

## About Parents as Teachers:

- Parents as Teachers is an early childhood parent education and family support program that serves families with children from pregnancy until kindergarten.
- More information is available at [Parentsasteachers.org](http://Parentsasteachers.org).



*Parent as Teachers is available through your local Public Health District. Please contact your nearest District for additional information.*

### Contact information:

Panhandle Health District (PHD1)  
208-797-4484  
[HVPPrograms@phd1.idaho.gov](mailto:HVPPrograms@phd1.idaho.gov)

Public Health- Idaho North  
Central District (PHD2)  
208-799-3100  
[homevisit@phd2.idaho.gov](mailto:homevisit@phd2.idaho.gov)

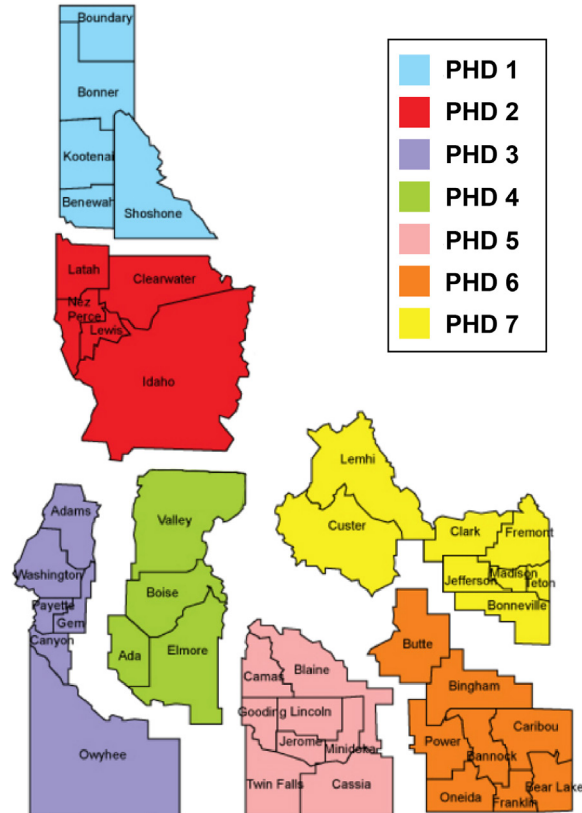
Southwest District Health (PHD3)  
208-455-5325  
[patricia.kennings@phd3.idaho.gov](mailto:patricia.kennings@phd3.idaho.gov)

Central District Health (PHD4)  
208-327-8629  
[pat@cdh.idaho.gov](mailto:pat@cdh.idaho.gov)

South Central Public Health (PHD5)  
208-737-5969  
[kalexander@phd5.id.gov](mailto:kalexander@phd5.id.gov)

Southeastern Idaho Public Health (PHD6)  
208-239-5238  
[pat@siph.id.gov](mailto:pat@siph.id.gov)

Eastern Idaho Public Health (PHD7)  
208-533-3194  
[patprogram@eiph.idaho.gov](mailto:patprogram@eiph.idaho.gov)



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# Parents as Teachers

## Home Visiting Program



# What is Home Visiting?

Home visiting is a **FREE** and **VOLUNTARY** service that helps parents and caregivers raise children who are physically, socially, and emotionally healthy and ready to learn. Parents as Teachers is one of the evidence-based home visiting programs available in Idaho.

## How can home visiting help?

1. Increase your knowledge of early childhood development and positive parenting practices.
2. Improve your child's health and development.
3. Provide early screening for developmental delays and offer resources.
4. Increase your child's school readiness and academic success.
5. Help you access useful services and community resources.
6. Help strengthen your relationships with your child, your family, and your friends.



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EARLY CHILDHOOD  
HOME VISITING  
PROGRAM

## How do home visits work?

- We schedule a visit with you at a convenient time and place for each of us. It can be in your home, another place you feel comfortable, or sometimes on a virtual platform.
- Our visits are with you and your child and usually last one hour.
- We teach you fun activities to do with your child that promote early learning and development.
- Together, we talk about your child's development and offer screenings to make sure your child is on track.
- We help you set goals for your family and connect you to resources to help you meet those goals.
- We provide information and answer questions about your child's development or other issues you may be worried about.
- Our program will offer opportunities to connect with other parents and families through Group Connection activities on a regular basis.