Capps

	SEPTEMBER
2^{nd} - 8^{th}	Authority Series – Charles Capps
9^{th} -1 5^{th}	Faith As A Seed – Charles Capps
16 th -22 nd	You Can Change It! - Annette Capps & Michelle Steele
23 rd -29 th	Act Like God Would Act – Annette Capps & Michelle Steele
30 th -6 th	Jesus Established End Results – Annette Capps & Michelle Steele (will air on Daystar October 10)



Ê

<u>OCTOBER</u>

7^{th} -20 th	Substance of Things – Charles Capps
21 st -27 th	Overcoming Rejection & Inferiority – Annette Capps & Cathy Mink
28 th -3 rd	Protecting Your Heart – Annette Capps & Cathy Mink

<u>NOVEMBER</u>

4^{th} -10 th	How to Harness Your Thoughts – Annette Capps & Cathy Mink								
$11^{\text{th}}-17^{\text{th}}$	Quantum Faith and the Observer Effect – Annette Capps & Len Mink								

visit CAPPS.TV for airtimes & stations



Confessions for All Immune Systems:

"My immune system functions perfectly in the way God created it to function. It is fully developed and balanced. Wisdom is imparted to my immune system today to reject that which is evil and accept all that is good." (Amos 5:14-15, Deuteronomy 30:15 & 19)

"I am immune to sickness and disease. I recognize and accept that which is good. I am able to stand in the presence of sickness and infirmity without fear or sense of inferiority. God fights my battles for me as I rest in safety for He is my fortress. No evil will come upon me nor any plague near my dwelling." (Psalm 91:10)

Confession for an Overactive Immune System:

- Possible Emotional Components/Mental Patterns for Overactive Immune System: Can't trust or rest. Must fight for self constantly, sees life as a battle. Unable to connect to safety in God. Belief in force vs true spiritual power. Relies on self. Focus on that which must be overcome with little or no focus on accepting and receiving the good provided.
- Prayer: "Forgive me Lord for not trusting in You. I cast my cares upon You, and You fight for me so that I rest in You. In Jesus' name."
- > Meditate on: Trust and rest in God
- > Say to Your Immune System:
 "The Lord will fight for you, you shall hold your peace." (Exodus 14:14)
 "I am not afraid. The Lord fights for me and I rest in safety."
 (Deuteronomy 1:30, 3:22, Joshua 23:10)

Confession for a Weak Immune System:

- Possible Emotional Components/Mental Patterns for Weak Immune System: Loss. Loss of personal power, loss of hope. Unable to resist, unable to stand up for yourself. Giving up. Disappointment.
- > Prayer: "Forgive me Lord for giving up and not acting upon the power and authority that Jesus gave me. The Greater One dwells in me and I am well able to overcome."
- > Meditate on: Strength, joy, praise, restoring sense of power, taking a stand, hope in God.
- Say to Your Immune System:
 "Be strong in the Lord and the power of His might. Let God arise and all enemies be scattered." (Ephesians 6:10, Psalm 68:1)
 "I am strengthened with all might according to His glorious power."
 (Colossians 1:11)

Copyright© by Annette Capps 2019

THE BALANCE TO CORRESPONDING ACTION

BY CHARLES CAPPS

"And he said, So is the kingdom of God, as if a man should cast seed into the ground. And should sleep, and rise night and day, and the seed should spring and grow up, he knoweth not how. For the earth bringeth forth fruit of herself; first the blade, then the ear, after that the full corn in the ear. But when the fruit is brought forth, immediately he putteth in the sickle, because the harvest is come." (Mark 4:26-29)

Let's zero in on the twenty-ninth verse, "But when the fruit is brought forth, immediately he putteth in the sickle." When you have a full manifestation of the mature fruit, then the harvest is ready to be reaped. You cannot reap corn until it is mature and fully developed.

Many people get excited about faith. Excitement is good, but what is important is to learn how to operate in the principles of faith. Sometimes those who get excited without a foundation, go out beyond their level of development.

That happened to Peter when he jumped out of the boat to walk on the

-8-

water. (Matthew 14:22-28) He was not developed to that point. But he saw Jesus walking on the water. I am sure they were saying, "If Jesus was here, things would be different." They looked up and saw Jesus walking on the water. Peter in his excitement said, "Lord, if it be you, bid me come."

