

# Measuring for a Good Fit

## Height

Stand against a wall with bare feet, heels flat and looking straight ahead. Mark the top of the head on the wall, and then measure from the mark to the floor.

## Shoulder Width

Note: It is easier if you can find a helper to attain this measurement across the back.

If measuring solo, the measurement can be taken across the front, however, the trade-off is that your numbers may be a little more approximate.

1) First find the outer bones of your shoulder. (Diagram A)

Seek the corner of the Acromion bone by feeling around at the outer edge of the shoulders.

2) Stand in your usual posture and have someone measure across your **back** from the bony point to the bony point. (Diagram B)

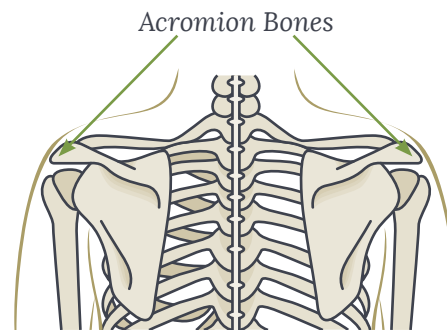


DIAGRAM A

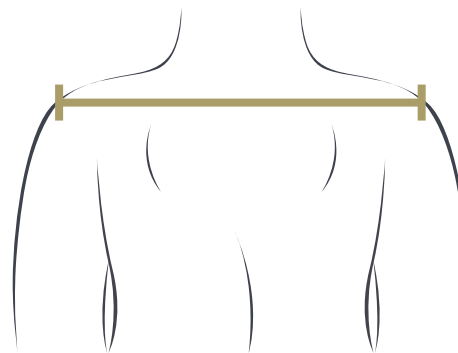
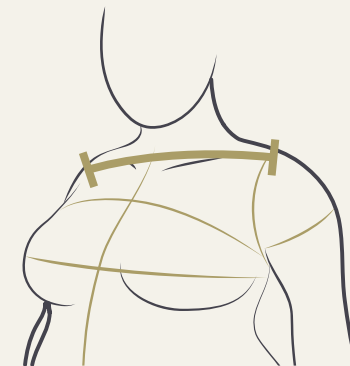


DIAGRAM B



If you are measuring yourself, find the corner of the Acromion bone and measure across your **front** chest from bony point to bony point.

You will find the measurement is most accurate if you stand with an erect posture.



# Size Chart

---

## How to choose your size

1) **The most important measurement for this cloak is the shoulder width.** Use this to determine your base size. If your shoulder width is between sizes then go with the larger size to prevent the neck pulling too tight across the front of the body.

2) Once you have selected your size based on shoulder width, you can then decide if you would like to adjust the length.

Any length adjustment would be based on the difference between your actual height and the height the pattern is drafted for in the chart below. There are detailed instructions on how to do this in the tutorial.

Sometimes it is handy to know the measurements of the finished garment if trying to decide between sizes. These are detailed in the “finished garment measurement chart” on the following page.

Cloak Size		1 (Youth/Tween)	2	3	4	5
Shoulder Width	inches	13 - 14	14.5 - 16.5	17 - 18.5	19 - 21	21.25 - 23
	cm	33 - 36	37 - 42	43 - 47	48 - 53	54 - 58
Height	inches	59.1	65	66.9	69.7	69.7
	cm	150	165	170	177	177

Equivalent Twig + Tale® sizing for shoulder measurement

Women's/Curved Fit	0-8 (A-E)	10-18 (F-J)	20-26 (K-N)	28-38 (O-T)	
Men's/Straight Fit	30	32-34	36-44	46-54	56-66

## Finished Garment Measurements

Finished Cloak Size		1	2	3	4	5
Shoulder Width	inches	13.4	15.7	17.7	20.1	22
	cm	34	40	45	51	56
Knee Length (Shoulder to Hem) <i>Measure from side neck</i>	inches	34.3	39	40.2	42.1	42.1
	cm	87	99	102	107	107
Midi Length (Shoulder to Hem) <i>Measure from side neck</i>	inches	44.1	45.3	46.9	50	50
	cm	112	115	119	127	127



Image by Stephanie Unertl



Image by Lisa Melia



Image by Carol Kite



# Gather Supplies

## Suggested Fabrics

**Outer:** Midweight to heavyweight woven fabrics with good drape. Wool, linen, cashmere, modal, crepes, twills. Suitings and coatings are well suited to this style. Fabrics with a loose weave such as wool blankets are less suited to this style due to their tendency to drop/stretch.

