



# ANYDAY SWEATSHIRT INFO

top down, drop shoulder sweatshirt

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YSOLDA

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# ANYDAY SWEATSHIRT

The Anyday Sweatshirt is a handknit twist on the classic sweatshirt, complete with V-detail at the front neck.

This size-inclusive pattern includes built-in fit adjustments for all genders, allowing you to achieve a great fit straight from the pattern. There is optional bust shaping up to an H-cup, as well as regular and tall lengths. The sweatshirt is worked from the top-down, using a seamless drop-shoulder construction.

The relaxed fit of the sweatshirt allows for comfortable layering, while simple shaping techniques are used to refine the traditional rectangular drop-shoulder construction. Short rows at the upper back, and the centre top of the sleeves, gently shape the sweater around the slope of your shoulders. In combination with underarm shaping, and sleeve gussets, this reduces excess fabric bunching around the underarm. The result is both a cleaner, refined style, and easier, more comfortable movement.



# THE PATTERN

## YARN

Double knitting (DK) / light worsted weight yarn, wool blends are ideal.

## YARN AMOUNT

See table on page 8 for yarn amounts.

## SHOWN IN

Sandnes Garn Duo (55% Merino, 45% cotton, 125 yds / 115m, 50g) in 8072 or 9551.

## GAUGE

22 sts and 30 rows = 4" / 10cm in stocking stitch flat and in the round on larger needles. Measure gauge after wet blocking.

## NEEDLES

US 5/3.75mm needles, or the size you need to obtain the right gauge, and US 3/3.25mm needles, or two sizes smaller than your main needles, in the following types:

32" / 80cm circular needles for upper front, upper back and body\*

16" / 40cm circular needles for sleeves and neckband

dpns or circular(s) for your preferred method of knitting small circumferences in the rnd, for sleeves and cuffs

\*The upper back and front are worked flat, if you prefer, straight needles can be used.

For larger sizes, use a 40" / 100cm circular needle or larger, depending on how squished you like your stitches to be on the needle. We found that a needle approximately 55% shorter than the body circumference was the minimum workable length.

## NOTIONS

Cable needle, stitch markers, scrap yarn.

## SIZES

14 sizes to fit bust/chest measurements from 30" to 72 1/2" / 70cm to 181.5cm with 4 options for bust shaping— A/B (no shaping), C/D, E/F, G/H

