

Size Chart - Inches

You will see there are two size ranges.

The first is 0-22 (Twig + Tale Sizes A-L)

The second is a 14-38 (Twig + Tale Sizes H-T) .

There is an overlap from sizes 14-22 (H-L) where you can choose which size range you would like to use based on your waist to hip ratio.

This tutorial covers sizes A-L (0-22).

Numeric Size		0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	
Twig + Tale Size		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	
		0-22 RANGE																				
									14-32 RANGE													
Upper Bust	inch	29	30	31	32	33	34	35.5	37	39	41	43	45									
										37	39	41	43	45	47	49	51	53	55	57	59	61
Full Bust	inch	30	32	33	34	35	36	37.5	39	41	43	45	47									
										41	43	45	47	49	51	53	55	57	59	61	63	65
Waist	inch	25	25	25	26	27	28	29.5	31	33	35	37	39									
										32	34	36	38	40	42	44	47	50	53	56	59	62
Hip	inch	33	35	36	37	38	39	40.5	42	44	46	48	50									
										42	44	46	48	50	52	54	57	60	63	66	69	72
Shoulder Width	inch	13.1	13.3	13.6	13.8	14	14.3	14.6	15	15.6	15.7	15.9	16.2									
										15.7	16.2	16.4	16.7	16.9	17.1	17.4	17.7	17.9	18.1	18.3	18.8	19.3
Upper Arm	inch	9.4	9.8	10.2	10.6	11	11.4	11.8	12.2	13	13.8	14.6	15.4									
										12.2	13	13.8	14.6	15.4	15.7	16.5	17.3	18.1	18.9	19.7	20.5	21.3
Height	feet	4'9"	5'2"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"	5'5"



Size Chart - Centimetres

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This tutorial covers sizes A-L (0-22).

Numeric Size		0 (12yr)	2 (14yr)	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38		
Twig + Tale Size		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T		
		0-22 RANGE																					
									14-32 RANGE														
Upper Bust	cm	73.7	76.2	78.7	81.3	83.8	86.4	90.2	94	99.1	104.1	109.2	114.3										
										94	99.1	104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	145	150	155	
Full Bust	cm	76.2	81.3	83.8	86.4	88.9	91.4	95.3	99.1	104.1	109.2	114.3	119.4										
										104.1	109.2	114.3	119.4	124.5	129.5	134.6	139.7	144.8	149.9	155	160	165	
Waist	cm	63.5	63.5	63.5	66	68.6	71.1	74.9	78.7	83.8	88.9	94	99.1										
										81.3	86.4	91.4	96.5	101.6	106.7	111.8	119.4	127	134.6	142.5	150	157.5	
Hip	cm	83.8	88.9	91.4	94	96.5	99.1	102.9	106.7	111.8	116.8	121.9	127										
										106.7	111.8	116.8	121.9	127	132.1	137.2	144.8	152.4	160	167.5	175.5	183	
Shoulder Width	cm	33.2	33.8	34.5	35	35.5	36.2	37.2	38.2	39.5	40	40.5	41.2										
										40	41.2	41.7	42.5	43	43.5	44.2	45	45.4	46	46.6	47.8	49	
Upper Arm	cm	24	25	26	27	28	29	30	31	33	35	37	39										
										31	33	35	37	39	40	42	44	46	48	50	52	54	
Height	cm	145	157.5	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	165	



Finished Garment Measurements

Finished Garment Size		a	b	c	d	e	f	g	h	i	j	k	l
Chest (At dart) EASE: 4 3/4" (12cm)	inches	35.8	36.8	37.8	38.8	39.8	40.7	42.3	43.9	45.9	48.2	50.6	53
	cm	91	93.5	96	98.5	101	103.5	107.5	111.5	116.5	122.5	128.5	134.5
Waist (1/2 way between 2nd and 3rd buttons) EASE: 12 1/4" (31cm)	inches	35	36.2	37.2	38.2	39.2	40.2	41.7	43.3	45.3	47.6	50	52.4
	cm	89	92	94.5	97	99.5	102	106	110	115	121	127	133
Upper Arm EASE: 6" (15cm)	inches	15.2	15.7	16.1	16.5	16.8	17.1	17.7	18.2	18.9	19.7	20.5	21.3
	cm	38.5	40	41	42	42.6	43.5	45	46.3	48	50	52	54
Hip (4 3/4" (12cm) below pocket opening) EASE: 11 1/2: (29cm)	inches	45.1	46.3	47.4	48.6	49.4	50.4	52	53.5	55.5	57.9	60.2	62.6
	cm	114.5	117.5	120.5	123.5	125.5	128	132	136	141	147	153	159
Shorter Length (High Shoulder to Hem)	inches	25.8	27.8	29.3	29.5	29.5	29.7	29.7	29.9	30.1	30.3	30.5	30.7
	cm	65.5	70.5	74.5	75	75	75.5	75.5	76	76.5	77	77.5	78
Longer Length (High Shoulder to Hem)	inches	32.5	34.3	35.8	36	36	36.2	36.4	36.4	36.6	37	37.2	37.4
	cm	82.5	87	91	91.5	91.5	92	92.5	92.5	93	94	94.5	95
Sleeve Length (From base of neck, over shoulder to wrist)	inches	29.3	29.9	30.7	31.1	31.3	31.7	31.9	32.7	33.1	33.5	33.9	34.4
	cm	74.5	76	78	79	79.5	80.5	81	83	84	85	86	87.5
Shoulder to Shoulder (Dart end to Dart end)	inches	16.5	16.7	17.1	17.3	17.9	17.9	18.3	18.7	19.3	19.9	20.3	20.9
	cm	42	42.5	43.5	44	45.5	45.5	46.5	47.5	49	50.5	51.5	53



