



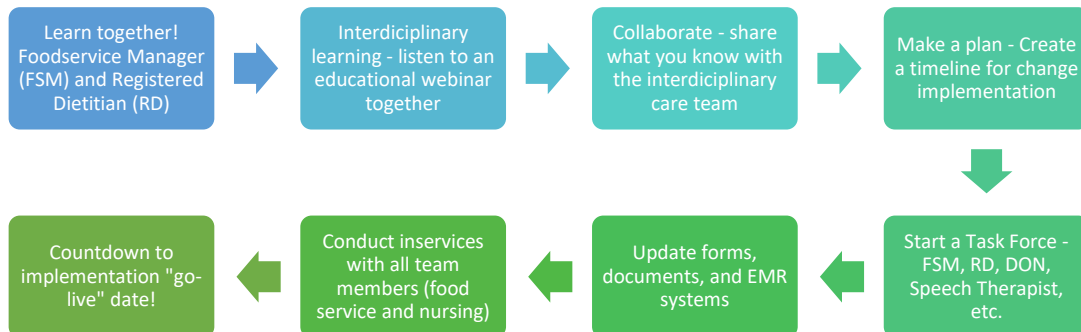
Be A Champion for Change

Have you ever tried to learn a new language? Interpreting new words and phrases can be very challenging. Similarly, the new terms in IDDSI may be challenging at first, but with time and practice, learning the IDDSI language will help patients and healthcare workers.

You can make a difference! Just by making a commitment to updating your terminology to the IDDSI terms will help others and reinforce the new language.



Start Here!



Tips for Success

1. **Communicate, communicate, communicate** – there’s no such thing as too much notice. Talk with everyone, make IDDSI the buzz word in the breakroom, at the time clock, and everywhere in between.
2. **Collaborate** – At a minimum, IDDSI impacts nursing, food service, and speech language pathology. Be sure to proceed in a spirit of collaboration with all team members so as to present a united front when answering questions from staff, residents, or family members.
3. **Have a positive attitude** – If you want the IDDSI implementation to be successful, make sure you radiate positivity about the change! Your attitude about IDDSI will set the tone for everyone else in your community. Remember, IDDSI has some real advantages:
 - Concrete testing and auditing for foods and drinks – if there is ever a question about whether something “too thick” or “too thin,” IDDSI testing gives definitive quality and consistency testing for all foods and drinks
 - Speaking the same language – from the hospital to the long term care community, everyone has the same interpretation of foods and drinks for dysphagia care
 - Colors, numbers, and symbols – with more than one way to name each level, we can be more assured we are providing the correct diet order for each individual
4. **Ask for help** – Call on all available resources from Health Technologies, to your food vendor, manufacturers, and of course, IDDSI!
5. **Stay in the know** – Keep up with the latest changes in IDDSI! Sign up for the [IDDSI newsletter](#), download the IDDSI App, and bookmark the [IDDSI website](#).

Congratulations!



You’re an IDDSI Champion.

You may want to visit the [IDDSI website](#) for more information.