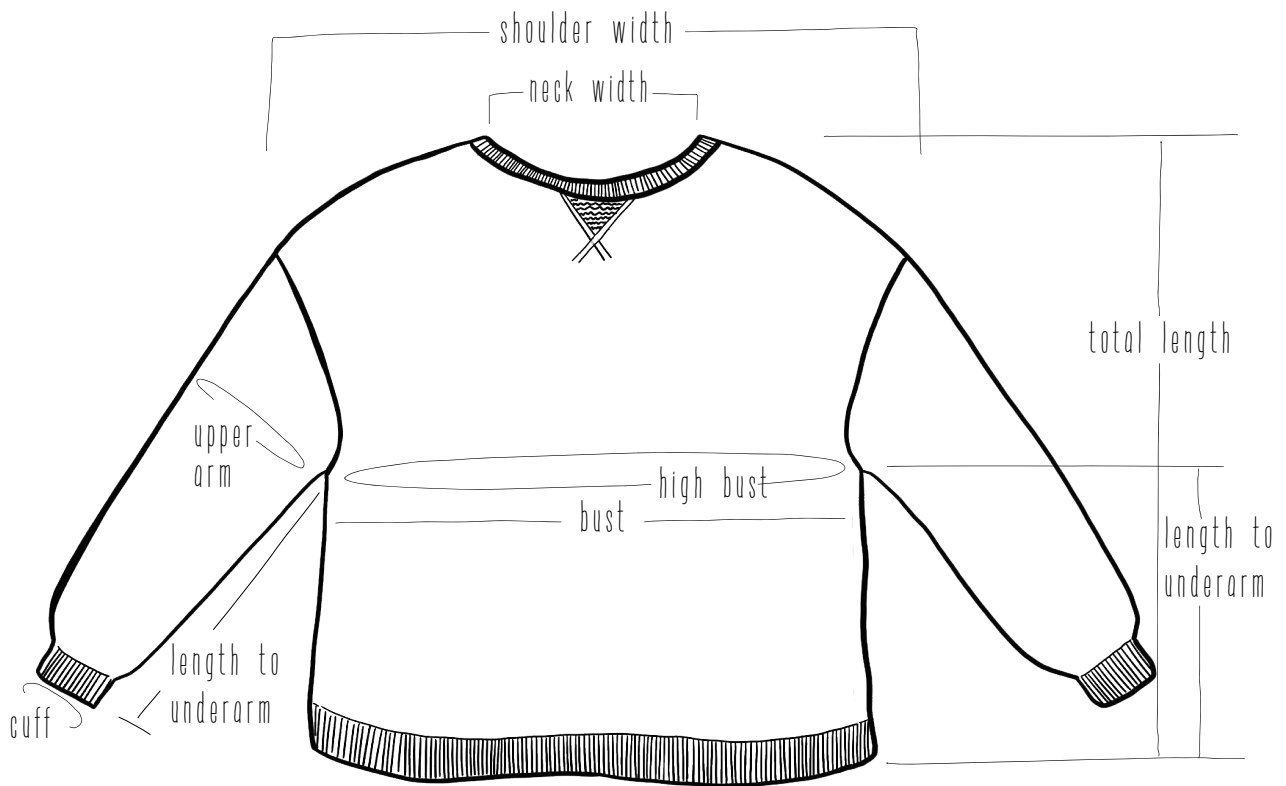
See information beginning on page 5 for body measurements, schematic, and garment measurements.

Shown in size 3 with no added bust shaping and approximately 6" / 15cm of ease at the high bust.

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# SCHEMATIC



## CHOOSING A SIZE

**If you have a bust:** measure your high bust and full bust. Using the body measurements table choose a size closest to your high bust measurement and use your full bust measurements to select which cup shaping to use.

**If you don't have a bust:** measure the widest part of your chest and choose a size where this is closest to the A-B cup measurement.

The pattern is intended to fit with 4-6" of positive ease at the high bust. There will be slightly less positive ease at the chest / bust. If you prefer a closer fit we don't recommend going down more than one size as the shape requires some positive ease to hang well.

**Regular and tall lengths:** Everyone's body proportions are different but the regular lengths are most likely to fit if you are under 5' 8" and the tall if you are 5' 8" or taller. If you have broad shoulders the tall upper back and front are likely to fit better, even if you aren't tall. The tall upper back and front can be combined with either body length, but the sleeves are written to fit into the corresponding armhole (although the sleeve length can be easily adjusted by working more or fewer rounds after the shaping is completed). Both the regular and tall lengths can be worked with all cup sizing options.

The pattern has been thoughtfully graded to maintain the design lines as proportions change between sizes. For example, larger sizes have more shaping around the underarm, ensuring that the join between sleeve and armhole hits the same point on the arm.

## BODY MEASUREMENTS — INCHES

SIZE		1	2	3	4	5	6	7
UPPER BUST		28	31	33 ¾	36 ¾	39 ¾	42 ½	45 ½
FULL BUST	A/B CUP	30	33	35 ¾	38 ¾	41 ¾	44 ½	47 ½
	C/D CUP	31	34	36 ¾	39 ¾	42 ¾	45 ½	48 ½
	E/F CUP	32	35	37 ¾	40 ¾	43 ¾	46 ½	49 ½
	G/H CUP	33	36	38 ¾	41 ¾	44 ¾	47 ½	50 ½
SIZE		8	9	10	11	12	13	14
UPPER BUST		48 ¼	51 ¼	54 ¼	57	60	63	65 ¾
FULL BUST	A/B CUP	50 ¼	53 ¼	56 ¼	59	62	65	67 ¾
	C/D CUP	51 ¼	54 ¼	57 ¼	60	63	66	68 ¾
	E/F CUP	52 ¼	55 ¼	58 ¼	61	64	67	69 ¾
	G/H CUP	53 ¼	56 ¼	59 ¼	62	65	68	70 ¾

