## Size Chart

### Two size ranges are available

#### Sizes 30-52 (Includes youth sizes 30-34)

#### Sizes 46-60

Sizes 63 and 66 are graded but not tested yet, hence not currently included

There is a generous overlap between sizes 46-52 so you can choose which size range
best suits your measurements, while still allowing for blending between sizes.

Size		30*	32*	34*	36	38	40	42	44	46	48	50	52	54	56	58	60	63	66
Choose be	tween							Si	zes 30-5	52									
two size r	anges										Sizes 46-66								
Chest	inches	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	63	66
Chest	cm	76.2	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8	121.9	127.0	132.1	137.2	142.2	147.3	152.4	160	167.6
Moist	inches	24	26	28	30	32	34	36	38	40.5	43	45.5	48	51	54	58	62	65	68
Waist	cm	61	66	71.1	76.2	81.3	86.4	91.4	96.5	102.9	109.2	115.6	121.9	129.5	137.2	147.3	157.5	165.1	172.7
T T:	inches	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	63	66
Hip	cm	76.2	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8	121.9	127	132.1	137.2	142.2	147.3	152.4	160	167.6
Shoulder	inches	13.4	15	16.5	16.8	17	17.5	18	18.5	19	19.5	20.1	20.5	20.9	21.3	21.7	22	22.4	22.8
Width	cm	34	38	42	42.6	43.2	44.5	45.7	47	48.3	49.5	51	52	53	54	55	56	57	58
Upper	inches	10.2	10.8	11.4	12	12.6	13.2	13.8	14.2	14.6	15	15.7	16.5	17.1	17.7	18.3	18.9	19.7	20.5
Arm	cm	26	27.5	29	30.5	32	33.5	35	36	37	38	40	42	43.5	45	46.5	48	50	52
Hoight	inches	4' 10"	5' 1"	5' 5"	·		·	·			·	5' 10"		·			·		
Height	cm	152	157	167								177							

 $<sup>\</sup>textbf{* Youth sizes}. \ \text{Sizes 30, 32, 34 } carry \ on \ directly \ from \ the \ child \ sizes, \ and \ bridge \ the \ gap \ into \ adult \ sizes.$ 

The sewing instructions in this tutorial are relevant for all sizes 30-66.



### **Finished Garment Measurements**

Sometimes it is handy to know how much "ease" there is in a pattern if trying to decide between sizes.

The following chart details the measurements of the finished garment.

Finished Garment Size		30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Chest	inches	36.2	38	39.8	41.7	43.5	45.3	47	48.8	51	53	55.1	57.1	59.4	61.4	63.6	65.7
EASE: 3 <sup>3</sup> / <sub>4</sub> " (9.5cm)	cm	92	96.5	101	106	110.5	115	119.5	124	129.5	134.5	140	145	151	156	161.5	167
Waist (1/2 way between 2nd	inches	35	36.6	38.6	40.2	42.1	43.7	45.5	47.4	49.4	51.4	53.5	55.7	58.1	60.4	62.8	65.2
and 3rd buttons) EASE: 8 ½" (22cm)	cm	89	93	98	102	107	111	115.5	120.5	125.5	130.5	136	141.5	147.5	153.5	159.5	165.5
Upper Arm	inches	15.4	15.7	16.1	16.5	16.9	17.3	17.7	18.1	18.5	19.1	19.9	20.7	21.3	21.9	22.4	23.2
EASE: 4" (10cm)	cm	39	40	41	42	43	44	45	46	47	48.5	50.5	52.5	54	55.5	57	59
Hip (at bottom button)	inches	37.2	39	40.7	42.5	44.5	46.3	48	49.8	52	53.9	56.1	58.3	60.6	63	65.6	67.9
EASE: 7 <sup>1</sup> / <sub>4</sub> : (18.5cm)	cm	94.5	99	103.5	108	113	117.5	122	126.5	132	137	142.5	148	154	160	166.5	172.5
Classic Length	inches	24.8	26.6	28.3	30.1	30.5	30.7	30.9	31.1	31.3	31.7	32.1	32.7	33.3	33.7	34.3	34.8
(High Shoulder to Hem)	cm	63	67.5	72	76.5	77.5	78	78.5	79	79.5	80.5	81.5	83	84.5	85.5	87	88.5
Longer Length	inches	31.7	33.9	36	38	38.2	38.4	38.6	38.8	39.4	39.8	40.2	40.4	41.3	41.9	42.3	42.9
(High Shoulder to Hem)	cm	80.5	86	91.5	96.5	97	97.5	98	98.5	100	101	102	102.5	105	106.5	107.5	109
Sleeve Length	inches	29.1	30.7	32.1	33.7	34.1	34.6	35	35.6	35.8	36.4	36.8	37.2	37.6	38.2	38.6	39
(From base of neck, over shoulder to wrist)	cm	74	78	81.5	85.5	86.5	88	89	90.5	91	92.5	93.5	94.5	95.5	97.	98	99
Shoulder to Shoulder	inches	15.9	16.5	16.9	17.5	18.1	18.7	19.3	19.9	21.5	20.9	21.3	21.9	22.2	22.6	23	23.4
(Dart end to Dart end)	cm	40.5	42	43	44.5	46	47.5	49	50.5	54.5	53	54	55.5	56.5	57.5	58.5	59.5

## Gather Supplies

## **Suggested Fabrics**

Exterior: Medium to heavy weight woven fabrics with structure and no/little stretch: eg. Wool coating, soft shell, twill, denim, velvet, canvas, oilcloth.

