

Half Face Comparison of PRESCRIBEDsolutions Laser Gel with Standard Protocol for A Patient Undergoing The Fraxel Re:Pair Treatment

Procedure: Fraxel Re:pair

Administered by Dr Steven Bloch

Internal photos taken. HALF FACE test.

Patient's left side is new PRESCRIBEDsolutions Post Laser Gel. Patient's right side is Aquaphor.

PROTOCOL

Pretreatment with PRESCRIBEDsolutions Post Laser Gel on half face. x2 per day on Sunday (night only), Monday, Tuesday, Wednesday.

Procedure took place morning Thursday November 6th, 2008

Applied 2 hours post op, then reapplied every 2 hours first day (as needed). On second day applied every 3-4 hours.

PROTOCOL FOR ALL THE FACE

Patient made up bottles of 16oz. purified water where she removed 2 tablespoons of the water and replaced them with 2 tablespoons of vinegar. That mixture was then kept in the refrigerator. For the first 24 hours she had to 'vinegar soak' every 2-3 hours including waking up during the night time to do so. Day #2 every 3-4 hours and now 2x's daily for one week.

She soaked about 20 4x4 gauze sponges every time which soaked on her face for a minimum of 5 minutes at each 'treatment' to remove dried blood and loose skin.

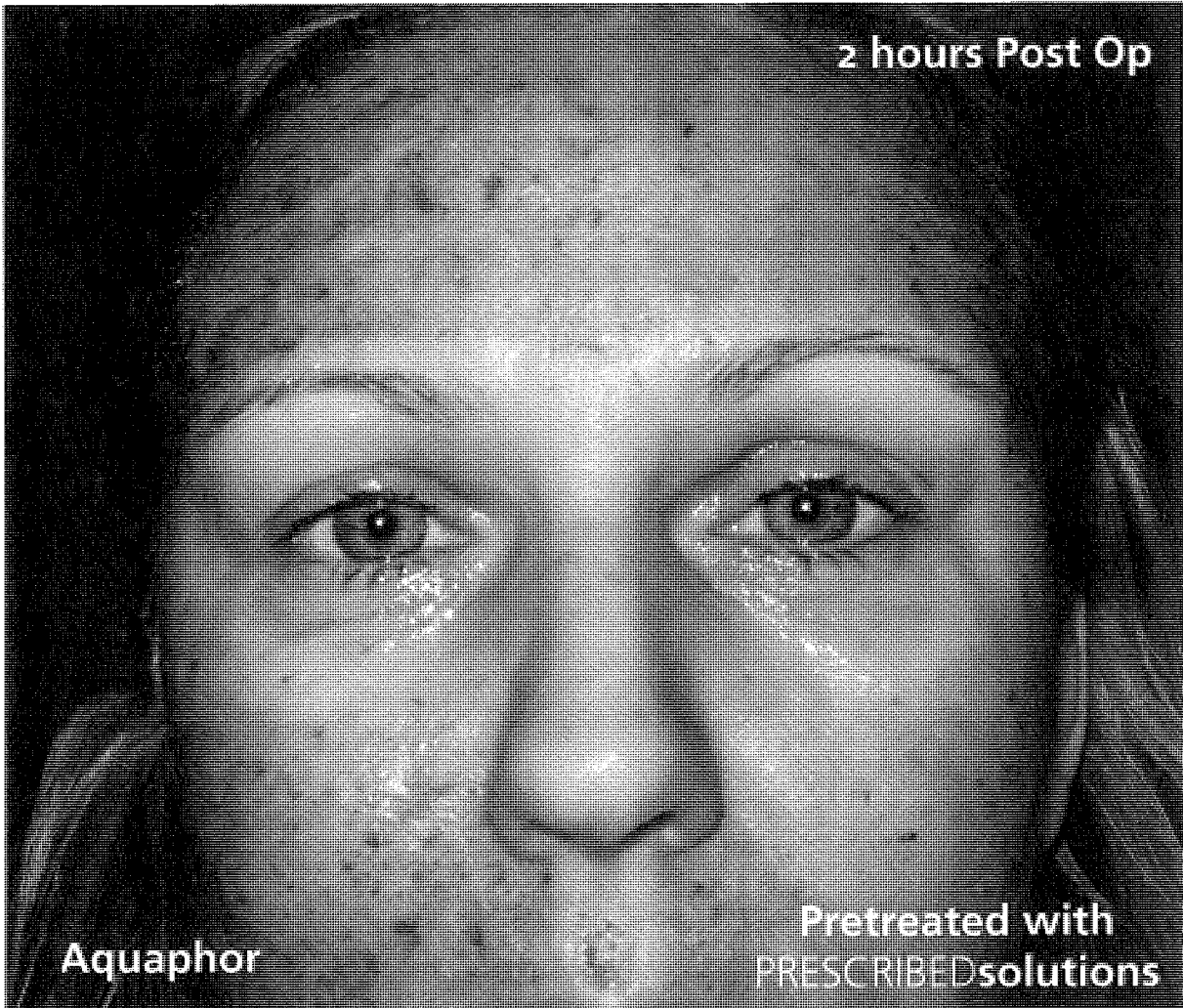
Patient was given antibiotics: Cipro and Zovirax. She was also given Benedryl for 4 days.



