

IMPORTANT SAFEGUARDS

When using electrical appliances, especially when children are present, basic safety precautions should be followed, including but not limited to the following:

To reduce the risk of electrocution:

- Always unplug this product immediately after use.
- Do not use while bathing or in the shower.
- Do not store product where it can fall or be pulled into a bath.
- Do not place or drop into water or other liquid.
- Do not reach for a product that has fallen into water. Unplug immediately.

To reduce the risk of burns, electrocution, fire or injury:

- This product should never be left unattended when plugged in.
- Close supervision is necessary when this product is used by, on or near children or adults requiring assistance.
- Use this product only for its intended use, as described in this document.
- Do not use attachments that are not recommended by the manufacturer.
- Never operate this product if it has a damaged power cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the product to Oral Care Technologies, Inc. for examination and repair.
- Keep the power cord and water hose away from heated surfaces – curling irons, flat irons, etc.
- Never use while drowsy.
- Never drop or insert an object into any opening or the water hose.
- Do not use outdoors or where oxygen is being administered.
- Unplug this product before filling the reservoir. Do not overfill.

This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electric shock, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way. For household use only.

**PLEASE CONTACT US WITH ANY
QUESTIONS OR SERVICE/REPAIR ISSUES:**

ORAL CARE TECHNOLOGIES, INC.

3681 Pine Lane SE
Bessemer, AL 35022
800-635-3594

helpdesk@hydrofloss.com
www.hydrofloss.com

The logo for Hydro Floss, featuring the brand name in a bold, blue, sans-serif font. A stylized, grey, curved line swooshes over the text from the bottom left towards the top right, ending under the 'S'.

**CARE & USE
INSTRUCTIONS**

INSTRUCTIONS FOR USE

- Remove the reservoir lid and fill the reservoir with lukewarm tap water.
- Return the reservoir to the base of the Hydro Floss® and press down firmly to ensure a good connection between the reservoir and base.
- Insert a tip into the opening on the handle. Push firmly until the tip snaps into place.
- Insert the power supply plug into a 110-120 volt AC outlet. Do not use with any other voltage system without a voltage converter.
- Turn the pressure control knob to setting 9.
- Direct the tip into the bottom of the sink basin and turn the ON/OFF knob to the ON position.
- When the water begins to flow from the tip (2-5 seconds), press the water stop button on the handle and adjust the pressure control to level 5 and then adjust the setting to the level that is comfortable to you.
- Insert the tip into your mouth and release the water stop button.
- Direct the stream of water to the gumline at 90 degrees, so that contact is made at the gum line.
- Maneuver the flow of water from tooth to tooth along the gumline; pausing briefly between each tooth.
- We recommend two full reservoirs of water each time you use the product.
- Empty any water remaining in the reservoir. Never leave water in the reservoir when the Hydro Floss® is not in use.
- You may add liquids (mouth rinse, peroxide, etc.) to the water in the reservoir. Just make sure to flush the additive from the unit by running plain warm water through the unit after each use of an additive.
- Do not add baking soda, salt or any other abrasive substance to the water in the reservoir. Doing so will damage the Hydro Floss® and void the warranty.

In cases where a physician has advised antibiotic premedication before dental procedures, consultation is recommended before use of this product.

SUGGESTIONS FOR EASIER USE

- Proper irrigating technique relies on the sense of touch. It is a good idea to practice while watching yourself in the mirror without turning the Hydro Floss® on. This will allow you to see the technique you will use. Choose a starting point and move the tip along your gumline, pausing on the space between the teeth. As you practice, watch your movements and remember how it feels.
- While irrigating, bend at the waist or tilt your head down over the sink. Leave your mouth partially open and keep your elbow raised. This allows the water to fall into the sink and will keep you and the surrounding surfaces dry. Do not attempt to watch yourself in mirror; you will make a mess.
- Do not twist the handle of the Hydro Floss® to achieve the correct irrigating angle. Instead, twist the tip. The handle design allows the tip to be twisted while using the unit. Twisting the handle will ultimately cause the water hose to uncoil and/or kink.
- Be sure to press the reservoir down firmly when returning it to its place on the base. You may choose to use a cup or other container to fill the reservoir without removing it from the base.
- Always cover the reservoir with the reservoir lid when not using the Hydro Floss®.

CLEANING THE HYDRO FLOSS®

AFTER EACH USE

1. Unplug the Hydro Floss® before cleaning.
2. Remove the reservoir and wipe dry both the inside and outside surfaces.
3. Wipe dry the base and handle.

MONTHLY

1. Fill the reservoir with a 50/50 solution of warm water and vinegar.
2. Turn the pressure control knob to the 9 setting.
3. Remove the tip and place the handle in the bottom of the sink.
4. Turn the ON/OFF knob to the ON position and let the reservoir empty into the sink.
5. Refill the reservoir with warm water and let the reservoir empty into the sink. This will flush any remaining vinegar solution from the unit.
6. Wipe dry the base and handle.

Note: A mild cleanser may be used on the surfaces of the base, reservoir and tips. Never immerse the base or handle in water. *NO PART of the Hydro Floss® is dishwasher safe.*

