Petal Wrap Dress
SIZES PREM - 4

A sweet and simple reversible dress for every season

Twig + Tale
This table of contents is “clickable” – simply click on the item you want to read, and it will take you right there.

Credits ................................................................. 3

Before You Begin
Icons ................................................................. 4
Sewing Summary Print Sheet ......................... 4
Print Only What You Need ............................. 4
Seam Allowance .................................................. 4
Navigation Bar & Quick Links .......................... 4

Where Imagination Runs Wild
Views
Options ................................................................. 6
Pathfinder + Animal Options .......................... 6

Fun Little Pattern Hacks! ................................. 7

Gather Supplies
Suggested Fabrics .............................................. 8
Measuring for a Good Fit .................................. 9
Size & Measurements Chart ......................... 10
Fabric Requirement Chart ............................. 11
Finished Garment Measurements ............. 11
How to Adjust Sizes for a Custom Fit ........ 12

Upcycle Inspiration
Making a Garment from Recycled Materials .......... 13

Print + Assemble Pattern
Paper Sizes .............................................................. 14
Using Layers ..............................................
Printer Settings .........................................
Troubleshooting ......................................... 15
Assembling Pattern Pieces ............................. 15
Which Pages to Print ..................................... 15
Page Assembly Diagram ................................. 16

Twig + Tale Video Guides
This pattern has accompanying video guides! .......................................................... 17

Sewing Instructions ....................................... 18

Share Your Wrap Dress With Us
Now you have an awesome Petal Wrap Dress— it is time to show it off! ............ 26

Inspiration
Images from the Testing Team ................. 27

Sewing Summary
Petal Wrap Dress .............................. 30
Glossary of Sewing Terms ................. 32

The Petal Wrap Dress is super cute paired with our Twig + Tale Tree Climbers or Pixie Shorts!

TERMS OF USE
This pattern and its instructions are protected by copyright law. Please do not email copies to your friends or family; instead, refer them to twigandtale.com so they can purchase a copy for themselves. I rely on the honesty of my customers to support my shop, so thank you in advance for respecting my copyright.

Small home-based handmade businesses selling items on Etsy or similar are welcome to sell products made from this pattern, but I do kindly ask that you reference Twig + Tale somewhere within your product description.

Credits
View Illustrations: Jessica Van Slooten
Pattern Grading: Jacqui Peterson
Cover Image: Ruth Phillips

Other images throughout the tutorial are courtesy of the wonderful group who helped to test this pattern.


Many thanks!
Before You Begin

Icons

💡 Helpful tips.

⚠️ Click on the **bold green** word to navigate directly to the page indicated.

Sewing Summary Print Sheet

Save a tree! This tutorial is designed to be viewed on an electronic reading device such as an iPad or phone while sewing. Although you can print the entire document, included at the end of this pattern is a handy “Cheat Sheet” with the basic instructions in an easy-print format. You may consider printing out this summary to store with your pattern pieces.

Print Only What You Need

Use the layers feature to select only the size you need, and print only the pages you require for your desired option. This is further explained in the Printing Instructions.

Seam Allowance

The seam allowance for this pattern is 3/8” (1cm) unless otherwise stated, and is already included.

Navigation Bar & Quick Links

The “Quick Link” section of the navigation bar at the bottom of each page helps you easily navigate to the most used sections of the tutorial. For example, if you wish to go to the contents page, simply hover over the word “CONTENTS” until you see the little hand appear - click on it, and there you are!

On the right-hand side you will see the Pattern Name. When you click on this, it will take you to the Twig + Tale blog, where you can view all blog posts written about this pattern.
I love a classic wee dress on a little one – add in reversibility and the ability to mash with other Twig + Tale patterns to create a dress or tunic for any of the four seasons, and my heart just sings!

Whether it’s a cool and breezy linen version for summer or a contrasting version in wintery wool with a pixie hood and paired with tights (so cute on sweet chunky legs!), this dress is bound to deliver ... and those teeny-tiny sizes are perfectly delightful and practical for a special baby shower gift too!

I hope this sweet wee dress becomes one of your go-to simple-sew patterns.