If using substantially thicker fabrics such as wool blankets, the double thickness of the exterior and facing may make it challenging to sew buttonholes or add snaps. In this case, we recommend choosing a secondary fabric for the facings that would allow for this.

Lining: Due to the construction method of this coat, you will need lightweight woven fabrics with no stretch: tencel, bemberg, suit lining, satin, sateen, silk. You can use natural fibres like cotton, or viscose rayon but bear in mind they may "stick" to the layers under the coat, rather than slide over them. Fuzzy or thicker linings such as minky or sherpa are not recommended.

## Fabric Requirement Chart

You may need more if matching plaids/checks or if you have a directional fabric.

#### **EXTERIOR FABRIC - CLASSIC LENGTH COAT**

Fabric Width		30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60
110cm /43"	inches	94.5	94.5	102.4	106.3	110.2	110.2	110.2	114.2	118.1	118.1	126	126	126	126	145.7	149.6
	cm	240	240	260	270	280	280	280	290	300	300	320	320	320	320	370	380
132cm / 52"	inches	82.7	82.7	94.5	94.5	98.4	106.3	106.3	110.2	110.2	110.2	114.2	114.2	114.2	118.1	126	126
	cm	210	210	240	240	250	270	270	280	280	280	290	290	290	300	320	320
150cm / 59"	inches	59.1	59.1	74.8	86.6	86.6	86.6	94.5	102.4	106.3	106.3	110.2	110.2	114.2	114.2	114.2	114.2
	cm	150	150	190	220	220	220	240	260	270	270	280	280	290	290	290	290
Add Extra for	inches	11.8	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7
Long Length	cm	30	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40

Charts continue on next page...



#### LINING - CLASSIC LENGTH COAT

Fabric Width		30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60
110cm /43"	inches	74.8	82.7	82.7	86.6	90.6	90.6	90.6	94.5	102.4	102.4	118.1	118.1	122	129.9	129.9	129.9
	cm	190	210	210	220	230	230	230	240	260	260	300	300	310	330	330	330
132cm / 52"	inches	59.1	63	63	66.9	74.8	74.8	74.8	82.7	90.6	90.6	98.4	98.4	102.4	102	102.4	102.4
	cm	150	160	160	170	190	190	190	210	230	230	250	250	260	260	260	260
150cm / 59"	inches	47.2	59.1	59.1	63	66.9	66.9	66.9	74.8	74.8	74.8	86.6	86.6	94.5	94.5	94.5	94.5
	cm	120	150	150	160	170	170	170	190	190	190	220	220	240	240	240	240
Add Extra for	inches	11.8	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7	15.7
Long Length	cm	30	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40

#### **INTERFACING**

This pattern required mid weight interfacing for the facing. Knit or woven would be more durable but non-woven would also work.

You can use scraps if they measure the lengths below. Width needed per front facing = 6" (15cm)

Interfacing Width		30	32-48	50-60
35 ½"/90cm	inches	35.4	35.4	39.4
	cm	90	90	100
59" / 150cm	inches	35.4	35.4	39.4
	cm	90	90	100
Add for Long Length	inches	11.8	15.7	15.7
	cm	30	40	40

## Other Supplies & Notions

- Spool of coordinating thread
- 5 buttons or sets of snaps
- Interfacing see notes on the left.

# Upcycle Inspiration

## Making a Coat from Recycled Materials

All Twig + Tale® patterns are designed to be made from upcycled materials! Here at Twig + Tale® HQ, we are proudly passionate about recycling. We hope to encourage and inspire you to enjoy that same satisfaction of making something truly exquisite from discarded textiles. Here are some ideas on how to make your garment from upcycled materials - saving the planet and your pocket.



Denim jeans can be made into smaller sized coats. Depending on the size of the original, you may need to mix and match more than one pair for enough fabric yield.

This striped curtain could be used, and summer-weight sleeping bags are another option.

Toggles and leather buttons rescued off old garments.

Left over bias binding from other projects can also be used for toggle loops. You can also learn how to make your own bias binding from upcycled shirts here:



100% pure wool blankets make wonderfully warm coats.

Wooden buttons rescued off an old garment.

Old shoelaces can be used to make toggle loops.

Cotton fabric can be used for lining. Other lining options might include fabric from ball or wedding gowns, linings from larger sized coats or capes, and sheets.

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