**Lining:** Shiny or slippery fabrics that are designed specifically to be used as lining are best for construction, and to avoid the cloak catching on your garments such as satin, sateen, acetate, silks. If not using a specialty lining fabric, consider sewing a half lining.

## Binding Requirements

This pattern requires a flat, cut width of  $\frac{3}{8}$ " (36mm) wide Bias Binding for hems and facings.

If you are using or purchasing premade binding, you will need one with a  $\frac{1}{4}$ "- $\frac{3}{8}$ " (6mm-10mm) finished width (four folds).

Binding length		1	2	3	4	5
Midi Length + Full Lining	inches	157.5	181.1	189	200.8	204.7
	cm	400	460	480	510	520
Midi Length + Half Lining	inches	196.9	228.3	240.2	255.9	259.8
	cm	500	580	610	650	660
Knee Length + Full Lining	inches	129.9	149.6	153.5	165.4	169.3
	cm	330	380	390	420	430
Knee Length + Half Lining	inches	157.5	185	192.9	208.7	208.7
	cm	400	470	490	530	530

*Note: for some optional seam finishing options, cloaks made with the Half Length Lining will require more Bias Binding than listed in the chart.*

## Other Supplies & Notions

- Spool of coordinating thread
- 2 buttons (1"/2.5cm) or sets of snaps
- Interfacing - 4" (10cm) of any standard width, mid-weight interfacing for the facing  
Knit or woven interfacing would be more durable but non-woven interfacing would also work
- Bias Binding - see Binding Requirements chart on left

# Fabric Requirement Chart - Midi Length (Longer Cloak)

You may need more if matching plaids/checks or if you have a directional fabric.

## OUTER

Fabric Width		1	2	3	4	5
110cm / 43"	inches	Not suitable for this fabric width. Back panels are too wide at the hem				
	cm					
132cm / 52"	inches	137.8	165.4	185	204.7	212.6
	cm	350	420	470	520	540
150cm / 59"	inches	133.9	149.6	157.5	173.2	177.2
	cm	340	380	400	440	450

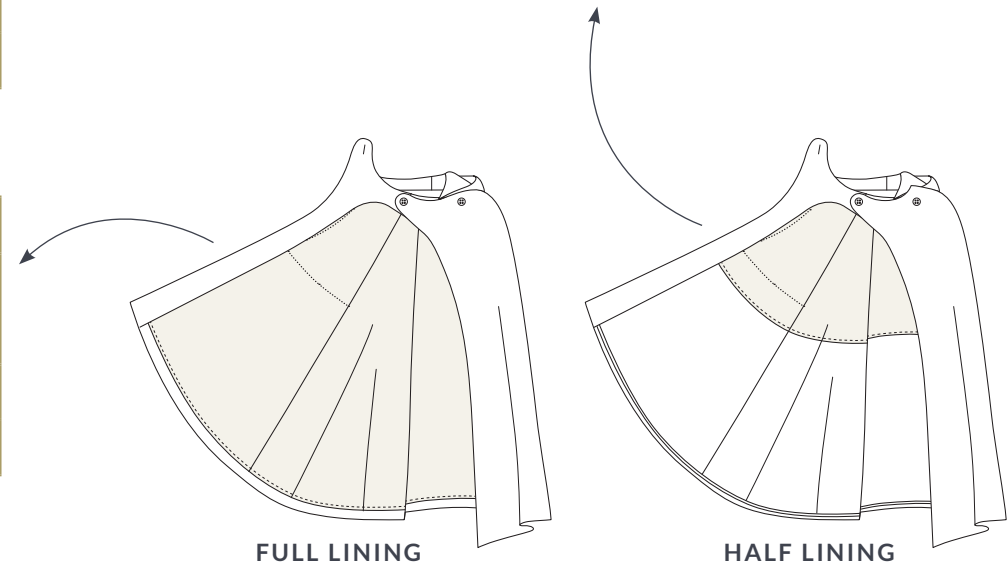
## ALTERNATE - HALF LINING

Fabric Width		1	2	3	4	5
120cm / 47"	inches	55.1	78.7	78.7	86.6	86.6
	cm	140	200	200	220	220
132cm / 52"	inches	51.2	63	63	78.7	78.7
	cm	130	160	160	200	200

## LINING

Fabric Width		1	2	3	4	5
120cm / 47"	inches	129.9	141.7	169.3	177.2	181.1
	cm	330	360	430	450	460
132cm / 52"	inches	126	141.7	157.5	173.2	177.2
	cm	320	360	400	440	450

Note: Bonus **Oversized Hood** will require an additional 8" (20cm) of lining and exterior fabric.