## BODY MEASUREMENTS — CM

SIZE		1	2	3	4	5	6	7
UPPER BUST		70	77.5	84.5	92	99.5	106.5	114
FULL BUST	A/B CUP	75	82.5	89.5	97	104.5	111.5	119
	C/D CUP	77.5	85	92	99.5	107	114	121.5
	E/F CUP	80	87.5	94.5	102	109.5	116.5	124
	G/H CUP	82.5	90	97	104.5	112	119	126.5
SIZE		8	9	10	11	12	13	14
UPPER BUST		120.5	128	135.5	142.5	150	157.5	164.5
FULL BUST	A/B CUP	125.5	133	140.5	147.5	155	162.5	169.5
	C/D CUP	128	135.5	143	150	157.5	165	172
	E/F CUP	130.5	138	145.5	152.5	160	167.5	174.5
	G/H CUP	133	140.5	148	155	162.5	170	177

## FINISHED GARMENT MEASUREMENTS - INCHES

SIZE		1	2	3	4	5	6	7
back neck width		6 <sup>3</sup> / <sub>4</sub>	7	7	7 <sup>1</sup> / <sub>2</sub>	7 <sup>1</sup> / <sub>2</sub>	7 <sup>3</sup> / <sub>4</sub>	7 <sup>3</sup> / <sub>4</sub>
upper back width		14	14 <sup>3</sup> / <sub>4</sub>	15 <sup>1</sup> / <sub>2</sub>	16 <sup>1</sup> / <sub>4</sub>	17	18	18 <sup>3</sup> / <sub>4</sub>
back chest		18 <sup>1</sup> / <sub>4</sub>	19 <sup>3</sup> / <sub>4</sub>	20 <sup>3</sup> / <sub>4</sub>	22 <sup>1</sup> / <sub>4</sub>	23 <sup>3</sup> / <sub>4</sub>	25	26 <sup>1</sup> / <sub>2</sub>
front bust (at widest point)	A/B cup	18 <sup>1</sup> / <sub>4</sub>	19 <sup>3</sup> / <sub>4</sub>	20 <sup>3</sup> / <sub>4</sub>	22 <sup>1</sup> / <sub>4</sub>	23 <sup>3</sup> / <sub>4</sub>	25	26 <sup>1</sup> / <sub>2</sub>
	C/D cup	19	20 <sup>1</sup> / <sub>4</sub>	21 <sup>1</sup> / <sub>2</sub>	23	24 <sup>1</sup> / <sub>4</sub>	25 <sup>3</sup> / <sub>4</sub>	27 <sup>1</sup> / <sub>4</sub>
	E/F cup	19 <sup>3</sup> / <sub>4</sub>	21	22 <sup>1</sup> / <sub>4</sub>	23 <sup>3</sup> / <sub>4</sub>	25	26 <sup>1</sup> / <sub>2</sub>	28
	G/H cup	20 <sup>1</sup> / <sub>4</sub>	21 <sup>3</sup> / <sub>4</sub>	23	24 <sup>1</sup> / <sub>4</sub>	25 <sup>3</sup> / <sub>4</sub>	27 <sup>1</sup> / <sub>4</sub>	28 <sup>3</sup> / <sub>4</sub>
armhole depth (at shoulder edge) - regular		7 <sup>1</sup> / <sub>2</sub>	7 <sup>3</sup> / <sub>4</sub>	8	8 <sup>1</sup> / <sub>4</sub>	8 <sup>1</sup> / <sub>4</sub>	8 <sup>1</sup> / <sub>2</sub>	8 <sup>1</sup> / <sub>2</sub>
armhole depth (at shoulder edge) - tall		9 <sup>1</sup> / <sub>2</sub>	9 <sup>3</sup> / <sub>4</sub>	9 <sup>1</sup> / <sub>2</sub>	9 <sup>3</sup> / <sub>4</sub>	10	10	10 <sup>1</sup> / <sub>4</sub>
bicep		13 <sup>1</sup> / <sub>4</sub>	14	14 <sup>3</sup> / <sub>4</sub>	15 <sup>1</sup> / <sub>2</sub>	16 <sup>1</sup> / <sub>4</sub>	17	17 <sup>3</sup> / <sub>4</sub>
cuff (unstretched)		6	6 <sup>1</sup> / <sub>4</sub>	6 <sup>1</sup> / <sub>2</sub>	6 <sup>3</sup> / <sub>4</sub>	7	7 <sup>1</sup> / <sub>4</sub>	7 <sup>3</sup> / <sub>4</sub>
sleeve length from underarm		18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>
sleeve length from underarm tall		20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>
total length from centre back neck (inc. neckband) - regular		21 <sup>3</sup> / <sub>4</sub>	22	22 <sup>1</sup> / <sub>4</sub>	22 <sup>1</sup> / <sub>2</sub>	22 <sup>1</sup> / <sub>2</sub>	22 <sup>3</sup> / <sub>4</sub>	23
