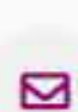


The Benefits of Using Moringa Oil and the Best Products to Buy

Shawna Hudson | Sep 5, 2021



Want your hair to basically have superpowers? Let us introduce you to the decadent oil that can make that possible. Moringa oil is derived from the seeds of moringa oleifera trees and provides serious improvements for your stands including extra strength and next-level hydration. If you'd like to know even more about the benefits of adding this rich oil to your hair care routine and the best moringa oil hair products to buy, keep scrolling below.

Moringa Oil Hair Benefits

1. It has anti-inflammatory properties.

Moringa is a fantastic oil to use for a scalp reset—try it with a [scalp massager](#) and you're in serious business. It's rich in many different antioxidants and acids like linoleic acid and oleic acid which also really help halt any unwanted inflammation in the scalp area.

2. It acts as a natural cleanser.

In addition to its ability to prevent inflammation, it can also act as a natural hair cleanser. It has antibacterial, antiseptic, and antifungal properties that can give the hair a deep clean without stripping it of its natural oils. This also makes it great for things like dandruff as it helps remove grime and any excess flaking.

3. It can strengthen your hair and promote growth.

Moringa oil is high in minerals like zinc which help promote keratin production. Extra keratin production means your locks will be both shinier *and* stronger. Other proteins contained in the oil also help shield your strands from environmental damage and the sun. The added layer of protection makes moringa oil *the* go-to oil for hair growth.

4. It's great for dry hair types.

If your hair errs on the dry side, you're in luck—moringa is known for its ability to moisturize in a *big* way. It may be nutrient-dense, but it's lightweight enough that it absorbs easily into your scalp. No oily residue here, only an abundance of moisture.

Shop the Best Moringa Oil Hair Products

Hey, mane muse! We wanted to give you a heads up that some of the links in this post are affiliate links. This means that Mane Addicts will collect a small share of the sale from any purchase you make from the products we recommend.

1. Verb Moringa + Jojoba Treatment Oil: \$18

Struggle with both a dry scalp and dry ends. This Moringa + Jojoba Treatment Oil from Verb is your saving grace. Formulated to reduce breakage and repair dry scalps, it delivers a blast of moisture where you need it most.



(via Verb)

2. Qhemet Biologics Castor & Moringa Softening Serum: \$14.50

Finding the right serum to moisturize your thick, coily tresses isn't easy. But, we've done the impossible. This Softening Serum from Qhemet Biologics was formulated with tight curls in mind. Dryness, damage, and split ends will all be replaced by soft and supple coils in no time.



(via Sephora)

3. Mother Nature Organics Pure, Cold-Pressed Moringa Oil: \$24.95

If you want to get this most out of moringa oil, go straight to the source. Mother Nature crafted this 100% pure cold-pressed moringa oil to ensure your strands receive all the benefits they require.



(via Walmart)

