

Size Chart - Inches

You will see there are two size ranges.

The first is 0-22 (Twig + Tale Sizes A-L)

The second is a 14-38 (Twig + Tale Sizes H-T).

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your upper bust to full bust ratio.

This tutorial covers sizes 0-22

Numeric Size		0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	
Twig + Tale Size		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	
		0-22 RANGE																				
									14-38 RANGE													
Upper Bust	inch	29	30	31	32	33	34	35.5	37	39	41	43	45									
									37	39	41	43	45	47	49	51	53	55	57	59	61	
Full Bust	inch	30	32	33	34	35	36	37.5	39	41	43	45	47									
									41	43	45	47	49	51	53	55	57	59	61	63	65	
Waist	inch	25	25	25	26	27	28	29.5	31	33	35	37	39									
									32	34	36	38	40	42	44	47	50	53	56	59	62	
Hip	inch	33	35	36	37	38	39	40.5	42	44	46	48	50									
									42	44	46	48	50	52	54	57	60	63	66	69	72	
Shoulder Width	inch	13.1	13.3	13.6	13.8	14	14.3	14.6	15	15.6	15.7	15.9	16.2									
									15.7	16.2	16.4	16.7	16.9	17.1	17.4	17.7	17.9	18.1	18.3	18.8	19.3	
Upper Arm	inch	9.4	9.8	10.2	10.6	11	11.4	11.8	12.2	13	13.8	14.6	15.4									
									12.6	13.4	14.2	15	15.7	16.5	17.3	18.1	18.9	19.7	20.5	21.3	22	
Height	feet	4'9"	5'2"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"

Size Chart - Centimetres

You will see there are two size ranges.

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The second is a 14-38 (Twig + Tale Sizes H-T).

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your upper bust to full bust ratio.

This tutorial covers sizes 0-22 (A-L).

Numeric Size		0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38		
Twig + Tale Size		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T		
		0-22 RANGE																					
														14-38 RANGE									
Upper Bust	cm	73.7	76.2	78.7	81.3	83.8	86.4	90.2	94	99.1	104.1	109.2	114.3										
										94	99.1	104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	145	150	155	
Full Bust	cm	76.2	81.3	83.8	86.4	88.9	91.4	95.3	99.1	104.1	109.2	114.3	119.4										
										104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	144.8	149.9	155	160	165	
Waist	cm	63.5	63.5	63.5	66	68.6	71.1	74.9	78.7	83.8	88.9	94	99.1										
										81.3	86.4	91.4	96.5	101.6	106.7	111.8	119.4	127	134.6	142.5	150	157.5	
Hip	cm	83.8	88.9	91.4	94	96.5	99.1	102.9	106.7	111.8	116.8	121.9	127										
										106.7	111.8	116.8	121.9	127	132.1	137.2	144.8	152.4	160	167.5	175.5	183	
Shoulder Width	cm	33.2	33.8	34.5	35	35.5	36.2	37.2	38.2	39.5	40	40.5	41.2										
										40	41.2	41.7	42.5	43	43.5	44.2	45	45.4	46	46.6	47.8	49	
Upper Arm	cm	24	25	26	27	28	29	30	31	33	35	37	39										
										32	34	36	38	40	42	44	46	48	50	52	54	56	
Height	cm	145	157.5	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	

Gather Supplies

Suggested Fabrics

Warmer weather options include lightweight linen, cotton, silk, lawn, voile, charmeuse, crêpe de chine, double gauze, rayon, seersucker, Tencel, and chambray.

Cooler weather options include chambray, flannel, wool crepe, and thinner velvets.

Flounce sleeve options will work best in the warmer weather suggestions, and also include fabrics like chiffon and georgette. We would not recommend using quilting cotton or cotton poplin as it doesn't have enough drape, resulting in a stiff sleeve.

Elastic (Lantern Sleeve)

If you have chosen to make the Lantern Sleeve, you will need to cut 2 of the following lengths of 1/4" (6mm) wide elastic.