total length from centre back neck (inc. neckband) - tall		25 <sup>1</sup> / <sub>2</sub>	26	26	26 <sup>1</sup> / <sub>4</sub>	26 <sup>1</sup> / <sub>2</sub>	26 <sup>1</sup> / <sub>2</sub>	26 <sup>3</sup> / <sub>4</sub>
SIZE		8	9	10	11	12	13	14
back neck width		8 <sup>1</sup> / <sub>4</sub>	8 <sup>1</sup> / <sub>4</sub>	8 <sup>1</sup> / <sub>2</sub>	8 <sup>1</sup> / <sub>2</sub>	9	9	9 <sup>1</sup> / <sub>4</sub>
upper back width		19 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	21 <sup>1</sup> / <sub>4</sub>	22	23	23 <sup>3</sup> / <sub>4</sub>	25 <sup>1</sup> / <sub>4</sub>
back chest		28	29 <sup>1</sup> / <sub>2</sub>	31	32 <sup>1</sup> / <sub>4</sub>	33 <sup>3</sup> / <sub>4</sub>	35 <sup>1</sup> / <sub>4</sub>	36 <sup>3</sup> / <sub>4</sub>
front bust (at widest point)	A/B cup	28	29 <sup>1</sup> / <sub>2</sub>	31	32 <sup>1</sup> / <sub>4</sub>	33 <sup>3</sup> / <sub>4</sub>	35 <sup>1</sup> / <sub>4</sub>	36 <sup>3</sup> / <sub>4</sub>
	C/D cup	28 <sup>3</sup> / <sub>4</sub>	30 <sup>1</sup> / <sub>4</sub>	31 <sup>3</sup> / <sub>4</sub>	33	34 <sup>1</sup> / <sub>2</sub>	36	37 <sup>1</sup> / <sub>2</sub>
	E/F cup	29 <sup>1</sup> / <sub>2</sub>	31	32 <sup>1</sup> / <sub>4</sub>	33 <sup>3</sup> / <sub>4</sub>	35 <sup>1</sup> / <sub>4</sub>	36 <sup>3</sup> / <sub>4</sub>	38 <sup>1</sup> / <sub>4</sub>
	G/H cup	30 <sup>1</sup> / <sub>4</sub>	31 <sup>3</sup> / <sub>4</sub>	33	34 <sup>1</sup> / <sub>2</sub>	36	37 <sup>1</sup> / <sub>2</sub>	39
armhole depth (at shoulder edge) - regular		8 <sup>3</sup> / <sub>4</sub>	8 <sup>3</sup> / <sub>4</sub>	8 <sup>3</sup> / <sub>4</sub>	9	9	9	9
armhole depth (at shoulder edge) - tall		10 <sup>1</sup> / <sub>2</sub>	10 <sup>1</sup> / <sub>4</sub>	10 <sup>1</sup> / <sub>2</sub>	10 <sup>1</sup> / <sub>2</sub>	10 <sup>1</sup> / <sub>2</sub>	10 <sup>3</sup> / <sub>4</sub>	10 <sup>1</sup> / <sub>2</sub>
bicep		18 <sup>1</sup> / <sub>4</sub>	19	19 <sup>3</sup> / <sub>4</sub>	20 <sup>1</sup> / <sub>2</sub>	21 <sup>1</sup> / <sub>4</sub>	22	22 <sup>3</sup> / <sub>4</sub>
cuff (unstretched)		7 <sup>3</sup> / <sub>4</sub>	8	8 <sup>1</sup> / <sub>4</sub>	8 <sup>1</sup> / <sub>2</sub>	8 <sup>3</sup> / <sub>4</sub>	9	9 <sup>1</sup> / <sub>4</sub>
sleeve length from underarm		18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>	18 <sup>1</sup> / <sub>2</sub>
sleeve length from underarm tall		20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>	20 <sup>1</sup> / <sub>2</sub>
total length from centre back neck (inc. neckband) - regular		23 <sup>1</sup> / <sub>4</sub>	23 <sup>1</sup> / <sub>4</sub>	23 <sup>1</sup> / <sub>2</sub>	24	24	24 <sup>1</sup> / <sub>4</sub>	24 <sup>1</sup> / <sub>4</sub>
total length from centre back neck (inc. neckband) - tall		27	27	27 <sup>1</sup> / <sub>4</sub>	27 <sup>1</sup> / <sub>4</sub>	27 <sup>1</sup> / <sub>2</sub>	27 <sup>3</sup> / <sub>4</sub>	27 <sup>3</sup> / <sub>4</sub>