Pre photo with numbing cream



30 minutes post procedures 11/6/08 8:33. Left side has been pretreated with PRESCRIBEDsolutions Post Laser Gel. Right side had no pre-treatment.



2 Hours post procedure 11/6/08 9:55. Left side has been pretreated with PRESCRIBEDsolutions Post Laser Gel. Right side had no pretreatment and has had Aquaphor applied.



5 Hours post procedure 11/6/08 12:59. Left side is PRESCRIBEDsolutions Post Laser Gel. Right side is Aquaphor.

From: Susan

Sent: Thursday, November 06, 2008 6:53 PM

The left side of my face that I have been using our post-op gel on:

-looks much better - clearer and healthier.

-feels so much better-it's so soothing and it penetrates the skin and it doesn't quit. Feels clean.

The right side of my face that I have been using the Dr. Bloch instructed Aquaphor on:

-is much 'bloodier'.

-looks much redder and swollen and it's actually dark and slightly bruised. (yes, I have been applying ice packs to entire face)

-feels like it is stinging always.

-feels tight

-feels dirty

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- internal use only -

-the Aquaphor just sits on the surface and is very messy because as it heats up it melts off and drips.

*I am scheduled for post-op tomorrow at 9:30am

*In my post surgery take home bag they sent along one of the big tubs of Aquaphor...

From: Susan

Sent: Friday, November 07, 2008 8:02 AM

This am both sides are equally red. a bit of forehead bruising on Aquaphor side. Slightly more swelling on Aquaphor side around eye area but possibly that could be anything. I figured out the PS side....the ointment goes on and quickly absorbs and long term acts like that band-aid liquid bandage stuff holding things all in and sealing it off-it's very nice and almost pampering in comparison.

Regards,
Susan

From: Susan

Sent: Friday, November 07, 2008 11:33 AM

Just saw Dr. Bloch and he said everything looks great. He was AMAZED at how much better the PS side looks and how reduced the swelling is on that side.

From: Susan

Sent: Friday, November 07, 2008 7:49 PM

Subject: 36 hours post-op

PS side of face:

is so nice and calm and soothed.

Aquaphor side:

-is still bleeding after vinegar soaks

-is extremely red and burning/throbbing

-seems to be developing little white 'dots'. I am wondering if pores are clogged because 'slight' acne was listed as possible side effect and these look like they could be that. AGAIN none of this exists on the PS side.



