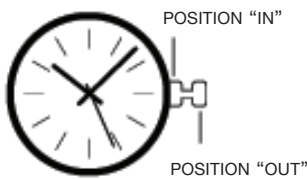


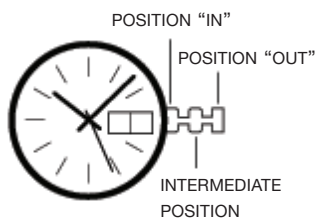
SETTING NON-DATE MODELS

If the watch has no second hand, merely pull out the crown and proceed to step 2.



1. When the second hand reaches the 60th second mark, pull the crown to the "OUT" position. All hands will stop.
2. Turn the hands forward (clockwise) to set the time. In order to prevent the hands from jumping when the crown is pushed in, set the minute hand approximately 5 minutes ahead of the desired minute marker; then, gently turn back to the same minute marker.
3. When the time standard by which you are setting your watch reaches the 60th second, push the crown to the "IN" position without turning. All hands will start instantly.

SETTING DATE AND DAY/DATE MODELS



1. When the second hand reaches the 60th second mark, pull the crown all the way to the "OUT" position (you will hear two tiny "click" sounds). All hands will stop.
2. With the crown still in the "OUT" position, move hands forward (clockwise) until you see the date (for date only) or both day and date change. This establishes midnight.
3. For AM time, continue to move the hands forward until the minute hand is approximately 5 minutes ahead of the desired minute marker; then, gently turn back to the same minute marker. For PM time, follow the same procedure, but first advance the hands past 12 o'clock.

Note: The date will advance automatically at midnight, provided that AM and PM have been established (steps 2 and 3). The watch calendar is programmed for a 31-day cycle. Therefore, on the first day of any month following a month with less than 31 days, the date must be advanced manually (see Step 5).

4. When the time standard by which you are setting your watch reaches the 60th second, push the crown all the way to the "IN" position without turning. All hands will start instantly.
5. Pull the crown to the "INTERMEDIATE" position (one "click"). Your watch will continue to tell time. Slowly turn crown one way until correct date appears. Then, for day/date models, slowly turn crown the other way until correct day appears.

Note: The day is printed in two successive positions on the day indicator; in English and in Spanish/French. It is possible to make use of either position. The display will automatically remain in the language chosen. The calendar should not be changed manually between 9:00 pm and 6:00 am as this could cause an incorrect display which must be corrected later.

6. Push the crown to the "IN" position. Your watch is now operating normally.

24-HOUR TIMING (FOR SOME MODELS)

The 24-hour dial will be synchronized with the regular time, provided that midnight has been established (Steps 2 and 3).

ABOUT THE POWER CELL

Your new Quartz Watch has a fresh power cell designed to provide maximum reliability for approximately a year under normal use. If the cell is not replaced before it is exhausted, the watch will simply stop. The mechanism should not be harmed in any manner. However, when the power cell becomes exhausted, it should be removed at your earliest convenience to diminish the possibility of leakage. Never store your watch with an exhausted power cell in it. The watch should be brought to an authorized Bulova dealer for replacement of the power cell. For best performance, the proper power cell should be used.

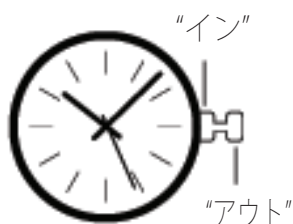
Quartz Watches: Quartz movements are powered by a battery. Some watches are fitted with a battery end-of-life (E.O.L.) indicator: when the battery is about to run down, the second hand starts to jump a few seconds at a time. When this happens, replace the battery immediately. A dead battery inside the watch might damage the movement.

Note: When the crown is in the "OUT" position, the motor and hands stop. Only the quartz crystal continues to vibrate, using very little power. If the watch is to be stored for a length of time, it is recommended that the crown be left in the "OUT" position to prolong battery life. This does not apply to models with two hands only.

WATER RESISTANCE

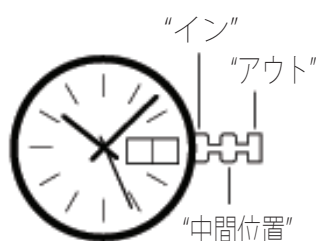
Watch models marked only "Water Resistant" on the case back, without additional depth markings are not to be used for swimming. For swimming, models that have the additional marking of "50m," "100m" or "200m" are recommended.

三針モデル



■時刻合わせ（日付表示なし）

- ① 秒針が 12 時の位置に来た時に、リューズを“アウト”まで引くと時計が停止
- ② 針が時計回りに動くようにリューズを回して時刻を合わせる。設定の時刻より分針を 5 分ほど進めてから反時計回りで設定の時刻まで戻す
- ③ 時報等に合わせてリューズを“イン”に押し戻す



■時刻合わせ（日付表示あり）

- ① 秒針が 12 時の位置に来た時に、リューズを 2 段階“アウト”まで引くと時計が停止
- ② 針が時計回りに動くようにリューズを日付表示が変わるまで回す。日付が変わるときが深夜の時間帯
- ③ 設定時刻が午前の場合、そのままリューズを回して設定の時刻より分針を 5 分ほど進めてから反時計回りで設定の時刻まで戻す。設定時刻が午後の場合、時針が 12 時を過ぎるまで回した後、設定の時刻より分針を 5 分ほど進めてから反時計回りで設定の時刻まで戻す
- ④ 時報等に合わせてリューズを“イン”に押し戻す
- ⑤ リューズを 1 段階“中間位置”まで引く。ゆっくり回して日付または曜日を合わせる。引き続き逆向きに回して、日付または曜日を合わせる。
曜日は英語か仏語のどちらかを選びます。
- ⑥ 日付が合ったらリューズを“イン”に押し戻す

■自動巻き機械式時計の場合

ご使用前に少なくとも 6 回か 7 回リューズを回しゼンマイを巻いてください。その後は日常の活動によって、着用されていない夜の間も作動させられるだけ自動でゼンマイが巻かれます。日常の活動が十分でない場合は、補足的に手動でゼンマイを巻くことが必要になることもあります。お客様の機械式時計を長くご愛用いただけるように定期的にクリーニングと油の塗布を行うようお勧めします。機械式時計ですので、クォーツ時計と同様の精度はお約束できません。



ご注意

- 時計の時刻が午後 9 時から午前 6 時の間は、日付合わせを避けてください。日付表示が正しく切り替わらない場合があります。日付は 31 日周期のため、3 月・5 月・7 月・10 月・12 月の月初めには日付を修正してください。
- 日常生活防水（3 気圧防水）です。洗顔などには使用できますが水中では使用できません。