## FINISHED GARMENT MEASUREMENTS - CM

SIZE		1	2	3	4	5	6	7
back neck width		17	17.5	17.5	19	19	19.5	19.5
upper back width		35	37	39	40.5	42.5	45	47
back chest		45.5	49.5	52	55.5	59.5	62.5	66.5
front bust (at widest point)	A/B cup	45.5	49.5	52	55.5	59.5	62.5	66.5
	C/D cup	47.5	50.5	54	57.5	60.5	64.5	68
	E/F cup	49.5	52.5	55.5	59.5	62.5	66.5	70
	G/H cup	50.5	54.5	57.5	60.5	64.5	68	72
armhole depth (at shoulder edge) - regular		19	19.5	20	20.5	20.5	21.5	21.5
armhole depth (at shoulder edge) - tall		24	24.5	24	24.5	25	25	25.5
bicep		33	35	37	39	40.5	42.5	44.5
cuff (unstretched)		15	15.5	16.5	17	17.5	18	19.5
sleeve length from underarm		46.5	46.5	46.5	46.5	46.5	46.5	46.5
sleeve length from underarm tall		51.5	51.5	51.5	51.5	51.5	51.5	51.5
total length from centre back neck (inc. neckband) - regular		54.5	55	55.5	56.5	56.5	57	57.5
total length from centre back neck (inc. neckband) - tall		64	65	65	65.5	66.5	66.5	67
SIZE		8	9	10	11	12	13	14
back neck width		20.5	20.5	21.5	21.5	22.5	22.5	23
upper back width		49	51.5	53	55	57.5	59.5	63
back chest		70	74	77.5	80.5	84.5	88	92
front bust (at widest point)	A/B cup	70	74	77.5	80.5	84.5	88	92
	C/D cup	72	75.5	79.5	82.5	86.5	90	94
	E/F cup	74	77.5	80.5	84.5	88	92	95.5
	G/H cup	75.5	79.5	82.5	86.5	90	94	97.5
armhole depth (at shoulder edge) - regular		22	22	22	22.5	22.5	22.5	22.5
armhole depth (at shoulder edge) - tall		26.5	25.5	26.5	26.5	26.5	27	26.5
bicep		45.5	47.5	49.5	51.5	53	55	57
cuff (unstretched)		19.5	20	20.5	21.5	22	22.5	23
sleeve length from underarm		46.5	46.5	46.5	46.5	46.5	46.5	46.5
sleeve length from underarm tall		51.5	51.5	51.5	51.5	51.5	51.5	51.5
total length from centre back neck (inc. neckband) - regular		58	58	59	60	60	60.5	60.5
total length from centre back neck (inc. neckband) - tall		67.5	67.5	68	68	69	69.5	69.5

