## Size Chart - Inches

You will see there are two size ranges.

The first is 0-22 (Twig + Tale Sizes A-L)

The second is a 14-38 (Twig + Tale Sizes H-T).

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your waist to hip ratio.

### This tutorial covers sizes H-T (14-38).

Numeric Siz	ze	0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38
Twig + Tale	Size	A	В	С	D	E	F	G	Н	I	J	K	L	M	N	О	P	Q	R	S	Т
							0-22 I	RANGE													
									14-32 RANGE												
Upper Bust   inch	inch	29	30	31	32	33	34	35.5	37	39	41	43	45								
									37	39	41	43	45	47	49	51	53	55	57	59	61
Full Bust	inch	30	32	33	34	35	36	37.5	39	41	43	45	47								
									41	43	45	47	49	51	53	55	57	59	61	63	65
Waist	inch	25	25	25	26	27	28	29.5	31	33	35	37	39								
									32	34	36	38	40	42	44	47	50	53	56	59	62
Нір	inch	33	35	36	37	38	39	40.5	42	44	46	48	50								
									42	44	46	48	50	52	54	57	60	63	66	69	72
Shoulder	inch	13.1	13.3	13.6	13.8	14	14.3	14.6	15	15.6	15.7	15.9	16.2								
Width									15.7	16.2	16.4	16.7	16.9	17.1	17.4	17.7	17.9	18.1	18.3	18.8	19.3
Upper Arm	inch	9.4	9.8	10.2	10.6	11	11.4	11.8	12.2	13	13.8	14.6	15.4								
									12.2	13	13.8	14.6	15.4	15.7	16.5	17.3	18.1	18.9	19.7	20.5	21.3
Height	feet	4'9"	5'2"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"

## Size Chart - Centimetres

You will see there are two size ranges.

The first is 0-22 (Twig + Tale Sizes A-L)

The second is a 14-38 (Twig + Tale Sizes H-T).

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your waist to hip ratio.

This tutorial covers sizes H-T (14-38).

Numeric Siz	æ	0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38
Twig + Tale	Size	A	В	С	D	E	F	G	Н	I	J	K	L	M	N	O	P	Q	R	S	Т
		0-22 RANGE																			
											14-32 F	RANGE									
Upper Bust	cm	73.7	76.2	78.7	81.3	83.8	86.4	90.2	94	99.1	104.1	109.2	114.3								
									94	99.1	104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	145	150	155
Full Bust	cm	76.2	81.3	83.8	86.4	88.9	91.4	95.3	99.1	104.1	109.2	114.3	119.4								
									104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	144.8	149.9	155	160	165
Waist	cm	63.5	63.5	63.5	66	68.6	71.1	74.9	78.7	83.8	88.9	94	99.1								
									81.3	86.4	91.4	96.5	101.6	106.7	111.8	119.4	127	134.6	142.5	150	157.5
Нір	cm	83.8	88.9	91.4	94	96.5	99.1	102.9	106.7	111.8	116.8	121.9	127								
									106.7	111.8	116.8	121.9	127	132.1	137.2	144.8	152.4	160	167.5	175.5	183
Shoulder	cm	33.2	33.8	34.5	35	35.5	36.2	37.2	38.2	39.5	40	40.5	41.2								
Width									40	41.2	41.7	42.5	43	43.5	44.2	45	45.4	46	46.6	47.8	49
Upper Arm	cm	24	25	26	27	28	29	30	31	33	35	37	39								
									31	33	35	37	39	40	42	44	46	48	50	52	54
Height	cm	145	157.5	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165

## **Finished Garment Measurements**

Finished Garment Size		h	i	j	k	1	m	n	0	р	q	r	s	t
Chest (At dart)	inches	46.3	48.2	50.6	53	55.3	57.7	60	62.4	64.8	67.1	69.5	71.9	74.2
EASE: 6 1/3" (16cm)	cm	117.5	122.5	128.5	134.5	140.5	146.5	152.5	158.5	164.5	170.5	176.5	182.5	188.5
Waist (1/2 way between 2nd and 3rd buttons)	inches	61.2	47.4	49.8	52.2	54.5	57.3	59.6	62.6	65.4	68.1	71.1	73.8	76.8
EASE: 14 ½" (37cm)	cm	155.5	120.5	126.5	132.5	138.5	145.5	151.5	159	166	173	180.5	187.5	195
Upper Arm	inches	17.7	18.5	19.3	20.1	20.5	21.3	22	22.6	23.4	24.2	25	25.8	26.6
EASE: 5 ½" (14cm)	cm	45	47	49	51	52	54	56	57.5	59.5	61.5	63.5	65.5	67.5
Hip (4 <sup>3</sup> / <sub>4</sub> " (12cm) below pocket opening)	inches	53.5	55.5	57.9	60.2	62.6	65.6	67.9	70.9	73.8	76.8	79.7	82.7	85.6
EASE: 11 <sup>1</sup> / <sub>2</sub> : (29cm)	cm	136	141	147	153	159	166.5	172.5	180	187.5	195	202.5	210	217.5
Shorter Length	inches	29.9	30.1	30.3	30.5	30.7	30.9	31.1	31.5	31.7	31.9	32.1	32.3	32.7
(High Shoulder to Hem)	cm	76	76.5	77	77.5	78	78.5	79	80	80.5	81	81.5	82	83
Longer Length	inches	36.4	36.6	37	37.2	37.4	37.6	38	38.2	38.4	38.6	38.9	39.2	39.4
(High Shoulder to Hem)	cm	92.5	93	94	94.5	95	95.5	96.5	97	97.5	98	98.7	99.5	100
Sleeve Length	inches	32.7	33.1	33.5	33.9	34.4	35.0	35.4	35.8	36.2	36.6	37.0	37.4	37.8
(From base of neck, over shoulder to wrist)	cm	83	84	85	86	87.5	89	90	91	92	93	94	95	96
Shoulder to Shoulder	inches	18.7	19.3	19.9	20.3	20.9	21.3	22	22.2	22.6	23.2	23.8	24.2	24.8
(Dart end to Dart end)	cm	47.5	49	50.5	51.5	53	54	56	56.5	57.5	59	60.5	61.5	63



