

# Size Chart

Two size ranges are available

**Sizes 30-52** (Includes youth sizes 30-34) + **Sizes 46-66**

There is a generous overlap between sizes 46-52 so you can choose which size range best suits your measurements, while still allowing for blending between sizes.

Size		30*	32*	34*	36	38	40	42	44	46	48	50	52	54	56	58	60	63	66
Size Range Sets for Printing		Sizes 30-52																	
											Sizes 46-66								
Chest	inches	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	63	66
	cm	78.8	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8	121.9	127	132.1	137.2	142.2	147.3	152.4	160	167.6
Waist	inches	24	26	28	30	32	34	36	38	40.5	43	45.5	48	51	54	58	62	65	68
	cm	63.5	66	71.1	76.2	81.3	86.4	91.4	96.5	102.9	109.2	115.6	121.9	129.5	137.2	147.3	157.5	165.1	172.7
Hip	inches	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	63	66
	cm	78.8	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8	121.9	127	132.1	137.2	142.2	147.3	152.4	160	167.6
Shoulder Width	inches	13.4	15	16.5	16.8	17	17.5	18	18.5	19	19.5	20.1	20.5	20.9	21.3	21.7	22	22.4	22.8
	cm	34	38	42	42.6	43.2	44.5	45.7	47	48.3	49.5	51	52	53	54	55	56	57	58
Upper Arm	inches	10.2	10.8	11.4	12	12.6	13.2	13.8	14.2	14.6	15	15.7	16.5	17.1	17.7	18.3	18.9	19.7	20.5
	cm	26	27.5	29	30.5	32	33.5	35	36	37	38	40	42	43.5	45	46.5	48	50	52
Height	inches	4' 10"	5' 1"	5' 5"											5' 10"				
	cm	152	157	167											177				

\* **Youth sizes.** Sizes 30, 32, 34 carry on directly from the child sizes, and bridge the gap into adult sizes.

## PATTERN SIZING NOTES

- All sizes 30-66 are included in this pattern.
- Two size range sets are supplied for printing, with a generous overlap of 4 sizes, to reduce printing costs and resources, by minimising space around the pattern pieces in each set.
- Pattern pieces are layered, so you can also choose to print only the sizes you need in each block.

## Finished Garment Measurements

Finished Garment Size		30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	63	66
Chest EASE: 6 1/3" (16cm)	inches	37.6	39.4	41.1	42.9	44.9	46.7	48.4	50.2	52.8	54.9	56.9	59.1	61	62.4	64.6	66.5	69.7	72.8
	cm	95.5	100	104.5	109	114	118.5	123	127.5	134	139.5	144.5	150	155	158.5	164	169	177	185
Waist (at lengthen/shorten line) EASE: <b>Size 30-44:</b> 13 3/4" (35cm), <b>Size 46-66:</b> 8" (20cm)	inches	38.8	40.7	42.5	44.3	46.1	47.8	49.6	51.6	54.1	56.3	58.3	60.4	62.6	64.2	66.5	68.5	71.7	74.8
	cm	98.5	103.5	108	112.5	117	121.5	126	131	137.5	143	148	153.5	159	163	169	174	182	190
Upper Arm EASE: 5 7/8" (15cm) - 6 1/2" (16cm)	inches	17.1	17.3	17.7	18.1	18.5	19.1	19.5	20.1	20.5	21.3	21.3	22	22.6	23.4	24.6	24.8	25.8	26.6
	cm	43.5	44	45	46	47	48.5	49.5	51	52	54	54	56	57.5	59.5	62.5	63	65.5	67.5
Hip (10 3/4" (27.5cm) below waist) EASE: 9 1/2" (24cm)	inches	40.2	41.9	43.7	45.7	47.4	49.2	51	52.8	55.5	57.5	59.6	61.6	63.8	65.7	67.7	69.7	72.8	76
	cm	102	106.5	111	116	120.5	125	129.5	134	141	146	151.5	156.5	162	167	172	177	185	193
Length (High Shoulder to Hem - Back)	inches	28.9	30.3	32.1	33.9	34.3	34.4	34.6	34.8	35.2	35.4	35.8	36.4	36.8	37.2	37.6	38.2	38.6	39
	cm	73.5	77	81.5	86	87	87.5	88	88.5	89.5	90	91	92.5	93.5	94.5	95.5	97	98	99
Shoulder Width EASE: 3/4" (2cm)	inches	13.8	15	16.1	17.3	17.9	18.3	18.7	19.3	19.7	20.3	20.7	21.1	21.5	21.9	22.2	22.4	22.8	23
	cm	35	38	41	44	45.5	46.5	47.5	49	50	51.5	52.5	53.5	54.5	55.5	56.5	57	58	58.5
Sleeve Length (From base of neck, over shoulder to wrist)	inches	27.4	28.9	30.5	32.1	32.5	32.9	33.3	33.9	34.3	34.6	35	35.4	36.2	36.6	37	37.2	37.6	38
	cm	69.5	73.5	77.5	81.5	82.5	83.5	84.5	86	87	88	89	90	92	93	94	94.5	95.5	96.5



# Gather Supplies

## Suggested Fabrics

**Exterior:** Medium to heavy weight woven fabrics with structure and no/little stretch: eg. Wool coating, soft shell, twill, denim, velvet, canvas, oilcloth.

