Nepal, Buddha’s Footsteps, Dalai Lama teachings

December 2019
Visit ancient Kathmandu and hiltop Pokhara, continue to Buddha’s Footsteps - Lumbini, his birthplace and other important sites in India. Finally we conclude in Bodhgaya, place of his enlightenment where Dalai Lama teaches 28 Dec-3 Jan.

Ayurvedic Retreat

January 2020
Rejuvenate with 14 days authentic Ayurvedic healing in Kerala, South India. Diagnosis and full treatment including food, medicine, yoga and meditation. We conclude with two nights on a traditional Kerala houseboat cruising the beautiful backwaters followed by one night exploring, eating and shopping in the famous port-side town Fort Kochi.

Bhutan

May 2020
Khandro Rinpoche has a special connection with this Dragon Kingdom and you cannot have a deeper guide. You will visit all the important holy sites, meet the people and experience fully the authentic local culture and history of Bhutan. Paro, Thimphu, Bumthang - this year will also focus on the majestic flowering rhododendrons.

Ladakh

August 2020
This journey to the heart will take you over spectacular landscapes in the high Indian Himalayas where you will experience the authentic spiritual culture and traditions of the ancient Buddhist peoples. Delhi to Manali, then overland through Lahaul and Spiti to Leh. A magical and mystical journey you will never forget.

Inward Journeys

Travelling with depth, meaning and awareness is a favourite activity of Khandro Rinpoche. This she has done since childhood with her parents - an authentic spiritual yogi family of the high Himalayas. Each of these journeys are at the heart of her culture and tradition which she has a passion to share.

Be part of this unique type of travel - by joining one of these meaningful journeys, you are assured a fun, dynamic and fascinating inward journey of the heart!

You may learn more about Khandro Thrinlay Chodon, (aka Khandro Rinpoche) at www.khachodling.org

Information and Registration - Book early!
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