Now, Peter was not ready for water walking, but he was excited. Many Christians are not ready for water walking either. They have been to a few seminars but they aren't developed in the principles of faith and foundation in the Word. It just sounds good, what Peter said sounded good to him. Peter forced Jesus into calling him out of the boat. He said, "If it's really you, bid me come."

What could Jesus say? "He couldn't say, "No, it's not me. Forget it, Peter, You're not developed yet." Anything He said other than "come" was going to be a lie. Even if he didn't answer at all, it would still be a lie, for it was Jesus. All Jesus did was answer his question when he said, "Come." Peter did walk on the water, but he was not developed to the point that he was able to hold fast to that Word. He became too involved with the circumstances, took his eyes off the Word and became fearful. Thank God when he cried out, Jesus reached out and took him back to the boat where he was safe. Peter had faith for being in the boat, but was not quite ready to walk on the water in a storm.

What happened to Peter is that he got excited and tried to operate beyond his level of faith. Jesus didn't intend for that to happen. Peter forced Him into it by the way he said it. Some of you have done the same thing. You said, "Lord, if it's Your will for me to do this, then let this other thing happen to prove your will."

It was God's will for you to do the thing you were considering, but it wasn't God's will for the other thing to happen that you asked for to confirm it. You forced God into a bad situation.

EXCITED ABOUT FAITH OR LEADING OF THE SPIRIT

As in Peter's case, excitement, rather than the leading of the Spirit, will sometimes cause people to do things they aren't ready for. They want to copy what someone else did. Here is an illustration of what I'm talking about. Several years ago, I went into a certain church. I told how God supernaturally supplied the gasoline for my airplane. I was lost out in the northwest part of the country and had flown for five hours and twenty-five minutes. The airplane only held four hours and thirty minutes of fuel. When I landed, I still had seventeen gallons of fuel in the airplane.

A man in the church heard my testimony and got excited. After the service that night, he and his wife got in their car and started home. His wife said, "We'd better get some gas in the car."

He said, "*No* – *God put gas in Brother Capps' airplane, He'll put gas in my car.*" He drove five miles out in the country and ran out of gas and called the pastor. The pastor had to go get him some gas.

Are you confessing out of faith or fear?

I have learned when I give that testimony to tell them, "Now remember, this was an emergency." And it certainly was a miracle of Divine intervention. God is not going to put gas in your car after you have passed two gas stations with money in your pocket. If it were an emergency situation, then all of Heaven's resources are available to you.

GOD'S WORD HEALS

Let's look at corresponding action in divine healing and health. You can develop yourself for divine healing, because healing is a fact in the Bible. Psalm 107:20 says, "He sent his word, and healed them, and delivered them from their destructions." It is His Word that healed us. Some say, "Why do you confess God's Word for healing every day?" Well, I explain it this way; it's like a farmer who needs thirty thousand dollars to pay a note. He says, "I can make a hundred dollars an acre off of wheat." So he plants wheat, but he only plants one acre and says, "I've planted my wheat – I'm going to get thirty thousand dollars."

But he isn't. He is going to make one hundred dollars. He didn't plant enough wheat. When you plant the crop of healing and health for your body, you need to plant plenty of seed. If you plant too small, you may reap a partial or incomplete healing. So, that doesn't mean healing doesn't work. It means you need to plant more seeds!

A farmer couldn't receive the **manifestation of his total need met when he didn't plant enough seed to produce it.**

Jesus said the kingdom of God is as if a man cast seed into the ground. Casting your seed is a process. The more you sow, the greater the harvest. Confession of the Word is a process of eliminating the negative in your life and sowing the promises of God.

Sometimes corresponding action is something you Don't Do!