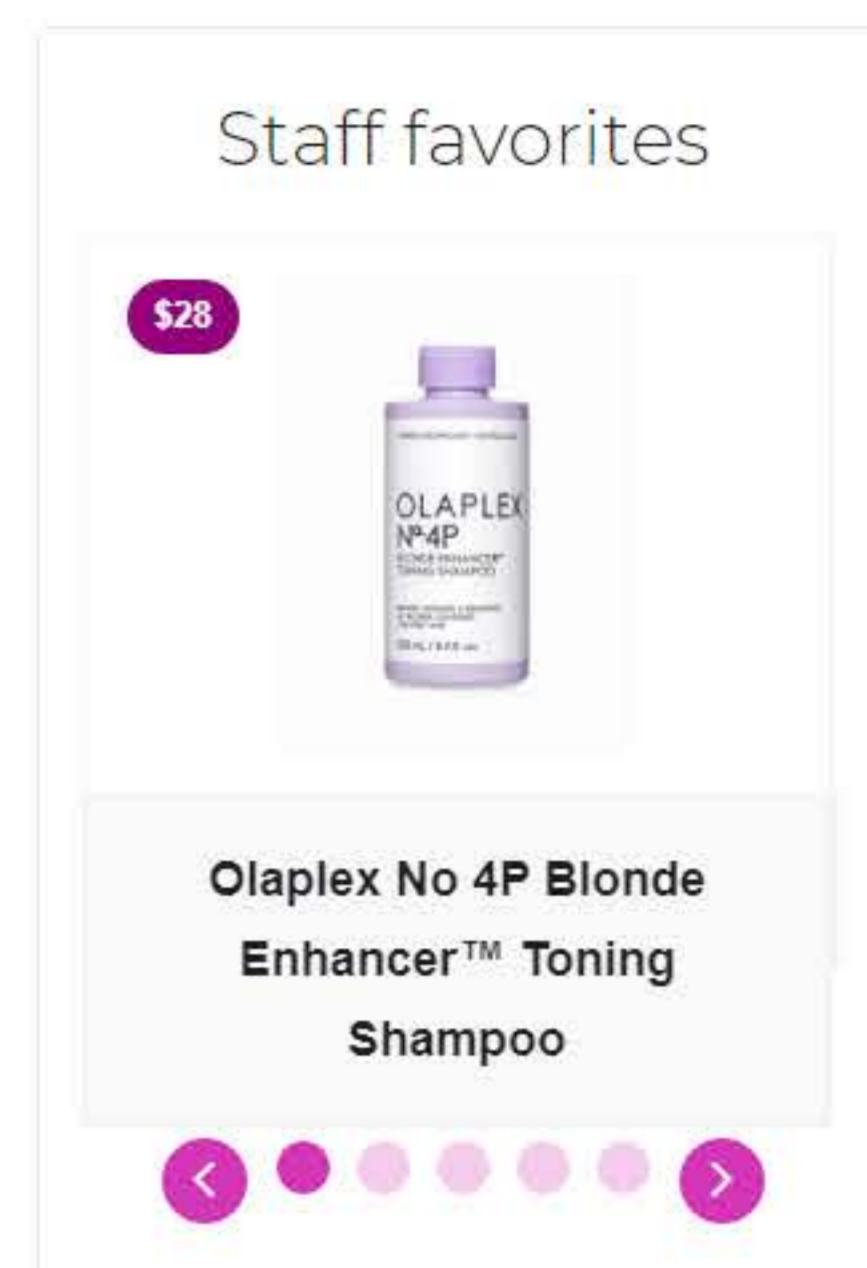
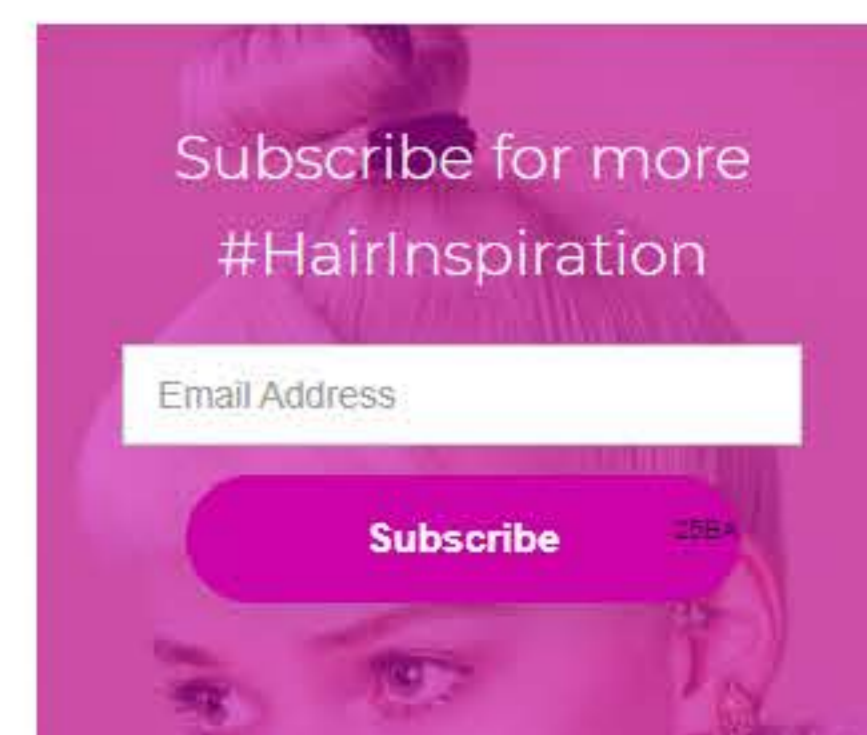
4. Kreyòl Essence Haitian Moringa Oil: \$25

Looking for a moringa oil product that works literally everywhere? The Kreyòl Essence Haitian Moringa Oil not only promotes hair growth and nourishes your strands, but it also works to moisturize your face and body. We love an all-in-one wonder product.



(via Ulta)

We know coconut oil is commonly seen as a strand savior, but is it actually damaging your tresses? Discover if coconut oil is to blame for your dry and brittle hair [HERE!](#)



Shawna Hudson

Shawna Hudson has worked in editorial for over six years with experience covering entertainment, fashion, culture, celebrities, and beauty. She has written for other publications like Bustle, The Zoe Report, Elite Daily, and is the current Assistant Beauty Editor at Who What Wear. Stay up to date with everything she has going on @shawnasimonee