## Fabric Requirement Chart - Knee Length (Shorter Cloak)

You may need more if matching plaids/checks or if you have a directional fabric.

### OUTER

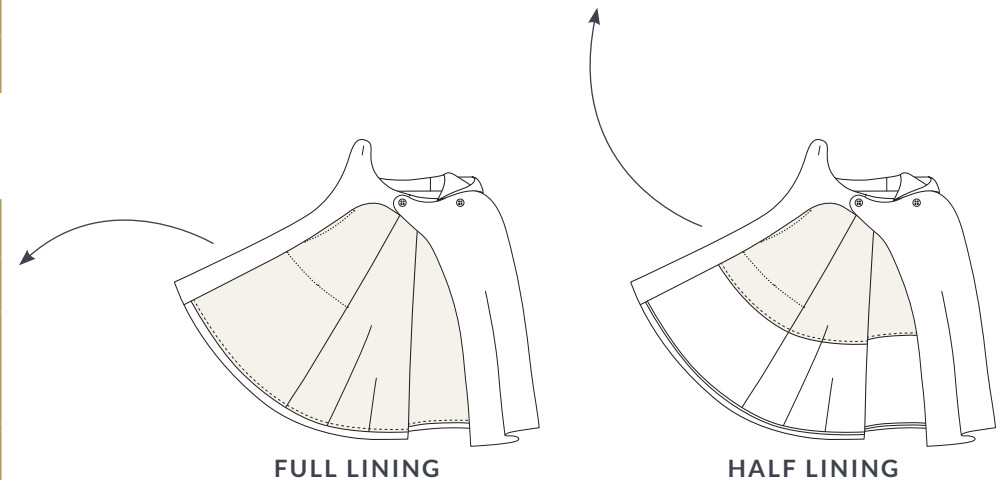
Fabric Width		1	2	3	4	5
110cm / 43"	inches	Not suitable for this fabric width. Back panels are too wide at the hem				
	cm					
132cm / 52"	inches	110.2	137.8	157.4	177.1	185
	cm	280	350	400	450	470
150cm / 59"	inches	106.3	122	129.9	145.6	149.6
	cm	270	310	330	370	380

### LINING

Fabric Width		1	2	3	4	5
120cm / 47"	inches	129.9	141.7	169.3	177.2	181.1
	cm	260	290	360	380	390
132cm / 52"	inches	126	141.7	157.5	173.2	177.2
	cm	250	290	330	370	380

### ALTERNATE - HALF LINING

Fabric Width		1	2	3	4	5
120cm / 47"	inches	55.1	78.7	78.7	86.6	86.6
	cm	140	200	200	220	220
132cm / 52"	inches	51.2	63	63	78.7	78.7
	cm	130	160	160	200	200



Note: Bonus Oversized Hood will require an additional 8" (20cm) of lining and exterior fabric.

# Upcycle Inspiration

---

## Making a Cloak from Recycled Materials

Did you know? All Twig + Tale® patterns are designed to be made from upcycled materials!

Here at Twig + Tale® HQ, we are proudly passionate about recycling, starting as a small boutique making one-of-a-kind garments from upcycled materials.

We hope to encourage and inspire you to enjoy that same satisfaction of making something truly exquisite from discarded textiles. Here are some ideas on how to make your garment from upcycled materials - saving the planet and your pocket.



---

Curtain fabric may be able to be upcycled into an Overland Cloak. These velvet curtains still have plenty of wear left in them and the natural fading from where the sun has hit the pleats gives an almost Elven vibe.

These home made wooden buttons are made from fallen branches.



**See the blogpost on how to make your own buttons at [twigandtale.com](https://www.twigandtale.com).**



---

The Overland Cloak uses bias binding to enclose the bottom hem.

Bias binding can readily be made from old shirts.



**See the blogpost on how to make your own bias binding at [twigandtale.com](https://www.twigandtale.com).**