Lisa xox
Create the looks below by using the flutter sleeves, collar or hood pattern pieces from your Twig + Tale Pathfinder Vest, Pixie Pea Coat, Animal Vest or Animal Coat.
Fun Little Pattern Hacks!

Now that you have made some awesome Petal Wrap dresses - it’s time to spread your wings! These simple modifications to your Petal Wrap dress can create all kinds of new looks...

*Simply click on the symbol for Petal Wrap Dress blog posts, on the Twig + Tale Blog*

---

**ADD A FLUTTER**

Image by Kristie Cormarmond

---

**ADD A RUFFLE**

Image by Genevieve Nepveu

---

**ADD BIAS BINDING**

Image by Jo Benayoun

---

**ADD TIES TO FASTEN**

Image by Jo Benayoun

---

**ADD A PIXIE HOOD**

Image by Jess Ross

---

**ADD AN ANIMAL HOOD**

Image by Krysten McGillivray

---

**ADD PIPING**

Image by Rachel Baldacchino

---

**ADD POCKET EMBROIDERY**

Image by Angela Schade

---

**ADD COLOUR BLOCK**

Image by Pawinee Dodson

---
Gather Supplies

Suggested Fabrics

**Exterior:** Mid weight wovens: quilting cotton, linen, light-medium weight wools, corduroy, denim, chambray.
Up-cycled shirts and vintage sheets also make lovely petal dresses.

**Lining:** As this garment is reversible you can use the same fabrics for each side. Other lining options could be lawn or rayon.

Other Supplies & Notions

- Spool of coordinating thread
- Buttons or snaps
- Cord elastic (or elastic hair ties!)
- Bias binding (optional) 3-4.5 yds (2.5-4m) depending on size
- Piping (optional)
Measuring for a Good Fit

Have your child stand up straight with their arms by their sides. They should not hold their breath while being measured.

**Chest**

Measure directly under the arms at the fullest part of the chest. This is usually right at the level of the armpits.

**Hip**

Make the tape measure into a circle around the fullest part of the hips and slide it down, easing it out slowly until the tape measure drops off. Just before it drops off is the fullest part. You may have to do it a few times to get an accurate measurement.

**Waist**

Make a circle with the tape measure and slowly close the circle until it sits at the narrowest point of the waist. This is generally around the belly button, but everyone is different.

**Height**

Stand the child against a wall with bare feet and heels flat. Mark the top of the head on the wall, and then measure from the mark to the floor.
Size & Measurements Chart

Check the child's measurements against the measurements in the size chart to get the best fit. Please do NOT choose the size based on age - rather, measure and go by the correct size. These sizes are based on ATSM standard measurements and may NOT correspond to typical ready-to-wear sizes.

If your child's chest and height measurements fall under two different sizes, you can easily alter the length. The finished garment measurements on the following page will give you a guide of how much length to add. Use the custom fit instructions on page 12 for further explanation.

