

# Size Chart - Inches

You will see there are two size ranges.  
The first is 0-22 (Twig + Tale® Sizes A-L)  
and the second is a 14-38 (Twig + Tale® Sizes H-T).

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your waist to hip ratio.

**This tutorial covers sizes 14-38 (H-T).**

Numeric Size		0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	
Twig + Tale Size		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	
		0-22 RANGE																				
									14-38 RANGE													
Upper Bust	inch	29	30	31	32	33	34	35.5	37	39	41	43	45									
										37	39	41	43	45	47	49	51	53	55	57	59	61
Full Bust	inch	30	32	33	34	35	36	37.5	39	41	43	45	47									
										41	43	45	47	49	51	53	55	57	59	61	63	65
Waist	inch	25	25	25	26	27	28	29.5	31	33	35	37	39									
										32	34	36	38	40	42	44	47	50	53	56	59	62
Hip	inch	33	35	36	37	38	39	40.5	42	44	46	48	50									
										42	44	46	48	50	52	54	57	60	63	66	69	72
Upper Arm	inch	9.4	9.8	10.2	10.6	11	11.4	11.8	12.2	13	13.8	14.6	15.4									
										12.6	13.4	14.2	15	15.7	16.5	17.3	18.1	18.9	19.7	20.5	21.3	22
Height	feet	4'9"	5'2"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"

# Size Chart - Centimetres

You will see there are two size ranges.  
The first is 0-22 (Twig + Tale® Sizes A-L)  
and the second is a 14-38 (Twig + Tale® Sizes H-T).

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your waist to hip ratio.

**This tutorial covers sizes 14-38 (H-T).**

Numeric Size		0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	
Twig + Tale Size		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	
		0-22 RANGE																				
											14-38 RANGE											
Upper Bust	cm	73.7	76.2	78.7	81.3	83.8	86.4	90.2	94	99.1	104.1	109.2	114.3									
										94	99.1	104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	145	150	155
Full Bust	cm	76.2	81.3	83.8	86.4	88.9	91.4	95.3	99.1	104.1	109.2	114.3	119.4									
										104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	144.8	149.9	155	160	165
Waist	cm	63.5	63.5	63.5	66	68.6	71.1	74.9	78.7	83.8	88.9	94	99.1									
										81.3	86.4	91.4	96.5	101.6	106.7	111.8	119.4	127	134.6	142.5	150	157.5
Hip	cm	83.8	88.9	91.4	94	96.5	99.1	102.9	106.7	111.8	116.8	121.9	127									
										106.7	111.8	116.8	121.9	127	132.1	137.2	144.8	152.4	160	167.5	175.5	183
Upper Arm	cm	24	25	26	27	28	29	30	31	33	35	37	39									
										32	34	36	38	40	42	44	46	48	50	52	54	56
Height	cm	145	157.5	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165



