



YES • MAYBE • NO

At ONE® Condoms we know sex and sexuality aren't always easy to discuss, whether it's trying a new sex position or learning about your partner's personal sexual preferences. A Yes, No, or Maybe list is a great tool to get the conversation started! Couples or individuals can use the list to navigate what desires they're willing to explore, limits are sexually, or possibly interested in trying.

STEP 1:

STEP 2:

Print copies of the list. Fill in your responses individually in the YES, NO, and MAYBE columns. If you want, you can also write down whether you're into giving or receiving (or both) the specific activity.

Swap lists with your partner and discuss. Super easy!



YES



MAYBE



NO

- Anal Sex
- Anal Toys / Butt Plugs
- Anal Licking
- Biting
- Body Massage
- Blind Folding
- Bondage
- Bathtub Sex
- Cock Rings
- Collars
- Choking
- Compliments
- Cross Dressing
- Cuddling
- Deep Throating
- Dirty Talking
- Dressing Up
- Edging
- Fingering
- Foodplay
- Facesitting
- Filming
- Flirting
- Fisting
- Foot Massage

- Genital Massage
- Handcuffs
- Hand Job
- Hickies
- Hair Pulling
- Hot Wax
- Mutual Masturbation
- Massages
- Lap Dancing
- Neck Kisses
- Nippleplay
- Oral Sex
- Outdoor Sex
- Pole Dancing
- Watching Porn Together
- Phone Sex
- Role Playing / Dress Up
- Sexting
- Shower Sex
- Spanking
- Strap-On Sex
- Shopping for Sex Toys
- Strip Tease
- Threesome
- 69

Yes: I'm open to trying that, but can revoke my consent if I no longer want to continue.

Maybe: I'm not 100% sure yet, but I am interested in it or would like to learn more about it.

No: This is off limits, I'm not willing to try, nor negotiate. These activities can also be great for conversation to understand why, but a no is always a no.