

# PNW BEST BUDDY RECIPES

*Treats for dogs, not humans, though these are both technically safe for human consumption.*

## **OAT BUDDY TUMMY BISCUITS**

These are some good ol' fashioned crunchy and classic dog biscuits, made mostly of oats and pumpkin so they're easy on the tum, and good for doggos with food sensitivities. You can roll these into one big slab and cut them into squares sized appropriately for your buddy, or get fancy with small heart or bone-shaped cookie cutters.

### **INGREDIENTS**

- 2 cups oat flour
- ½ cup canned pumpkin (NOT pumpkin pie mix)
- ½ cup water
- ½ cup rolled oats
- 2 tbsp. any neutral oil

### **INSTRUCTIONS**

1. Preheat oven to 375 degrees F.
2. Add pumpkin, water, and oil to a bowl and mix together.
3. Stir in oats and oat flour and shape into a dough ball.
4. Roll the dough into small biscuits about ¼ of an inch thick. Use a cookie cutter to shape if desired, or cut into squares.
5. Place on a cookie sheet and bake for 40 minutes.
6. Let cool before serving.
7. Feed to your best buddy and enjoy the ASMR cronching sound that ensues.

## **SWEET POTATO PUPPER CHEWS**

Did you know that rawhides and bones aren't the best chew solution for your pup? Some dogs with sensitive stomachs can have a painful time with rawhide, and bones can harm teeth and cause blockages if you're not careful. Keep your bestie safe this holiday season and try our favorite hypoallergenic solution that's packed with fiber and vitamins A, B6, and C. This super easy recipe legit takes all day while dehydrating in the oven, so it's perfect if you're home chilling over the holiday break – just do not forget about them in the oven, we don't have the right kind of insurance for that.

### **INGREDIENTS**

- 2 large sweet potatoes
- 1 tbsp. coconut or olive oil (optional)
- Sprinkle of cinnamon (optional)

### **INSTRUCTIONS**

1. Preheat oven to 200 degrees F.
2. Line a baking sheet with parchment paper.
3. Slice off the ends of the sweet potato and cut into even half-inch-thick, vertical discs.
4. Toss in oil if using.
5. Spread on parchment paper lined baking sheet, sprinkle with cinnamon if using.
6. Bake on a low heat for a total of 6 hours. Set one timer for 6 hours & one for 3 hours - as a reminder to flip the treats once halfway through. Do not forget about the chews in the oven, you'll be sad, your dog will be sadder.
7. Remove chews from the oven and let cool completely.
8. Send us pics of your happy doggo chewin' it up.