Gather Supplies

Suggested Fabrics

Exterior: Medium to heavy weight woven fabrics with structure and no/little stretch: eg. Wool coating, soft shell, twill, denim, velvet, canvas, oilcloth.

If using substantially thicker fabrics such as wool blankets, the double thickness of the exterior and facing may make it challenging to sew buttonholes or add snaps.

In this case, we recommend choosing a secondary fabric for the facings that would allow for this.

Lining: Due to the construction method of this coat, you will need lightweight woven fabrics with no stretch: tencel, bemberg, suit lining, satin, sateen, silk. You can use natural fibres like cotton, or viscose rayon but bear in mind they may “stick” to the layers under the coat, rather than slide over them. Fuzzy or thicker linings such as minky or sherpa are not recommended.

Fabric Requirement Chart

You may need more if matching plaids/checks or if you have a directional fabric.

The fabric requirements are for the **shorter length coat** - for a longer length coat, add the amount from the bottom chart.

EXTERIOR FABRIC - CLASSIC LENGTH COAT

Fabric Width		a	b	c	d	e	f	g	h	i	j	k	l
43" / 110cm	inches	90.6	94.5	102.4	102.4	102.4	102.4	110.2	110.2	110.2	129.9	129.9	129.9
	cm	230	240	260	260	260	260	280	280	280	330	330	330
52" / 132cm	inches	74.8	74.8	78.7	78.7	78.7	94.5	94.5	94.5	102.4	102.4	102.4	106.3
	cm	190	190	200	200	200	240	240	240	260	260	260	270
59" / 150cm	inches	66.9	70.9	74.8	74.8	74.8	78.7	78.7	78.7	90.6	90.6	90.6	90.6
	cm	170	180	190	190	190	200	200	200	230	230	230	230
Additional fabric required for LONGER LENGTH	inches	15.7											
	cm	40											

Charts continue on next page...



LINING FABRIC - CLASSIC LENGTH COAT

Fabric Width		a	b	c	d	e	f	g	h	i	j	k	l
43" / 110cm	inches	74.8	74.8	86.6	86.6	86.6	86.6	90.6	90.6	90.6	102.4	102.4	102.4
	cm	190	190	220	220	220	220	230	230	230	260	260	260
52" / 132cm	inches	63	63	66.9	66.9	66.9	74.8	78.7	78.7	86.6	86.6	86.6	90.6
	cm	160	160	170	170	170	190	200	200	220	220	220	230
59" / 150cm	inches	59.1	63	63	63	63	66.9	66.9	66.9	78.7	78.7	78.7	78.7
	cm	150	160	160	160	160	170	170	170	200	200	200	200
Additional fabric required for LONGER LENGTH	inches	15.7											
	cm	40											

INTERFACING

This pattern required mid weight interfacing for the facing.

Knit or woven would be more durable but non-woven would also work.

NOTE: Interfacing only takes up $\frac{1}{2}$ the fabric width so if you have a scrap that's the correct length but only $\frac{1}{2}$ the width you don't need to buy more!

Interfacing Width		a-b	c-l
35 1/2" / 90cm	inches	31.5	35.4
	cm	80	90
59" / 150cm	inches	31.5	35.4
	cm	80	90

An additional 7.9" (20cm) of interfacing is required for LONG LENGTH lining.

Other Supplies & Notions

- Spool of coordinating thread
- 5 buttons or sets of snaps
- Interfacing - see notes on the left.



Upcycle Inspiration

Making a Coat from Recycled Materials

All Twig + Tale® patterns are designed to be made from upcycled materials! Here at Twig + Tale® HQ, we are proudly passionate about recycling.

We hope to encourage and inspire you to enjoy that same satisfaction of making something truly exquisite from discarded textiles. Here are some ideas on how to make your garment from upcycled materials - saving the planet and your pocket.



Denim jeans can be made into smaller sized coats. Depending on the size of the original, you may need to mix and match more than one pair for enough fabric yield.

This striped curtain could be used, and summer-weight sleeping bags are another option.

Toggles and leather buttons rescued off old garments.

Left over bias binding from other projects can also be used for toggle loops. You can also learn how to make your own bias binding from upcycled shirts here:



100% pure wool blankets make wonderfully warm coats.

Wooden buttons rescued off an old garment.

Old shoelaces can be used to make toggle loops.

Cotton fabric can be used for lining. Other lining options might include fabric from ball or wedding gowns, linings from larger sized coats or capes, and sheets.

