On the Table Written by Matt Dicks

Reep it local with these tasty tipples! We're spoilt for choice when it comes to food and drink from our wonderful part of the world. Local and regional produce is often in the spotlight with consumers keen to support products grown and produced in the close vicinity of where they live.

Visit your local farm shop and you're immediately taken back by the array of food and drink available to us, from chutney to cider and bread to beer, there's something for everyone.

Time for a road trip and where better to sample some of the delicious delights we have to offer here in the eastern counties than with a visit to awesome new Deli located in the iconic Jarrold department store in the heart of Norwich city centre? Rest assured, pay them a visit and you won't be leaving with an empty stomach! Don't know where to start? Here's a selection of delicious East Anglian tipples well worth adding to your shopping list:

Nelson's Gold Caramelised English Vodka, Norfolk

Here's something that even Lord Nelson himself would be impressed with. This decadent delight is produced amongst the sun-kissed fields of Norfolk using barley grains to make the base spirit. Enticing caramel produced from local sugar beet is then blended and the result is a delicious treat to share with friends.

Warner Edwards Harrington Elderflower Gin, Northamptonshire

Inspired by founding partner Tom's mother Adèle, this gin only uses fresh, handpicked elderflowers from their farm, which are harvested

