

Size Chart - Inches

You will see there are two size ranges.

The first is 0-22 (Twig + Tale Sizes A-L)

The second is a 14-38 (Twig + Tale Sizes H-T) .

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your waist to hip ratio.

This tutorial covers sizes 14-38 (H-T).

| Numeric Size | | 0 (12yr) | 2 (14yr) | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | 28 | 30 | 32 | 34 | 36 | 38 | |
|------------------|------|-------------|-------------|------|------|------|------|------|-------------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Twig + Tale Size | | A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | |
| | | 0-22 RANGE | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | 14-38 RANGE | | | | | | | | | | | | | |
| Upper Bust | inch | 29 | 30 | 31 | 32 | 33 | 34 | 35.5 | 37 | 39 | 41 | 43 | 45 | | | | | | | | | |
| | | | | | | | | | | 37 | 39 | 41 | 43 | 45 | 47 | 49 | 51 | 53 | 55 | 57 | 59 | 61 |
| Full Bust | inch | 30 | 32 | 33 | 34 | 35 | 36 | 37.5 | 39 | 41 | 43 | 45 | 47 | | | | | | | | | |
| | | | | | | | | | | 41 | 43 | 45 | 47 | 49 | 51 | 53 | 55 | 57 | 59 | 61 | 63 | 65 |
| Waist | inch | 25 | 25 | 25 | 26 | 27 | 28 | 29.5 | 31 | 33 | 35 | 37 | 39 | | | | | | | | | |
| | | | | | | | | | | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 47 | 50 | 53 | 56 | 59 | 62 |
| Hip | inch | 33 | 35 | 36 | 37 | 38 | 39 | 40.5 | 42 | 44 | 46 | 48 | 50 | | | | | | | | | |
| | | | | | | | | | | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 57 | 60 | 63 | 66 | 69 | 72 |
| Shoulder Width | inch | 13.1 | 13.3 | 13.6 | 13.8 | 14 | 14.3 | 14.6 | 15 | 15.6 | 15.7 | 15.9 | 16.2 | | | | | | | | | |
| | | | | | | | | | | 15.7 | 16.2 | 16.4 | 16.7 | 16.9 | 17.1 | 17.4 | 17.7 | 17.9 | 18.1 | 18.3 | 18.8 | 19.3 |
| Upper Arm | inch | 9.4 | 9.8 | 10.2 | 10.6 | 11 | 11.4 | 11.8 | 12.2 | 13 | 13.8 | 14.6 | 15.4 | | | | | | | | | |
| | | | | | | | | | | 12.6 | 13.4 | 14.2 | 15 | 15.7 | 16.5 | 17.3 | 18.1 | 18.9 | 19.7 | 20.5 | 21.3 | 22 |
| Height | feet | 4'9" | 5'2" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" | 5'5" |

Size Chart - Centimetres

You will see there are two size ranges.

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This tutorial covers sizes 14-38 (H-T).

| Numeric Size | | 0 (12yr) | 2 (14yr) | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | 28 | 30 | 32 | 34 | 36 | 38 | | |
|------------------|----|-------------|-------------|------|------|------|------|-------|-------|-------|-------|-------|-------|-------------|-------|-------|-------|-------|-------|-------|-------|-------|--|
| Twig + Tale Size | | A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | | |
| | | 0-22 RANGE | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | 14-38 RANGE | | | | | | | | | |
| Upper Bust | cm | 73.7 | 76.2 | 78.7 | 81.3 | 83.8 | 86.4 | 90.2 | 94 | 99.1 | 104.1 | 109.2 | 114.3 | | | | | | | | | | |
| | | | | | | | | | | 94 | 99.1 | 104.1 | 109.2 | 114.3 | 119.4 | 124.5 | 129.5 | 134.6 | 139.7 | 145 | 150 | 155 | |
| Full Bust | cm | 76.2 | 81.3 | 83.8 | 86.4 | 88.9 | 91.4 | 95.3 | 99.1 | 104.1 | 109.2 | 114.3 | 119.4 | | | | | | | | | | |
| | | | | | | | | | | 104.1 | 109.2 | 114.3 | 119.4 | 124.5 | 129.5 | 134.6 | 139.7 | 144.8 | 149.9 | 155 | 160 | 165 | |
| Waist | cm | 63.5 | 63.5 | 63.5 | 66 | 68.6 | 71.1 | 74.9 | 78.7 | 83.8 | 88.9 | 94 | 99.1 | | | | | | | | | | |
| | | | | | | | | | | 81.3 | 86.4 | 91.4 | 96.5 | 101.6 | 106.7 | 111.8 | 119.4 | 127 | 134.6 | 142.5 | 150 | 157.5 | |
| Hip | cm | 83.8 | 88.9 | 91.4 | 94 | 96.5 | 99.1 | 102.9 | 106.7 | 111.8 | 116.8 | 121.9 | 127 | | | | | | | | | | |
| | | | | | | | | | | 106.7 | 111.8 | 116.8 | 121.9 | 127 | 132.1 | 137.2 | 144.8 | 152.4 | 160 | 167.5 | 175.5 | 183 | |
| Shoulder Width | cm | 33.2 | 33.8 | 34.5 | 35 | 35.5 | 36.2 | 37.2 | 38.2 | 39.5 | 40 | 40.5 | 41.2 | | | | | | | | | | |
| | | | | | | | | | | 40 | 41.2 | 41.7 | 42.5 | 43 | 43.5 | 44.2 | 45 | 45.4 | 46 | 46.6 | 47.8 | 49 | |
| Upper Arm | cm | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 33 | 35 | 37 | 39 | | | | | | | | | | |
| | | | | | | | | | | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | |
| Height | cm | 145 | 157.5 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | 165 | |

