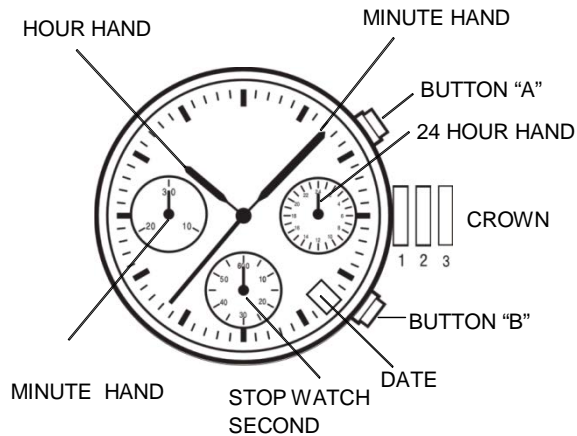


## FEATURES

1. Hour, minute and second hand display.
2. 30 minute Stopwatch function displayed in seconds and minutes.
3. 24 hour hand, synchronized with the normal hour hand.



## HAND SETTING

1. For non-date models, pull the crown out to position '2'.
2. For models having a date, pull crown out to position "3".
3. Turn the crown away from you to adjust the large hands, in a clockwise direction, to the current time.
4. Note the position of the 24 hour hand to insure the proper A.M. or P.M. time is set.
5. Push the crown back in to position "1".

## DATE SETTING (FOR SOME MODELS)

1. Pull crown out to position "2".
2. Turn the crown to set the date.

Note: do not set the date between the hours of 9 P.M. and 6 A.M. as this may cause an incorrect display which will need to be corrected later.

## ADJUSTING THE STOPWATCH HANDS

When using the Stopwatch, its hands (small dial at 6 and 9 o'clock) must start at the 'zero' or 12 o'clock position. If they are not positioned correctly, proceed as follows:

1. Pull the crown out to position '2'.
2. Push button 'A' (hold button in for rapid movement) to reset the Stopwatch seconds hand and 30 minutes hand to the 'zero' position.
3. The seconds and minutes hands are synchronized together. Each turn of the seconds hand will move the Stopwatch minutes hand one minute.
4. After the above hands are set to 'zero', push the crown back in to position '1'.

## USING THE STOPWATCH

1. Push button 'A' to start the timing.
2. At completion of timing, push button 'A' to stop the Stopwatch.
3. The elapsed time can be read on the small dials located at 6 o'clock (seconds) and 9 o'clock (minutes).
4. Multiple times can be added together by repeatedly pushing the 'A' button to start; stop; start; stop etc.
5. When all measurements are completed (timing stopped), push button 'B' to return the Stopwatch hands to 'zero'.

## ABOUT THE POWER CELL

Your new Quartz Watch has a fresh power cell designed to provide maximum reliability for approximately a year under normal use. If the cell is not replaced before it is exhausted, the watch will simply stop. The mechanism should not be harmed in any manner. However, when the power cell becomes exhausted, it should be removed at your earliest convenience to diminish the possibility of leakage. Never store your watch with an exhausted power cell in it. The watch should be brought to an authorized Bulova dealer for replacement of the power cell. For best performance, the proper power cell should be used.

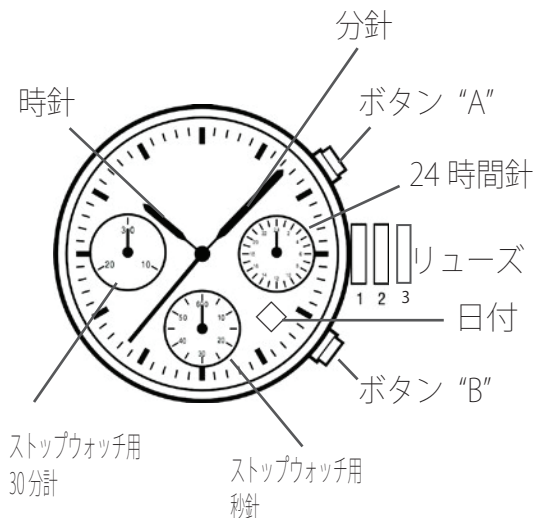
**Note:** When the crown is in the "OUT" position, the motor and hands stop. Only the quartz crystal continues to vibrate, using very little power. If the watch is to be stored for a length of time, it is recommended that the crown be left in the "OUT" position to prolong battery life.

This does not apply to models with two hands only.

## WATER RESISTANCE

Watch models marked only "Water Resistant" on the case back, without additional depth markings are not to be used for swimming. For swimming, models that have the additional marking of "50m," "100m" or "200m" are recommended.

## クロノグラフモデル



### ■時刻合わせ

- ①秒針が 12 時の位置に来た時に、リューズを "2" まで引くと時計が停止。  
日付表示ありモデルは "3" まで引く
- ②針が時計回りに動くようにリューズを回して時刻を合わせる。  
設定の時刻より分針を 5 分ほど進めてから反時計回りで設定の時刻まで戻す
- ③24 時間表示の午前、午後が合っている事を確認
- ④時報等に合わせてリューズを "1" に押し戻す

### ■日付合わせ (日付表示ありモデル)

- ①リューズを "2" まで引く
- ②リューズを回して日付を合わせる

### ■ストップウォッチ用針の微調整

6 時位置と 9 時位置にあるインカウンターでストップウォッチとして経過時間を計測します。  
計測前に、針が 0、あるいは 12 時位置からずれている場合は以下の操作で合わせます。

- ①リューズを "2" まで引く。日付表示ありモデルは "3" まで引く
- ②ボタン "A" を押してインカウンター針を進めるか、ボタン "B" を押してインカウンター針を戻して 0 位置に合わせる
- ③リューズを "1" に押し戻す

### ■ストップウォッチ機能操作方法

- ①ボタン "A" を押して計測スタート
- ②もう一度ボタン "A" を押して計測ストップ
- ③続けて計測したい場合、1、2 の操作を繰り返して計測することが可能
- ④計測が終わったらボタン "B" を押して針を 0 位置にリセット



ご注意

- 時計の時刻が午後 9 時から午前 6 時の間は、日付合わせを避けてください。日付表示が正しく切り替わらない場合があります。日付は 31 日周期のため、3 月・5 月・7 月・10 月・12 月の月初めには日付を修正してください。
- 日常生活防水 (3 気圧防水) です。洗顔などには使用できますが水中では使用できません。