<table>
<thead>
<tr>
<th>Size</th>
<th>Prem</th>
<th>NB</th>
<th>0-3</th>
<th>3-6</th>
<th>6-9</th>
<th>9-12</th>
<th>12-18</th>
<th>18-24</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child's Chest</td>
<td>15 ¾&quot;</td>
<td>16&quot;</td>
<td>16 ½&quot;</td>
<td>17 ¾&quot;</td>
<td>18&quot;</td>
<td>18 ½&quot;</td>
<td>19 ½&quot;</td>
<td>20 ½&quot;</td>
<td>21&quot;</td>
<td>22&quot;</td>
</tr>
<tr>
<td></td>
<td>39.3cm</td>
<td>40.5cm</td>
<td>41.9cm</td>
<td>44.4cm</td>
<td>45.7cm</td>
<td>47cm</td>
<td>49.5cm</td>
<td>52.1cm</td>
<td>54cm</td>
<td>57cm</td>
</tr>
<tr>
<td>Child's Waist</td>
<td>15&quot;</td>
<td>16&quot;</td>
<td>18&quot;</td>
<td>18.5&quot;</td>
<td>18.75&quot;</td>
<td>19&quot;</td>
<td>19.5&quot;</td>
<td>20&quot;</td>
<td>20.5&quot;</td>
<td>21&quot;</td>
</tr>
<tr>
<td></td>
<td>38.1cm</td>
<td>40.64cm</td>
<td>45.7cm</td>
<td>47cm</td>
<td>47.6cm</td>
<td>48.3cm</td>
<td>49.5cm</td>
<td>50.8cm</td>
<td>52.1cm</td>
<td>53.3cm</td>
</tr>
<tr>
<td>Child's Hip</td>
<td>15.5&quot;</td>
<td>17&quot;</td>
<td>17&quot;</td>
<td>18&quot;</td>
<td>18.5&quot;</td>
<td>19&quot;</td>
<td>19&quot;</td>
<td>20&quot;</td>
<td>21&quot;</td>
<td>22&quot;</td>
</tr>
<tr>
<td></td>
<td>39.37cm</td>
<td>43.18cm</td>
<td>45.7cm</td>
<td>47cm</td>
<td>48.3cm</td>
<td>48.3cm</td>
<td>50.8cm</td>
<td>53.3cm</td>
<td>56.4cm</td>
<td>58.4cm</td>
</tr>
<tr>
<td>Child's Height</td>
<td>17-19&quot;</td>
<td>19.5-21.5&quot;</td>
<td>22-23.5&quot;</td>
<td>24-26.5&quot;</td>
<td>27-27.5&quot;</td>
<td>28-30.5&quot;</td>
<td>31-32.5&quot;</td>
<td>35.5&quot;</td>
<td>38&quot;</td>
<td>41&quot;</td>
</tr>
<tr>
<td></td>
<td>43-49cm</td>
<td>50-55cm</td>
<td>up to 60cm</td>
<td>60-68cm</td>
<td>69-72cm</td>
<td>73-78cm</td>
<td>79-83cm</td>
<td>90cm</td>
<td>97cm</td>
<td>105cm</td>
</tr>
</tbody>
</table>
Fabric Requirement Chart

You will need the following amounts for both the exterior and the lining fabrics. You may need more if matching plaids/checks or if you have a directional fabric.

<table>
<thead>
<tr>
<th>Fabric Width</th>
<th>PREM</th>
<th>NB</th>
<th>0-3</th>
<th>3-6</th>
<th>6-9</th>
<th>9-12</th>
<th>12-18</th>
<th>18-24</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>110cm / 43”</td>
<td>inches</td>
<td>17.7</td>
<td>17.7</td>
<td>19.7</td>
<td>19.7</td>
<td>23.6</td>
<td>23.6</td>
<td>31.5</td>
<td>31.5</td>
<td>39.4</td>
</tr>
<tr>
<td></td>
<td>cm</td>
<td>45</td>
<td>45</td>
<td>50</td>
<td>50</td>
<td>60</td>
<td>60</td>
<td>80</td>
<td>80</td>
<td>100</td>
</tr>
<tr>
<td>132cm / 52”</td>
<td>inches</td>
<td>15.7</td>
<td>15.7</td>
<td>17.7</td>
<td>17.7</td>
<td>21.7</td>
<td>21.7</td>
<td>25.6</td>
<td>25.6</td>
<td>27.6</td>
</tr>
<tr>
<td></td>
<td>cm</td>
<td>40</td>
<td>40</td>
<td>45</td>
<td>45</td>
<td>55</td>
<td>55</td>
<td>65</td>
<td>65</td>
<td>70</td>
</tr>
</tbody>
</table>

Finished Garment Measurements

Sometimes it is handy to know how much “ease” there is in a pattern if trying to decide between sizes. The following chart details the measurements of the finished garment.