Finished Garment Measurements

| Finished Garment Size | | h | i | j | k | l | m | n | o | p | q | r | s | t |
|--|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Chest EASE: 5 1/4" (13.5cm) | inches | 46.5 | 48.8 | 51.2 | 53.5 | 55.5 | 59.3 | 61.6 | 64 | 66.3 | 68.7 | 71.1 | 73.4 | 75.8 |
| | cm | 118 | 124 | 130 | 136 | 141 | 150.5 | 156.5 | 162.5 | 168.5 | 174.5 | 180.5 | 186.5 | 192.5 |
| Waist (at lengthen/shorten line) EASE: 15 3/4" (40cm) | inches | 48.8 | 51.2 | 53.5 | 55.9 | 57.9 | 60.4 | 62.8 | 65.2 | 67.5 | 69.9 | 72.2 | 74.6 | 77 |
| | cm | 124 | 130 | 136 | 142 | 147 | 153.5 | 159.5 | 165.5 | 171.5 | 177.5 | 183.5 | 189.5 | 195.5 |
| Upper Arm EASE: H-L 3 3/4" (9.5cm), M-T 4 1/2" (11.5cm) | inches | 17.7 | 18.1 | 18.9 | 19.7 | 20.5 | 21.5 | 22 | 22.8 | 23.6 | 24.4 | 25.2 | 25.8 | 26.6 |
| | cm | 45 | 46 | 48 | 50 | 52 | 54.5 | 56 | 58 | 60 | 62 | 64 | 65.5 | 67.5 |
| Hip (10" (25cm) below waist) EASE: 8 3/4" (22.5cm) | inches | 51 | 53 | 55.3 | 57.7 | 60 | 64.6 | 66.9 | 69.3 | 71.7 | 74 | 76.4 | 78.7 | 81.1 |
| | cm | 129.5 | 134.5 | 140.5 | 146.5 | 152.5 | 164 | 170 | 176 | 182 | 188 | 194 | 200 | 206 |
| Length (High Shoulder to Hem - Back) | inches | 32.1 | 32.3 | 32.5 | 32.7 | 33.1 | 34.4 | 34.6 | 34.8 | 35 | 35.4 | 35.6 | 35.8 | 36 |
| | cm | 81.5 | 82 | 82.5 | 83 | 84 | 87.5 | 88 | 88.5 | 89 | 90 | 90.5 | 91 | 91.5 |
| Shoulder Width EASE: 3/4" (2cm) | inches | 15.9 | 16.3 | 16.5 | 16.8 | 17.1 | 17.3 | 17.5 | 17.9 | 18.1 | 18.3 | 18.5 | 18.9 | 19.1 |
| | cm | 40.5 | 41.5 | 42 | 42.7 | 43.5 | 44 | 44.5 | 45.5 | 46 | 46.5 | 47 | 48 | 48.5 |
| Sleeve Length (From base of neck, over shoulder to wrist) | inches | 32.7 | 33.1 | 33.5 | 33.7 | 34.1 | 34.8 | 35 | 35.4 | 35.8 | 36 | 36.4 | 36.6 | 37 |
| | cm | 83 | 84 | 85 | 85.5 | 86.5 | 88.5 | 89 | 90 | 91 | 91.5 | 92.5 | 93 | 94 |



Gather Supplies

Suggested Fabrics

Exterior: Medium to heavy weight woven fabrics with structure and no/little stretch: eg. Wool coating, soft shell, twill, denim, velvet, canvas, oilcloth.

If using substantially thicker fabrics such as wool blankets, the double thickness of the exterior and facing may make it challenging to sew buttonholes or add snaps. In this case, we recommend choosing a secondary fabric for the facings that would allow for this.

Lining: Due to the construction method of this coat, you will need lightweight woven fabrics with no stretch: tencel, bemberg, suit lining, satin, sateen, silk. You can use natural fibres like cotton, or viscose rayon but bear in mind they may “stick” to the layers under the coat, rather than slide over them. Fuzzy or thicker linings such as minky or sherpa are not recommended.