# Gather Supplies

## **Suggested Fabrics**

Exterior: Medium to heavy weight woven fabrics with structure and no/little stretch: eg. Wool coating, soft shell, twill, denim, velvet, canvas, oilcloth.

If using substantially thicker fabrics such as wool blankets, the double thickness of the exterior and facing may make it challenging to sew buttonholes or add snaps. In this case, we recommend choosing a secondary fabric for the facings that would allow for this.

Lining: Due to the construction method of this coat, you will need lightweight woven fabrics with no stretch: tencel, bemberg, suit lining, satin, sateen, silk. You can use natural fibres like cotton, or viscose rayon but bear in mind they may "stick" to the layers under the coat, rather than slide over them. Fuzzy or thicker linings such as minky or sherpa are not recommended.

### Fabric Requirement Chart

You may need more if matching plaids/checks or if you have a directional fabric.

The fabric requirements are for the **shorter classic length coat** - for a longer length coat, add the amount from the bottom chart.

#### **EXTERIOR FABRIC - CLASSIC LENGTH COAT**

Fabric Width		h	i	j	k	1	m	n	o	р	q	r	s	t
43" / 110cm	inches	110.2	110.2	129.9	129.9	129.9	137.8	137.8	137.8	137.8	137.8	153.5	153.5	153.5
	cm	280	280	330	330	330	350	350	350	350	350	390	390	390
52" / 132cm	inches	94.5	102.4	102.4	102.4	106.3	118.1	118.1	122	122	122	122	122	122
	cm	240	260	260	260	270	300	300	310	310	310	310	310	310
59" / 150cm	inches	78.7	90.6	90.6	90.6	90.6	98.4	98.4	98.4	102.4	102.4	110.2	110.2	110.2
	cm	200	230	230	230	230	250	250	250	260	260	280	280	280
Additional fabric required	inches	15.7	15.7	15.7	15.7	15.7	23.6	23.6	23.6	23.6	23.6	31.5	31.5	31.5
for LONGER LENGTH	cm	40	40	40	40	40	60	60	60	60	60	80	80	80

Charts continue on next page...



#### LINING FABRIC - CLASSIC LENGTH COAT

Fabric Width		h	i	j	k	1	m	n	0	p	q	r	S	t
43" / 110cm	inches	90.6	90.6	102.4	102.4	102.4	106.3	106.3	106.3	114.2	114.2	129.9	129.9	129.9
	cm	230	230	260	260	260	270	270	270	290	290	330	330	330
52" / 132cm	inches	78.7	86.6	86.6	86.6	90.6	94.5	94.5	98.4	98.4	98.4	114.2	114.2	114.2
	cm	200	220	220	220	230	240	240	250	250	250	290	290	290
59" / 150cm	inches	66.9	78.7	78.7	78.7	78.7	86.6	86.6	94.5	94.5	94.5	98.4	98.4	98.4
	cm	170	200	200	200	200	220	220	240	240	240	250	250	250

#### **INTERFACING**

This pattern required mid weight interfacing for the facing.

Knit or woven would be more durable but non-woven would also work.

NOTE: Interfacing only takes up  $\frac{1}{2}$  the fabric width so if you have a scrap that's the correct length but only  $\frac{1}{2}$  the width you don't need to buy more!

Interfacing Width		h-l	m-t
35 ½" / 90cm	inches	35.4	39.4
	cm	90	100
59" / 150cm	inches	35.4	39.4
	cm	90	100

An additional 7.9" (20cm) of interfacing is required for LONGER LENGTH lining.

## Other Supplies & Notions

- Spool of coordinating thread
- 5 buttons or sets of snaps
- Interfacing see notes on the left.



# Upcycle Inspiration

## Making a Coat from Recycled Materials

All Twig + Tale® patterns are designed to be made from upcycled materials! Here at Twig + Tale® HQ, we are proudly passionate about recycling. We hope to encourage and inspire you to enjoy that same satisfaction of making something truly exquisite from discarded textiles. Here are some ideas on how to make your garment from upcycled materials - saving the planet and your pocket.



Denim jeans can be made into smaller sized coats. Depending on the size of the original, you may need to mix and match more than one pair for enough fabric yield.

This striped curtain could be used, and summer-weight sleeping bags are another option.

Toggles and leather buttons rescued off old garments.

Left over bias binding from other projects can also be used for toggle loops. You can also learn how to make your own bias binding from upcycled shirts here:



100% pure wool blankets make wonderfully warm coats.

Wooden buttons rescued off an old garment.

Old shoelaces can be used to make toggle loops.

Cotton fabric can be used for lining. Other lining options might include fabric from ball or wedding gowns, linings from larger sized coats or capes, and sheets.