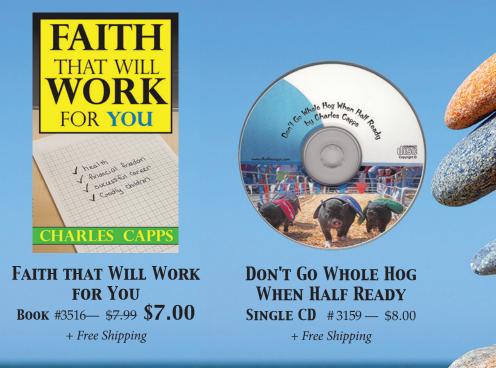
Confession is a process. You need to start confessing your needs met well in advance – especially finances when you can project your need, and you know when you need it. But with sickness and disease you won't know in advance. Some people make the mistake of waiting to confess that they are healed after they get sick. The Word will heal you and it will also keep you from getting sick. You should confess the promise of God concerning healing, health, and life daily. Confess that every disease germ and every virus that touches your body dies instantly. Say, "I am healed, well, delivered from the curse of the law." Say it while you are well. **Use your faith on the front end.** If those who are confessing healing **after** they are sick, had confessed health daily before they got sick, they probably never would have gotten sick.

What was that old saying? An ounce of prevention is worth a pound of cure. Use your faith on the front end and refuse to allow sickness and disease in your body.

DON'T GO WHOLE HOG WHEN HALF READY

There was a man in a certain city who got born again and turned on to faith. He thought this was the greatest thing he had ever heard. He learned that he was redeemed from the curse, from sickness and disease, and that God was his Healer. (Galatians 3:13, Exodus 15:26, Psalm 103:3) He had been raised in a church that didn't believe these things. He just grabbed it, and began to run with it, so to speak. He wasn't developed in it, but he had mental assent to these Bible truths. He had diabetes and five other things wrong with him. Any of them was enough to kill him.

He just went whole hog. **He threw all his medicine away and almost died.** I counseled with him, and some other ministers counseled with him. I said, "The insulin will keep the symptoms down. Is it easier to believe you are healed when you feel well, or when you



Free Media Mail Shipping on Newsletter Offers in the U.S. through 11/1/2019

are hurting and about to die? All the medicine does is keep the symptoms down and make you able to function. It's not going to heal you. No one ever got healed by taking insulin. Then on the other hand, it won't keep you from getting healed. So, every time you take insulin say, 'Thank God, I believe I received my healing.' Mix your faith with the Word of God."

So he took our advice. He confessed his healing and confessed the Word over his body daily. Among other things he had cancer in the lungs, an enlarged heart, and high blood pressure. The doctor said he had the highest blood pressure he had ever seen any man have and live. After ninety days I saw the doctor's report. The doctor said, "You must quit taking insulin – you don't need it anymore. Your heart is perfectly normal, and your blood pressure is normal. There is no sign or spot in one lung, and just a very small spot in the other, and it's much smaller than it was."

The man got almost a totally clear bill of health in ninety days. I am convinced that he would have died if he had not gotten back on his medicine. He was a young Christian with more zeal than knowledge.

You won't get healed just because you stay away from doctors or medicine. You get healed by believing the Word and planting seeds of healing by confessing Jesus as Your Healer and

CAPPS MINISTRIES NOW HAS A ROKU CHANNEL!

Watch the Concepts of Faith Television Broadcast anytime!



Download the Capps Ministries channel to your Roku to get an exclusive 50% off MP3 offer



Visit CAPPS.TV for download instructions

Physician daily. Proverbs 4:22 tells us that God's Word is, *"life to those who find them and healing to their whole body.*" (NLT) Read God's Word, confess it out loud. Declare your health! Then follow the Holy Spirit and He will lead you into the appropriate corresponding action for your level of faith.

QUIET CORRESPONDING ACTION

Let's look at another form of corresponding action. In the case of Jairus in Mark 5:22-43, after Jesus agreed to go to his house and heal his little daughter, a woman with an issue of blood came along. She received her healing and testified, telling them all the truth. It probably took them an hour or so for all that to happen. A runner came to them and said, "Your little daughter is already dead."

Jairus had done all that he could do. He released his faith that if Jesus laid his hands on his daughter, she would be healed. He has done all he knew to do. When Jesus heard the bad news he said, "Fear not, only believe."

Believe what? Believe what he had established with his own faith.