<table>
<thead>
<tr>
<th>Finished Garment Measurements</th>
<th>PREM</th>
<th>NB</th>
<th>0-3</th>
<th>3-6</th>
<th>6-9</th>
<th>9-12</th>
<th>12-18</th>
<th>18-24</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chest Measurement</td>
<td>inches</td>
<td>16.5</td>
<td>17.7</td>
<td>18.9</td>
<td>19.7</td>
<td>20.5</td>
<td>21.3</td>
<td>22.1</td>
<td>22.9</td>
<td>23.7</td>
</tr>
<tr>
<td></td>
<td>cm</td>
<td>42</td>
<td>45</td>
<td>48</td>
<td>50</td>
<td>52</td>
<td>54.1</td>
<td>56.1</td>
<td>58.2</td>
<td>60.2</td>
</tr>
<tr>
<td>Centre Back Length</td>
<td>inches</td>
<td>11.3</td>
<td>12.3</td>
<td>13.3</td>
<td>14.3</td>
<td>15.2</td>
<td>16.3</td>
<td>17.2</td>
<td>18.2</td>
<td>19.2</td>
</tr>
<tr>
<td></td>
<td>cm</td>
<td>28.7</td>
<td>31.2</td>
<td>33.7</td>
<td>36.3</td>
<td>38.7</td>
<td>41.3</td>
<td>43.7</td>
<td>46.3</td>
<td>48.7</td>
</tr>
<tr>
<td>Tunic Length</td>
<td>inches</td>
<td>8.5</td>
<td>9.2</td>
<td>9.9</td>
<td>10.6</td>
<td>11.4</td>
<td>12.1</td>
<td>12.8</td>
<td>13.5</td>
<td>14.3</td>
</tr>
<tr>
<td></td>
<td>cm</td>
<td>21.5</td>
<td>23.4</td>
<td>25.2</td>
<td>27</td>
<td>28.9</td>
<td>30.7</td>
<td>32.5</td>
<td>34.4</td>
<td>36.2</td>
</tr>
</tbody>
</table>
How to Adjust Sizes for a Custom Fit

Children come in a wonderful variety of shapes and sizes. If the chest and height measurements fall in different sizes, you can simply add or subtract length from your pattern using the lengthen/shorten lines supplied.

TO LENGTHEN
1. Cut across the “lengthen/shorten” lines on the front and back paper pattern pieces. Lay the cut pattern pieces onto a piece of paper.
2. Slide the pieces apart until they form a gap equal to the amount you wish to add to the length (green drawing). Use the Finished Garment Measurement Chart on the previous page for an indication of how much length to add. Tape the pattern pieces onto the paper to secure.
3. Smooth out the curve on either side of the pattern piece if required to create the new pattern piece (blue drawing).

TO SHORTEN
1. Cut across the “lengthen/shorten” lines on front and back paper pattern pieces:
2. Overlap the top piece over the bottom piece by the amount you wish to remove from the length (green drawing). Use the Finished Garment Measurement Chart on the previous page for an indication of how much length to remove. Tape the pieces together.
3. Smooth out the curve on either side of the pattern piece if required to create the new pattern piece (blue drawing).
Upcycle Inspiration

Making a Garment from Recycled Materials

Did you know? All Twig + Tale patterns are designed to be made from upcycled materials!

Here at Twig + Tale HQ, we are proudly passionate about recycling, starting as a small boutique making one-of-a-kind garments from upcycled materials under the name of Big Little.

We hope to encourage and inspire you to enjoy that same satisfaction of making something truly exquisite from discarded textiles. Here are some ideas on how to make your garment from upcycled materials - saving the planet and your pocket.

100% Wool blanket - look for finer blankets rather than the super thick ones; otherwise you may have issues turning through the shoulders. Alternatively, you could use thick fabric for the back along with lighter fabrics for the front to keep the bulk down.

Yarn - for embroidery details.

Buttons - cut from old garments.

Beautiful hand-embroidered tablecloth - so stunning for a feature dress, or use sparingly as a collar or a pocket.

Vintage floral sheet - for lining.

Wool skirt or kilt - this one is pleated, and although cut on the bias, it still yields an incredible amount of fabric! Unpick the waistband and any other stitching at the top of the skirt; then wash and steam iron before cutting.

Wooden buttons - made from a small branch that came from our beautiful native Pohutukawa tree after a storm. Our tutorial on how to make wooden buttons can be found here: http://www.twigandtale.com/blogs/twig-and-tale-blog/handmade-wooden-buttons

Jeans and wool trousers - work nicely although there may only be enough fabric for a smaller size or for colour-blocking. The original pockets could be sewn on the outside of a garment as is. With thoughtful placement when cutting the pattern pieces, you may also be able to use the original seams and hems as a feature.
Print + Assemble Pattern

Paper Sizes

You can print out the pattern pieces on your home printer using either US Letter paper (8 ½ x 11”) or A4 paper.