# YARN

Double knitting (DK) / light worsted weight yarn, wool blends are ideal.

## SHOWN IN

Sandnes Garn Duo (55% Merino, 45% cotton, 125 yds / 115m, 50g) in 8072 or 9551.

YARDS							
SIZE	1	2	3	4	5	6	7
A-B	1115	1210	1275	1340	1420	1505	1580
A-B TALL	1365	1465	1510	1585	1685	1760	1850
C-D	1150	1245	1305	1380	1460	1545	1625
C-D TALL	1400	1495	1545	1625	1725	1800	1890
E-F	1155	1250	1315	1385	1465	1555	1635
E-F TALL	1405	1505	1555	1630	1730	1810	1900
G-H	1165	1260	1325	1400	1480	1560	1645
G-H TALL	1415	1515	1565	1640	1745	1820	1910
SIZE	8	9	10	11	12	13	14
A-B	1650	1725	1800	1885	1985	2050	2105
A-B TALL	1925	2000	2085	2155	2265	2345	2415
C-D	1695	1775	1850	1935	2040	2105	2160
C-D TALL	1970	2050	2135	2205	2320	2400	2475
E-F	1705	1780	1860	1945	2045	2115	2170
E-F TALL	1975	2055	2145	2215	2325	2410	2485
G-H	1720	1795	1875	1955	2060	2130	2185
G-H TALL	1990	2070	2160	2225	2340	2425	2500



# YARN

Double knitting (DK) / light worsted weight yarn, wool blends are ideal.

## SHOWN IN

Sandnes Garn Duo (55% Merino, 45% cotton, 125 yds / 115m, 50g) in 8072 or 9551.

METRES							
SIZE	1	2	3	4	5	6	7
A-B	1020	1105	1165	1225	1300	1375	1445
A-B TALL	1250	1340	1380	1450	1540	1610	1690
C-D	1050	1135	1195	1260	1335	1410	1485
C-D TALL	1280	1365	1415	1485	1575	1645	1730
E-F	1055	1145	1205	1265	1340	1420	1495
E-F TALL	1285	1375	1420	1490	1580	1655	1740
G-H	1065	1155	1210	1280	1355	1430	1505
G-H TALL	1290	1385	1430	1500	1595	1665	1745
SIZE	8	9	10	11	12	13	14
A-B	1510	1575	1645	1725	1815	1875	1925
A-B TALL	1760	1830	1905	1970	2070	2145	2210
C-D	1550	1620	1690	1770	1865	1925	1975
C-D TALL	1800	1875	1950	2015	2120	2195	2260
E-F	1560	1630	1700	1780	1870	1935	1985
E-F TALL	1805	1880	1960	2025	2125	2200	2270
G-H	1570	1640	1715	1790	1885	1945	2000
G-H TALL	1820	1890	1975	2035	2140	2215	2285