Please note the elastic measurements given are a guide. All bodies are different, adjust elastic as necessary to fit your body.

Elastic		a	b	c	d	e	f	g	h	i	j	k	l
Cut x2 from 1/4" (6mm) elastic	inches	10	10.2	10.4	10.6	10.8	11	11.2	11.4	11.8	12.2	12.6	13
	cm	25.5	26	26.5	27	27.5	28	28.5	29	30	31	32	33

Binding (Pleated Sleeve)

For all sizes: if you have chosen to make the Pleated Sleeve, you will need to cut two binding strips 19.7" (50cm) by 1.5" (3.8cm) or use store bought bias tape of the same dimensions.

Note: This binding strip does not strictly need to be cut on the bias, especially if you are going off piste and hacking a cuff.



Fabric Requirement Chart

Fabric requirements for Body Pieces

Fabric Width		a	b	c	d	e	f	g	h	i	j	k	l
110cm/43"	inches	23.6	27.6	27.6	27.6	51.2	51.2	51.2	55.1	55.1	55.1	55.1	55.1
	cm	60	70	70	70	130	130	130	140	140	140	140	140
132cm/52"	inches	23.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	55.1	55.1
	cm	60	70	70	70	70	70	70	70	70	70	140	140
150cm/59"	inches	23.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6
	cm	60	70	70	70	70	70	70	70	70	70	70	70

ADD TO FABRIC REQUIREMENT FOR LANTERN SLEEVE

Fabric Width		a	b	c	d	e	f	g	h	i	j	k	l
110cm/43"	inches	23.6	23.6	23.6	23.6	23.6	23.6	23.6	23.6	35.4	35.4	35.4	35.4
	cm	60	60	60	60	60	60	60	60	90	90	90	90
132cm/52"	inches	19.7	23.6	23.6	23.6	23.6	23.6	23.6	23.6	23.6	23.6	15.7	15.7
	cm	50	60	60	60	60	60	60	60	60	60	40	40
150cm/59"	inches	11.8	19.7	19.7	19.7	19.7	19.7	19.7	27.6	27.6	27.6	27.6	27.6
	cm	30	50	50	50	50	50	50	70	70	70	70	70



ADD TO FABRIC REQUIREMENT FOR PLEATED SLEEVE

Fabric Width		a	b	c	d	e	f	g	h	i	j	k	l
110cm/43"	inches	35.4	35.4	35.4	35.4	35.4	35.4	35.4	35.4	35.4	35.4	35.4	35.4
	cm	90	90	90	90	90	90	90	90	90	90	90	90
132cm/52"	inches	23.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6
	cm	60	70	70	70	70	70	70	70	70	70	70	70
150cm/59"	inches	23.6	27.6	27.6	27.6	27.6	27.6	27.6	31.5	31.5	31.5	31.5	31.5
	cm	60	70	70	70	70	70	70	80	80	80	80	80

ADD TO FABRIC REQUIREMENT FOR CUFF SLEEVE

Fabric Width		a	b	c	d	e	f	g	h	i	j	k	l
110cm/43"	inches	11.8	11.8	11.8	11.8	-	-	-	-	11.8	11.8	11.8	11.8
	cm	30	30	30	30	-	-	-	-	30	30	30	30
132cm/52"	inches	11.8	11.8	11.8	19.7	19.7	19.7	19.7	11.8	11.8	11.8	-	-
	cm	30	30	30	50	50	50	50	30	30	30	-	-
150cm/59"	inches	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8	11.8
	cm	30	30	30	30	30	30	30	30	30	30	30	30



ADD TO FABRIC REQUIREMENT FOR LONG + TAB SLEEVE

Fabric Width		a	b	c	d	e	f	g	h	i	j	k	l
110cm/43"	inches	27.6	27.6	27.6	27.6	7.9	7.9	7.9	15.7	15.7	23.6	23.6	23.6
	cm	70	70	70	70	20	20	20	40	40	60	60	60
132cm/52"	inches	23.6	27.6	27.6	31.5	31.5	31.5	31.5	31.5	31.5	31.5	7.9	7.9
	cm	60	70	70	80	80	80	80	80	80	80	20	20
150cm/59"	inches	23.6	27.6	27.6	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5
	cm	60	70	70	80	80	80	80	80	80	80	80	80