That is not the time, especially in Jairus' situation, to start making faith confessions. If he had, he would have gotten into fear and unbelief. He probably would have said, "If you hadn't stopped and healed this lady, you would have gotten there in time to heal my daughter."

Jesus had said, "Don't do anything but believe." He had gone as far as he could go. His corresponding action was to just be quiet. Psalm 37:7 says, "Rest in the Lord, and wait patiently for him." There is a time to rest in the Lord. Sometimes, corresponding action is to just rest in what you have already said. Rest in what you have done in faith. When you don't know anything else to do, rest in the Lord. Paul said in Ephesians 6:13, "...and having done all, to Stand." Stand! If there is nothing else you can do in faith rest. Corresponding action is to say, "I know what I will do – rest in the Lord, because I have done all that I know to do."

Sometimes when people are in a problem and their faith is low, **they start trying to make faith confessions, and they make them out of fear.** You can say all the right things, and say them in fear instead of faith. You can **confess the Word of God in fear.** It can be done. Some people are doing it. That is why we hear of someone who said all the right things, but they died. That is why you can't judge things just because of what happens. It looked like they were operating perfectly in faith. You don't know if they were. You don't know what they were really believing. Sometimes they were just saying those things because they really believed the opposite was coming. Sometimes they were too late saying them.

Corresponding action is necessary in every situation. Sometimes it's something that you do by faith, and sometimes it's something that you don't do.



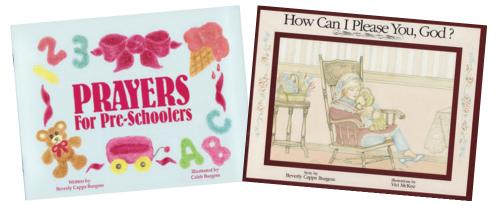
God loves His children, no matter how big or small. These books will teach how to pray and talk with God and nurture a strong relationship between your child and God!

Kids Talk with God

CHILDREN'S BOOK PACKAGE

#3546-2

\$16.00



Includes these books by Beverly Capps:

- Prayers for Preschoolers
- How Can I Please You God?

Free Media Mail Shipping on Newsletter Offers in the U.S. through 11/1/2019

3 CONVENIENT WAYS TO ORDER:	 Order Unline: www.cappsininistries.com Order Toll-Free: 1-877-396-9400 	Operators Available 24 hours	a day, 7 days a week!	Fill in order form and mail with	payment to:	P.O. Box 10	Broken Arrow, OK 74013		Shinnina, Pates		FREE	U.S. Media Mail Shipping	through 11/1/2019		International please call or order online www.cappsministries.com			
Total Price (Qty × Unit Price)							\$	\$	\$	\$								
Unit Price	\$ 15.00	\$ 15.00	\$ 15.00	\$ 7.00	\$ 8.00	\$ 16.00	Subtotal	Postage & Handling (for Curriculum Only)	Tax-Deductable Donation	Total					EXP. DATE	YEAR		
o Qty.								(for Curr	ctable						EXP.	H		
CD DVD Audio Video							1/2019	puling	-Dedu							HINOM		
k Aud	>	>	>		>		11/:	& Har	& Haı	k Har Tax-	& Har Tax-					I		
Title Book		ries	o Much 2-CD Series	>	ady Single CD	∧	Offers Expire 11/1/2019	Postage					lation for:		1EX			
	Burnout or Balance? 2-CD Series	Are You Trying Too Hard? 2-CD Series	How to Say NO When You Are Giving Too Much 2-CD Series	Faith that Will Work for You	Don't Go Whole Hog When Half Ready Single CD	Kids Talk with God – Package		Free shipping only on the items above		-	Area Code	E-mail Address for order tracking information	Capps Ministries		VISA/MASTERCARD/DISCOVER/AMEX	Address Change on Reverse		
Item #	3297	3287	3270	3516	3159	3546-2)	Are	Please Include E-m		1		Add		

Capps Ministries P.O. Box 10 Broken Arrow, OK 74013 · All rights reserved © 2019 · Office Phone (501) 842-2577 · www.cappsministries.com

ORDER FORM



P.O. Box 10, Broken Arrow, Oklahoma 74013 ADDRESS SERVICE REQUESTED