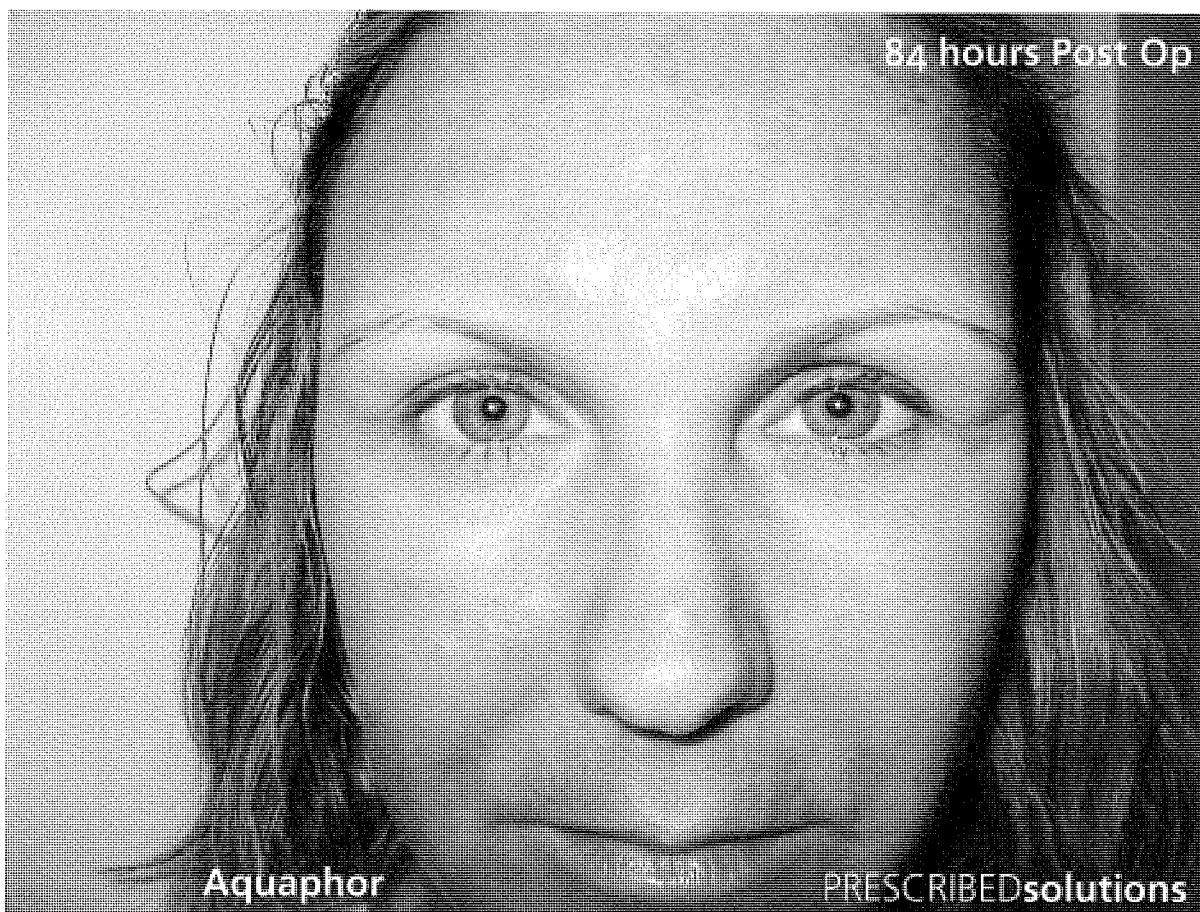
33 hours post procedure 11/7/08 17:05. Left side is PRESCRIBEDsolutions Post Laser Gel. Right side is Aquaphor.

From: Susan

Sent: Sunday, November 09, 2008 5:56 PM

Everything feels fine - I have not had anything uncomfortable associated with the procedure. My left eye lids are pretty swollen today, hopefully that will go away soon because it's kind of messing with my vision (maybe I turned that way while sleeping last evening?).

The really cool thing happening started about 56 hours post op - the exfoliation - the PS side sort of just 'mushes' off with the vinegar soaks and the 4x4 gauze wipes, but the Aquaphor side just stays scaly and the skin is just kind of hanging off. Along with the exfoliation there is a slight itchy feeling - more so on the Aquaphor side, on the PS side only a bit by my hairline. The Aquaphor side has a bruised feeling forehead and nose. Although both sides are very red/brownish today the PS side looks much 'cleaner/clearer'. I expect many changes in the next 24 hours as when I saw Dr. Bloch on Friday he stated that on Monday I may be wearing make up....I see him tomorrow pm.



84 hours post procedure 11/9/08 20:05. Left side is PRESCRIBEDsolutions Post Laser Gel. Right side is Aquaphor.

