

Size Chart - Inches

You will see there are two size ranges.

The first is 0-22 (Twig + Tale Sizes A-L)

The second is a 14-38 (Twig + Tale Sizes H-T).

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your upper bust to full bust ratio.

This tutorial covers sizes 0-22

Numeric Size		0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	
Twig + Tale Size		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	
		0-22 RANGE																				
									14-38 RANGE													
Upper Bust	inch	29	30	31	32	33	34	35.5	37	39	41	43	45									
										37	39	41	43	45	47	49	51	53	55	57	59	61
Full Bust	inch	30	32	33	34	35	36	37.5	39	41	43	45	47									
										41	43	45	47	49	51	53	55	57	59	61	63	65
Waist	inch	25	25	25	26	27	28	29.5	31	33	35	37	39									
										32	34	36	38	40	42	44	47	50	53	56	59	62
Hip	inch	33	35	36	37	38	39	40.5	42	44	46	48	50									
										42	44	46	48	50	52	54	57	60	63	66	69	72
Shoulder Width	inch	13.1	13.3	13.6	13.8	14	14.3	14.6	15	15.6	15.7	15.9	16.2									
										15.7	16.2	16.4	16.7	16.9	17.1	17.4	17.7	17.9	18.1	18.3	18.8	19.3
Upper Arm	inch	9.4	9.8	10.2	10.6	11	11.4	11.8	12.2	13	13.8	14.6	15.4									
										12.6	13.4	14.2	15	15.7	16.5	17.3	18.1	18.9	19.7	20.5	21.3	22
Height	feet	4'9"	5'2"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"

Size Chart - Centimetres

You will see there are two size ranges.

The first is 0-22 (Twig + Tale Sizes A-L)

The second is a 14-38 (Twig + Tale Sizes H-T).

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your upper bust to full bust ratio.

This tutorial covers sizes 0-22 (A-L).

Numeric Size		0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38		
Twig + Tale Size		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T		
		0-22 RANGE																					
														14-38 RANGE									
Upper Bust	cm	73.7	76.2	78.7	81.3	83.8	86.4	90.2	94	99.1	104.1	109.2	114.3										
										94	99.1	104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	145	150	155	
Full Bust	cm	76.2	81.3	83.8	86.4	88.9	91.4	95.3	99.1	104.1	109.2	114.3	119.4										
										104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	144.8	149.9	155	160	165	
Waist	cm	63.5	63.5	63.5	66	68.6	71.1	74.9	78.7	83.8	88.9	94	99.1										
										81.3	86.4	91.4	96.5	101.6	106.7	111.8	119.4	127	134.6	142.5	150	157.5	
Hip	cm	83.8	88.9	91.4	94	96.5	99.1	102.9	106.7	111.8	116.8	121.9	127										
										106.7	111.8	116.8	121.9	127	132.1	137.2	144.8	152.4	160	167.5	175.5	183	
Shoulder Width	cm	33.2	33.8	34.5	35	35.5	36.2	37.2	38.2	39.5	40	40.5	41.2										
										40	41.2	41.7	42.5	43	43.5	44.2	45	45.4	46	46.6	47.8	49	
Upper Arm	cm	24	25	26	27	28	29	30	31	33	35	37	39										
										32	34	36	38	40	42	44	46	48	50	52	54	56	
Height	cm	145	157.5	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	

Finished Garment Measurements

Finished Garment Size		a	b	c	d	e	f	g	h	i	j	k	l
Chest (at full bust position) EASE: 2 ¾" (7cm)	inches	34.1	35	36	37	38	38.8	40.4	41.9	43.9	46.3	48.6	50.8
	cm	86.5	89	91.5	94	96.5	98.5	102.5	106.5	111.5	117.5	123.5	129
Waist (at lengthen/shorten line) ** EASE: 10" (25.5cm)	inches	33.1	34.1	35.2	36	37	38	39.6	41.1	43.1	45.5	47.8	50
	cm	84	86.5	89.5	91.5	94	96.5	100.5	104.5	109.5	115.5	121.5	127
Hip (at straight hem notch) EASE: 3 ½" (9cm)	inches	37.6	38.6	39.6	40.6	41.5	42.5	44.1	45.7	47.6	50	52.4	54.7
	cm	95.5	98	100.5	103	105.5	108	112	116	121	127	133	139
Length (High shoulder to hem on Front)	inches	22.8	23.6	24.2	24.4	24.6	24.6	25	25.2	25.6	26	26.4	26.8
	cm	58	60	61.5	62	62.5	62.5	63.5	64	65	66	67	68
Shoulder to Shoulder EASE: ¾" (1.8cm)	inches	13.8	14	14.2	14.4	14.6	15	15.4	15.7	16.1	16.3	16.5	16.9
	cm	35	35.5	36	36.5	37	38	39	40	41	41.5	42	43
Sleeve Length - Longer Sleeve (Bracelet Length) (Center back neck to hem)	inches	26.5	27.2	28	28.3	28.7	28.9	29.1	29.5	29.9	30.3	30.5	30.9
	cm	67.4	69	71	72	73	73.5	74	75	76	77	77.5	78.5
Sleeve Length - Shorter Sleeve (Elbow Length) (Center back neck to hem)	inches	20.9	21.3	21.7	22	22.2	22.4	22.8	23.2	23.6	24	24.2	24.6
	cm	53	54	55	56	56.5	57	58	59	60	61	61.5	62.5
Bust Apex Position from Shoulder Point	inches	8.9	9.3	9.4	9.6	9.8	9.9	10.1	10.4	10.6	10.9	11.2	11.4
	cm	22.5	23.5	24	24.5	24.8	25.2	25.7	26.5	27	27.7	28.5	29
Upper Arm (at underarm seam) EASE: 2" (5cm)	inches	12.2	13	13.4	13.8	14	14.4	15	15.4	16.1	17.1	17.9	18.7
	cm	31	33	34	35	35.5	36.5	38	39	41	43.5	45.5	47.5

