

# CALM-A-MILE™

Essential oils of German Chamomile (Matricaria recutita), Roman Chamomile (Chamaemelum nobile), Blue Cypress (Callitris intratropica), Frankincense (Boswellia carterii), Clary Sage (Salvia sclarea), and Ylang Ylang (Cananga odorata)

A blend to calm, balance, reduce stress and provide anti-inflammatory support

## Instructions

### IN YOUR DOG'S BATH

Mix 30 - 60 drops of Calm-a-Mile™ in @ 2 oz of 4-Legger Unscented USDA Certified Organic Dog Shampoo to calm, balance, and reduce stress and inflammation.

### WATER BASED DIFFUSION

Aromatherapy by water-based diffusion: Add 2-4 drops of Calm-a-Mile™ in your water diffuser. Regular diffusion of essential oils around your dog will permeate their coat and will provide not only odor eliminating benefits, but impart small servings of the therapeutic benefits of the essential oils.

### MISTING SPRAY

Mix 4-20 drops of Calm-a-Mile™ in @ 4 oz of distilled water to make a mist that can be used as a spray for your pet's bedding, car seat, or kennel.

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ESSENTIAL OILS FOR ANIMALS



The information provided is not to replace proper medical care and guidance. The statements have not been evaluated by the FDA and any recommendation is not intended to cure, mitigate, treat, or prevent a disease or condition. Please work with your veterinarian with any health concern.