



## SAFETY AND ETIQUETTE

### FOLLOW THE LAW

Your safety and image of bicyclists depend on you. You have the same rights and responsibilities as drivers. Obey traffic signals and stop signs. Ride with traffic; use the rightmost lane headed in the direction you are going.\*

### BE PREDICTABLE

Make your intentions clear to everyone on the road. Ride in a straight line and don't swerve between parked cars. Signal turns, and check behind you well before turning or changing lanes.\*

### BE CONSPICUOUS

Ride where people can see you and wear bright clothing. Use a front white light, red rear light and reflectors when visibility is poor. Make eye contact with others and don't ride on sidewalks.

### THINK AHEAD

Anticipate what drivers, pedestrians, and other people on bikes will do next. Watch for turning vehicles and ride outside the door zone of parked cars. Look out for debris, potholes, and other road hazards. Cross railroad tracks at right angles.\*

### RIDE READY

Check that your tires are sufficiently inflated, brakes are working, chain runs smoothly, and quick release levers are closed. Carry tools and supplies that are appropriate for your ride. Wear a helmet.\*

### BE NICE

Please consider the other patrons of each coffee shop. Barista's will have the discretion whether or not to distribute stickers to participants. If the competitor is rude to the barista and attempts to cut in line or rush other patrons, they may not be awarded a sticker. It is at the participant's choosing if they consume the shot of espresso or not. It still must be purchased in order to receive a sticker. Riders may not call ahead to a coffee shop to order. All coffee shops have been alerted and will make drinks in the order competitors arrive.



\*<http://bikeleague.org/content/rules-road-0>