Fabric Requirement Chart

You may need more if matching plaids/checks or if you have a directional fabric.

Please Note: If you are blending sizes, use the fabric requirements of the larger size.

When planning your project, please allow a day or two for the fabric to drop during construction. More information can be found in the tutorial.

EXTERIOR FABRIC

| Fabric Width | | h | i | j | k | l | m | n | o | p | q | r | s | t |
|--------------|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 43" / 110cm | inches | 114.2 | 114.2 | 118.1 | 118.1 | 118.1 | 153.5 | 153.5 | 165.4 | 165.4 | 165.4 | 177.2 | 177.2 | 177.2 |
| | cm | 290 | 290 | 300 | 300 | 300 | 390 | 390 | 420 | 420 | 420 | 450 | 450 | 450 |
| 52" / 132cm | inches | 98.4 | 98.4 | 102.4 | 102.4 | 102.4 | 126 | 126 | 129.9 | 129.9 | 129.9 | 141.7 | 145.7 | 145.7 |
| | cm | 250 | 250 | 260 | 260 | 260 | 320 | 320 | 330 | 330 | 330 | 360 | 370 | 370 |
| 59" / 150cm | inches | 94.5 | 94.5 | 98.4 | 98.4 | 98.4 | 114.2 | 114.2 | 118.1 | 118.1 | 118.1 | 126 | 126 | 126 |
| | cm | 240 | 240 | 250 | 250 | 250 | 290 | 290 | 300 | 300 | 300 | 320 | 320 | 320 |

Charts continue on next page...



LINING FABRIC

| Fabric Width | | h | i | j | k | l | m | n | o | p | q | r | s | t |
|--------------|--------|------|------|------|------|------|-------|-------|-------|-------|-------|-------|-------|-------|
| 43" / 110cm | inches | 90.6 | 90.6 | 98.4 | 98.4 | 98.4 | 114.2 | 114.2 | 114.2 | 114.2 | 114.2 | 118.1 | 118.1 | 118.1 |
| | cm | 230 | 230 | 250 | 250 | 250 | 290 | 290 | 290 | 290 | 290 | 300 | 300 | 300 |
| 52" / 132cm | inches | 78.7 | 78.7 | 86.6 | 90.6 | 90.6 | 94.5 | 94.5 | 102.4 | 102.4 | 102.4 | 106.3 | 106.3 | 106.3 |
| | cm | 200 | 200 | 220 | 230 | 230 | 240 | 240 | 260 | 260 | 260 | 270 | 270 | 270 |
| 59" / 150cm | inches | 70.9 | 70.9 | 78.7 | 78.7 | 78.7 | 86.6 | 86.6 | 94.5 | 94.5 | 94.5 | 102.4 | 102.4 | 102.4 |
| | cm | 180 | 180 | 200 | 200 | 200 | 220 | 220 | 240 | 240 | 240 | 260 | 260 | 260 |

INTERFACING

This pattern requires mid-weight interfacing for the facings.

Knit or woven interfacing are more durable options, but non-woven will also work.

NOTE: If you're using a thicker fabric like blankets or wool coating then a lightweight interfacing can be used for the facings. If using something lightweight for your coat like linen then use a heavier midweight or heavyweight interfacing.

NOTE: Interfacing only takes up 1/2 the fabric width so if you have a scrap that's the correct length but only 1/2 the width you don't need to buy more!

| Interfacing Width | | h-l | m-t |
|-------------------|--------|------|------|
| 35" / 90cm | inches | 35.4 | 39.4 |
| | cm | 90 | 100 |
| 59" / 150cm | inches | 35.4 | 39.4 |
| | cm | 90 | 100 |

Other Supplies & Notions

- Spool of coordinating thread
- 5 buttons or sets of snaps
- We recommend starting with a new needle.
- Interfacing - see notes on the left.



Upcycle Inspiration

Making a Coat from Recycled Materials

All Twig + Tale® patterns are designed to be made from upcycled materials! Here at Twig + Tale® HQ, we are proudly passionate about recycling. We hope to encourage and inspire you to enjoy that same satisfaction of making something truly exquisite from discarded textiles. Here are some ideas on how to make your garment from upcycled materials - saving the planet and your pocket.



Denim jeans can be artfully pieced together to create large enough pieces for a coat.

This striped curtain could be used, and summer-weight sleeping bags are another option.

Toggles and leather buttons rescued off old garments.

Left over bias binding from other projects can also be used for toggle loops. You can also learn how to make your own bias binding from upcycled shirts here:



100% pure wool blankets make wonderfully warm coats.

Wooden buttons rescued off an old garment.

Old shoelaces can be used to make toggle loops.

Cotton fabric can be used for lining. Other lining options might include fabric from ball or wedding gowns, linings from larger sized coats or capes, and sheets.