## Finished Garment Measurements

<b>Finished Garment Size</b>		<b>h</b>	<b>i</b>	<b>j</b>	<b>k</b>	<b>l</b>	<b>m</b>	<b>n</b>	<b>o</b>	<b>p</b>	<b>q</b>	<b>r</b>	<b>s</b>	<b>t</b>
Chest (at full bust position)	inches	43.5	45.5	47.8	50.2	52.6	56.1	58.7	61	63.6	66.1	68.7	71.3	73.6
EASE: 3 1/2" (9cm)	cm	110.5	115.5	121.5	127.5	133.5	142.5	149	155	161.5	168	174.5	181	187
Waist (at lengthen/shorten line) **	inches	44.1	46.1	48.4	50.8	53.1	53.9	56.3	58.9	61.8	64.8	67.5	70.5	73.4
EASE: 11 3/4" (30cm)	cm	112	117	123	129	135	137	143	149.5	157	164.5	171.5	179	186.5
Hip (at straight hem notch)	inches	46.7	48.6	51	53.3	55.7	58.1	60.4	62.8	65.7	68.7	71.7	74.6	77.6
EASE: 3 1/2" (9cm)	cm	118.5	123.5	129.5	135.5	141.5	147.5	153.5	159.5	167	174.5	182	189.5	197
Length (High shoulder to hem on front)	inches	25.2	25.6	25.8	26.2	26.6	28.9	29.5	30.7	30.3	30.7	31.1	31.5	31.9
	cm	64	65	65.5	66.5	67.5	73.5	75	78	77	78	79	80	81
Shoulder to Shoulder	inches	16.5	17.1	17.3	17.5	17.7	18.1	18.3	18.5	18.7	18.9	19.1	19.4	19.7
EASE: 3/4" (1.8cm)	cm	42	43.5	44	44.5	45	46	46.5	47	47.5	48	48.6	49.2	50
Sleeve Length - 3/4 (Center back neck to hem)	inches	26.6	27	27.4	27.6	28	28.1	28.3	28.7	28.9	29.3	29.5	29.9	30.1
	cm	67.5	68.5	69.5	70	71	71.5	72	73	73.5	74.5	75	76	76.5
Sleeve Length - Short + Flare (Center back neck to hem)	inches	16.5	17.1	17.3	17.5	17.7	18.9	19.1	19.5	19.7	19.9	20.3	20.5	20.7
	cm	42	43.5	44	44.5	45	48	48.5	49.5	50	50.5	51.5	52	52.5
Sleeve Length - Cap (Center back neck to hem)	inches	13.4	13.8	14	14.4	14.8	14.8	15.2	15.4	15.6	15.9	16.1	16.5	16.7
	cm	34	35	35.5	36.5	37.5	37.5	38.5	39	39.5	40.5	41	42	42.5
Bust Apex Position from Shoulder Point	inches	11.2	11.4	11.6	11.9	12.1	12.8	13.2	13.4	13.7	14	14.4	14.6	14.9
	cm	28.5	29	29.5	30.2	30.8	32.5	33.5	34	34.8	35.5	36.5	37	37.8
Upper Arm - Short, 3/4 + Cap Sleeve (at underarm seam) EASE: 2" (5cm)	inches	15.2	15.7	16.5	17.5	18.1	17.7	18.5	19.3	20.1	20.9	21.7	22.4	23.2
	cm	38.5	40	42	44.5	46	45	47	49	51	53	55	57	59
Upper Arm - Flare Sleeve (at underarm seam) EASE: 5" (13cm)	inches	18.1	18.5	18.9	20.1	21.1	21.9	22.6	23.4	24.4	25.2	26.0	26.8	27.6
	cm	46	47	48	51	53.5	55.5	57.5	59.5	62	64	66	68	70

# Gather Supplies

## Suggested Fabrics

This pattern requires light to medium-lightweight woven fabrics.

**Warmer weather options** include lightweight linen, cotton, silk, lawn, voile, charmeuse, crêpe de chine, double gauze, rayon, seersucker, Tencel, and chambray.

**Cooler weather options** include chambray, flannel, wool crepe, and thinner velvets.

## Fabric Requirement Chart

The fabric requirements are for any sleeve option. You may need more if matching plaids/checks or if you have a directional fabric.

Fabric Width		h	i	j	k	l	m	n	o	p	q	r	s	t
110cm/43"	inches	59.1	70.9	74.8	74.8	78.7	78.7	86.6	86.6	90.6	90.6	94.5	94.5	94.5
	cm	150	180	190	190	200	200	220	220	230	230	240	240	240
132cm/52"	inches	55.1	55.1	55.1	55.1	59.1	59.1	66.9	66.9	74.8	74.8	82.7	82.7	82.7
	cm	140	140	140	140	150	150	170	170	190	190	210	210	210
150cm/59"	inches	47.2	47.2	47.2	47.2	55.1	55.1	59.1	59.1	63	63	70.9	70.9	70.9
	cm	120	120	120	120	140	140	150	150	160	160	180	180	180

## Other Supplies & Notions

- Spool of coordinating thread.
- Optional: 31.5" (80cm) of 1 1/4" (3.2cm) wide bias binding (if not making your own using the pattern piece supplied).