Using Layers

This pattern includes LAYERED pattern pieces, which allows you to choose only the sizes you wish to print. In ACROBAT READER, click on the layers icon (highlighted with a circle in the image below) while the file is open. Click on the eyeballs to turn size layers on or off. Be sure to leave the bottom layer “Pages & Info” turned on.

Print the first page of the PATTERN PIECES and ensure the 1” or 2cm square scale check boxes are correct before printing the remainder of the pattern pages.

You will need the latest version of Adobe Acrobat Reader. If you do not have it, you can download it free here: https://get.adobe.com/reader/otherversions/
Printer Settings

Your printer needs to be set on “Actual Size” to prevent it from scaling the pages incorrectly. You do not need to print the entire document – select only the pages you require from the chart below.

Troubleshooting

Most issues resolve themselves by printing from a desktop or laptop. Printing from an iPad or mobile device can produce irregular results.

Layers not showing up?

1. Ensure that you are looking at the ACROBAT print menu, not the default print menu that pops up on your computer.
2. On a Mac, sometimes the file can get “flattened” when you save it to your desktop. Simply go to your downloads folder and open it from there.

Which Pages to Print

<table>
<thead>
<tr>
<th>Pages</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tutorial 1-35</td>
<td>Save a tree! Read on your phone/tablet/laptop while sewing rather than print!</td>
</tr>
<tr>
<td>Pattern Pieces 36-47</td>
<td>Print page 36 first and double check the scale boxes are correct. Then go ahead and print the remainder of the pages.</td>
</tr>
</tbody>
</table>

Assembling Pattern Pieces

Cut around the outer page rectangles (some people prefer to simply cut off the bottom edge and right-hand edge of the rectangles in order to overlap the pages), and then using the Page Assembly Diagram on the following page as a guide, arrange your pages, aligning the diamonds and corner circles. Tape the pages together, and then cut out your pattern pieces.
This pattern has accompanying video guides!

**Video Tutorials Page**

**Video Tutorials Page**

**Learn To Embroider**
Learn the basics of hand embroidery to embellish your handmade makes!

https://www.twigandtale.com/pages/embroidery
Sewing Instructions

Welcome!
Before we start - did you know there is a Twig + Tale Chat Group on Facebook? It is a great place to ask questions if you need help along the way, and of course show off photos of your finished items. We look forward to seeing you there! Link above not working? Copy and paste this instead: https://www.facebook.com/groups/522332691240127/

Cutting Out Main Dress

**Back**  
Cut 1 exterior + 1 lining on the fold

**Front**  
Cut 2 exterior + 2 lining as mirrored pairs

**Elastic Button Loops**  
Cut two 2.5” (6cm)  
Alternatively you could fasten with snaps

**Pocket (optional)**  
Cut 1 exterior + 1 lining for each pocket  
If sewing the Tunic length you would need to adjust the pocket position accordingly!

Cutting Out Optional Extras

*If you own the Pathfinder Vest for Babies or Children - you can mix and match the Flutter Sleeves and collar with this dress! You can also use the hoods from the Pixie Coat, Pathfinder Vest, Animal Coat or Animal Vest.*

**Flutter Sleeve**  
Cut 2 exterior + 2 lining on the fold. You could also cut all sleeve pieces from lining fabric if desired

**Round Hood**  
Cut 2 exterior + 2 lining, side hood pieces as mirrored pairs  
Cut 1 exterior + 1 lining hood centre panel piece

**Pixie Hood**  
Cut 2 exterior + 2 lining as mirrored pairs

**Collar**  
Cut 1 exterior + 1 lining
Turn the pocket right side out, and then using a chopstick or something similar, smooth out the edges from the inside to get a nice smooth curve along the bottom edge of the pocket.

Tuck in the seam allowance of the turning hole and press.

Optional Pocket

If you would like to add optional embroidery to your wee pocket, the time to do that is now, before you start.

Twig + Tale Embroidery Collections are the perfect accompaniment to these wee pockets. Available here: http://twigandtale.com/collections/embroidery

With right sides together, stitch the pocket pieces together with a 3/8” (1cm) seam allowance, leaving a gap for turning along the top edge.

Clip the corners to reduce the bulk once the pocket is turned through.

Trim off half of the seam allowance around the curve to help it sit nicely once turned through.

Press the seam open.