From: Susan

Sent: Sunday, November 09, 2008 9:49 PM

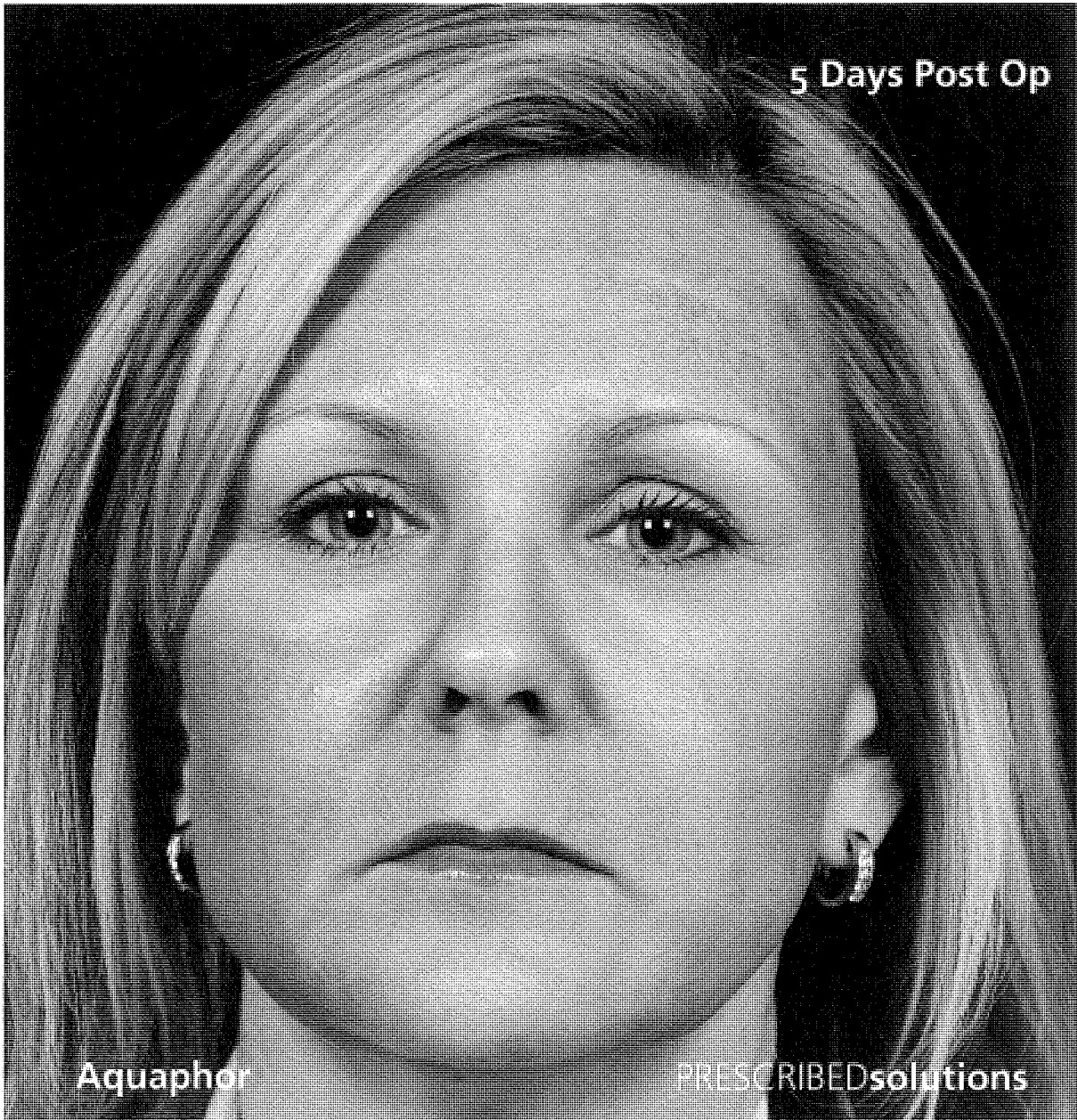
Subject: Re: How does your skin feel?

84 hours post op

For some reason I can not get a great photo this evening showing the difference in sides. After a hot shower and another vinegar soak ALOT of skin was exfoliated-the whole PS side is about clear now. As per my instructions after 3 days I could stop the Aquaphor and switch to a 'bland moisturizer'. I will continue with the routine that I have been using until I see Dr. B tomorrow pm then I am thinking I will switch to the Soothing Beyond Measure and maybe still the PS post laser gel on any real wounds if I have them.

...

I hate taking meds including antibiotics and I am on Cipro and Zovirax and they are getting to my tummy so that's why I still look likelet's just be honest...crap. Tomorrow is a whole new day though! They also had me on Benedryl for 4 days but tonight I don't take that anymore.



5 Days Post Procedure on 11/11/08. Left side is PRESCRIBEDsolutions Post Laser Gel. Right side is Aquaphor.



8 Days Post Procedure on 11/14/08. Left side is PRESCRIBEDsolutions Post Laser Gel. Right side is Aquaphor.