ADD TO FABRIC REQUIREMENT FOR FLOUNCE SLEEVE

Fabric Width		a	b	c	d	e	f	g	h	i	j	k	l
110cm/43"	inches	11.8	23.6	23.6	23.6	23.6	23.6	23.6	27.6	27.6	27.6	27.6	27.6
	cm	30	60	60	60	60	60	60	70	70	70	70	70
132cm/52"	inches	15.7	19.7	19.7	19.7	19.7	19.7	19.7	19.7	19.7	23.6	23.6	23.6
	cm	40	50	50	50	50	50	50	50	50	60	60	60
150cm/59"	inches	15.7	19.7	19.7	19.7	19.7	19.7	19.7	23.6	23.6	23.6	23.6	23.6
	cm	40	50	50	50	50	50	50	60	60	60	60	60



Finished Garment Measurements

Finished Garment Size		a	b	c	d	e	f	g	h	i	j	k	l
Sleeve Length - $\frac{3}{4}$ Lantern + $\frac{3}{4}$ Pleated Sleeve (Center back neck to hem)	inches	23.8	24.4	25	25.6	25.8	26	26.4	26.8	27.2	27.6	27.8	28.1
	cm	60.5	62	63.5	65	65.5	66	67	68	69	70	70.5	71.5
Sleeve Length - Cuff Sleeve (Center back neck to hem)	inches	13.4	13.8	14.2	14.6	14.6	15	15.2	15.6	15.9	16.3	16.5	16.9
	cm	34	35	36	37	37	38	38.5	39.5	40.5	41.5	42	43
Sleeve Length - Long + Tab Sleeve (Center back neck to hem)	inches	28.1	29.1	30.1	30.3	30.7	30.9	31.1	31.5	31.9	32.3	32.5	32.9
	cm	71.5	74	76.5	77	78	78.5	79	80	81	82	82.5	83.5
Sleeve Length - Flounce Sleeve (Center back neck to hem)	inches	17.3	17.7	18.1	18.5	18.5	18.9	19.1	19.5	19.9	20.3	20.5	20.9
	cm	44	45	46	47	47	48	48.5	49.5	50.5	51.5	52	53
Upper Arm - $\frac{3}{4}$ Lantern Sleeve (at underarm seam) EASE: 2" (5cm)	inches	12.2	13	13.4	13.8	14	14.4	15	15.4	16.1	17.1	17.9	18.7
	cm	31	33	34	35	35.5	36.5	38	39	41	43.5	45.5	47.5
Upper Arm - $\frac{3}{4}$ Pleated + Flounce Sleeve (at underarm seam) EASE: 8 $\frac{1}{2}$ " (22cm)	inches	19.1	19.9	20.1	20.5	20.9	21.5	21.7	22.2	23	23.8	24.6	25.4
	cm	48.5	50.5	51	52	53	54.5	55	56.5	58.5	60.5	62.5	64.5
Upper Arm - Cuff Sleeve (at underarm seam)	inches	12	12.8	13	13.4	13.8	14	14.6	15.2	15.7	16.7	17.5	18.5
	cm	30.5	32.5	33	34	35	35.5	37	38.5	40	42.5	44.5	47
Upper Arm - Long + Tab Sleeve (at underarm seam)	inches	11.2	11.8	12.2	12.4	12.8	13.2	13.8	14.4	15	15.7	16.7	17.5
	cm	28.5	30	31	31.5	32.5	33.5	35	36.5	38	40	42.5	44.5

Note: the Flounce Sleeve's construction means that an upper arm measurement is not needed. So long as the upper arm comfortably goes through the armhole, the Flounce Sleeve will fit.