If using substantially thicker fabrics such as wool blankets, the double thickness of the exterior and facing may make it challenging to sew buttonholes or add snaps. In this case, we recommend choosing a secondary fabric for the facings that would allow for this.

**Lining:** Due to the construction method of this coat, you will need lightweight woven fabrics with no stretch: tencel, bemberg, suit lining, satin, sateen, silk. You can use natural fibres like cotton, or viscose rayon but bear in mind they may “stick” to the layers under the coat, rather than slide over them. Fuzzy or thicker linings such as minky or sherpa are not recommended.

## Fabric Requirement Chart

You may need more if matching plaids/checks or if you have a directional fabric.

Please Note: If you are blending sizes, use the fabric requirements of the larger size.

*When planning your project, please allow a day or two for the fabric to drop during construction. More information can be found in the tutorial.*

### EXTERIOR FABRIC

Fabric Width		30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	63	66
43" / 110cm	inches	94.5	102.4	102.4	118.1	122	129.9	129.9	129.9	129.9	137.8	141.7	141.7	153.5	153.5	157.5	177.2	181.1	181.1
	cm	240	260	260	300	310	330	330	330	330	350	360	360	390	390	400	450	460	460
52" / 132cm	inches	74.8	78.7	78.7	98.4	98.4	106.3	110.2	110.2	114.2	122	122	122	129.9	129.9	129.9	137.8	137.8	137.8
	cm	190	200	200	250	250	270	280	280	290	310	310	310	330	330	330	350	350	350
59" / 150cm	inches	70.9	78.7	78.7	82.7	82.7	86.6	86.6	86.6	98.4	102.4	102.4	102.4	118.1	118.1	118.1	133.9	133.9	133.9
	cm	180	200	200	210	210	220	220	220	250	260	260	260	300	300	300	340	340	340

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## LINING FABRIC

Fabric Width		30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	63	66
43" / 110cm	inches	66.9	82.7	82.7	94.5	94.5	102.4	102.4	102.4	102.4	118.1	118.1	118.1	129.9	129.9	129.9	137.8	141.7	141.7
	cm	170	210	210	240	240	260	260	260	260	300	300	300	330	330	330	350	360	360
52" / 132cm	inches	63	70.9	70.9	74.8	74.8	86.6	86.6	86.6	90.6	102.4	102.4	102.4	106.3	106.3	106.3	114.2	114.2	114.2
	cm	160	180	180	190	190	220	220	220	230	260	260	260	270	270	270	290	290	290
59" / 150cm	inches	55.1	59.1	59.1	70.9	70.9	74.8	74.8	74.8	74.8	90.6	90.6	90.6	94.5	94.5	94.5	110.2	110.2	110.2
	cm	140	150	150	180	180	190	190	190	190	230	230	230	240	240	240	280	280	280

## INTERFACING

This pattern requires mid-weight interfacing for the facings.

Knit or Woven interfacings are more durable, but Non-Woven will also work.

*NOTE: If you're using a thicker fabric like blankets or wool coating then a lightweight interfacing can be used for the facings. If using something lightweight for your coat like linen then use a heavier midweight or heavyweight interfacing.*

*NOTE: Interfacing only takes up 1/2 the fabric width so if you have a scrap that's the correct length but only 1/2 the width you don't need to buy more!*

Interfacing Width		30-32	34-40	42-52	54-66
35" / 90cm	inches	31.5	35.4	39.4	43.3
	cm	80	90	100	110
59" / 150cm	inches	31.5	35.4	39.4	43.3
	cm	80	90	100	110

## Other Supplies & Notions

- Spool of coordinating thread
- 5 buttons or sets of snaps
- We recommend starting with a new needle.
- Interfacing - see notes on the left.



# Upcycle Inspiration

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## Making a Coat from Recycled Materials

All Twig + Tale® patterns are designed to be made from upcycled materials! Here at Twig + Tale® HQ, we are proudly passionate about recycling. We hope to encourage and inspire you to enjoy that same satisfaction of making something truly exquisite from discarded textiles. Here are some ideas on how to make your garment from upcycled materials - saving the planet and your pocket.



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Denim jeans can be artfully pieced together to create large enough pieces for a coat.

This striped curtain could be used, and summer-weight sleeping bags are another option.

Toggles and leather buttons rescued off old garments.

Left over bias binding from other projects can also be used for toggle loops. You can also learn how to make your own bias binding from upcycled shirts here:



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100% pure wool blankets make wonderfully warm coats.

Wooden buttons rescued off an old garment.

Old shoelaces can be used to make toggle loops.

Cotton fabric can be used for lining. Other lining options might include fabric from ball or wedding gowns, linings from larger sized coats or capes, and sheets.