** Please note that this is a "pull over the head" style. If making alterations please be aware that the waist must not get smaller than the full bust measurement or you will not be able to get the garment on or off



Gather Supplies

Suggested Fabrics

This pattern requires light to medium-lightweight woven fabrics.

Warmer weather options include lightweight linen, cotton, silk, lawn, voile, charmeuse, crêpe de chine, double gauze, rayon, seersucker, Tencel, and chambray.

Cooler weather options include chambray, flannel, wool crepe, and thinner velvets.

Fabric Requirement Chart

You may need more if matching plaids/checks or if you have a directional fabric.

SHORTER SLEEVE (ELBOW LENGTH)

Fabric Width	Size	a	b	c	d	e	f	g	h	i	j	k	l
110cm/43"	inches	59.1	59.1	59.1	78.7	78.7	78.7	78.7	82.7	82.7	86.6	86.6	86.6
	cm	150	150	150	200	200	200	200	210	210	220	220	220
132cm/52"	inches	43.3	47.2	47.2	47.2	47.2	47.2	55.1	55.1	55.1	55.1	59.1	59.1
	cm	110	120	120	120	120	120	140	140	140	140	150	150
150cm/59"	inches	43.3	47.2	47.2	47.2	47.2	47.2	47.2	47.2	47.2	47.2	59.1	59.1
	cm	110	120	120	120	120	120	120	120	120	120	150	150

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Additional fabric required for Longer Sleeve (Braclet Length) version

Fabric Width		a	b	c	d	e	f	g	h	i	j	k	l
110cm/43"	inches	11.8	11.8	11.8	19.7	19.7	19.7	19.7	19.7	19.7	19.7	19.7	19.7
	cm	30	30	30	50	50	50	50	50	50	50	50	50
132cm/52"	inches	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	19.7	19.7	19.7
	cm	30	30	30	30	30	30	30	30	30	50	50	50
150cm/59"	inches	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8
	cm	30	30	30	30	30	30	30	30	30	30	30	30

Elastic Requirement Chart

You will need to cut 2 of the following lengths of 1/4" (6mm) wide elastic.

These lengths are given as a guide only. It is recommended that you custom fit the sleeve hem elastic to fit you.

The elastic needs to sit snugly around the elbow (shorter sleeve) or forearm (longer sleeve), allowing the fabric to gently billow out over the gathered hem.

Elastic length - Cut x2		a	b	c	d	e	f	g	h	i	j	k	l
Longer Sleeve	inches	8.5	8.7	8.9	9.1	9.3	9.4	9.6	9.8	10.2	10.6	11	11.4
	cm	21.5	22	22.5	23	23.5	24	24.5	25	26	27	28	29
Shorter Sleeve	inches	10.6	11	11.2	11.4	11.6	11.8	12.2	12.6	13	13.4	13.8	14.2
	cm	27	28	28.5	29	29.5	30	31	32	33	34	35	36

Other Supplies & Notions

- Spool of coordinating thread.
- Optional: up to 19.7" (50cm) of 1 1/4" (3.2cm) wide bias binding (if not making your own using the pattern piece supplied).
- Lightweight fusible interfacing to stabilise neckline facing - knitted or woven will suit best. An interfacing with a similar or lighter weight, and slightly less drape than your fabric is recommended.



Upcycle Inspiration

Making a Top from Recycled Materials

Did you know? All Twig + Tale® patterns are designed to be made from upcycled materials!

Here at Twig + Tale® HQ, we are proudly passionate about recycling, starting as a small boutique making one-of-a-kind garments from upcycled materials.

We hope to encourage and inspire you to enjoy that same satisfaction of making something truly exquisite from discarded textiles. Here are some ideas on how to make your garment from upcycled materials - saving the planet and your pocket.



This soft velvet skirt could be repurposed into an autumn-weight Vista Top.

A linen tablecloth with vintage embroidery would make an especially delightful version.

Add sweet details with embroidery floss or yarn.



Learn to embroider at twigandtale.com.



Muslin or double gauze baby swaddles can be repurposed into buttery-soft Vista Tops.

A linen duvet cover or vintage cotton sheets can become lovely Vista Tops.

An old cotton or linen shirt can be turned into bias binding.



Search the blog at twigandtale.com for how to make your own bias binding.

